



7th Edition July 2023

AAversaries!

4 years Farmer Ed Tiffin Monday Night Group

CONGRATULATIONS!

IMPORTANT INFORMATION If you want your sobriety birthday featured in our future newsletter, there are simple rules: Years only, 1st name, last initial, home group. To iadistrict13newsletter@gmail.com by 15th of the month. If you want to receive this newsletter, send an email to iadistrict13newsletter@gmail.com.

We are not a glum lot.

How many Alcoholics does it take to change a light bulb?

None. The light bulb must want to change.



What makes recovering addicts good bankers?

They have a lot of experience with withdrawals.



What do law students and recovering alcoholics have in common?

They both have to pass the bar.

Cheesy. I know.

AREA 24 AA

DISTRICT 13

iadistrict13.org

2023-2024 District Officers and Chairs

Jim S. DCM

iadistrict13dcm@gmail.com

Wayde L. Alt DCM

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Cyndi H. Archives Chair

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Scott M. Corrections Chair

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Cyndi H. Grapevine Chair

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Sally D. Literature Chair

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Cindy G. Newsletter Chair

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Teresa R. Public Information Chair

iadistrict13pi@gmail.com

Aaron K. Treatment Chair

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The Twelve Rewards of Alcoholics Anonymous

1. Hope instead of desperation
2. Faith instead of despair
3. Courage instead of fear
4. Peace of mind instead of confusion
5. Self-respect instead of self-contempt
6. Self-confidence instead of helplessness
7. The respect of others instead of their pity and contempt
8. A clean conscience instead of a sense of guilt
9. Real friendships instead of loneliness
10. A clean pattern of living instead of a hopeless existence
11. The love and understanding of our families instead of their doubts and fears
12. The freedom of a happy life instead of the bondage of an alcoholic obsession

Provided by a member of Alcoholics Anonymous

UPCOMING EVENTS

Notice: The **District 13 Meeting** will be held **Sunday, July 23rd, 2023**, at 2:30 PM at Our Redeemer Lutheran Church, corner of Court St. and 1st Ave. Iowa City. We meet on the 4th Sunday of the month alternating between Our Redeemer Lutheran Church and 704 S. Houser, Muscatine.

The Iowa City Intergroup meets online on the first Saturday of the month at 10 am. Go to aaiowacity.org for Zoom information.

August Area 24 Business Meeting August 13, 2023, starting at 9 am. It will be held at MACC 709 S Center St., Marshalltown, Iowa 50158

RECOVERY GROUP



OCTOBER 14, 2023

FELLOWSHIP | MIKE B. - COUNCIL BLUFFS, IA | FEAST

33RD ANNIVERSARY

513 SYCAMORE ST. | MUSCATINE, IOWA | 6:00 PM

AAMUSCATINE.COM

The Three Legacies



Area 24 – 2023 Fall Conference

October 13 – 15, 2023

Hosted by District 11 at

Best Western Plus Dubuque Hotel & Conference Center

3100 Dodge Street, Highway 20 W, Dubuque, IA

Pre-registration \$18 – due Sept. 13, 2023 – \$20 at the door

Registration includes all speakers, meetings and workshops

Hotel rooms at Best Western Plus Hotel & Conference Center: \$169 + tax per night, includes hot breakfast on Saturday and Sunday morning.

Call 563-557-8000, **press 2** for registration of Group Block rate. Ask for Area 24 Fall Conference rates.

Hotel reservation **must be made by Sept. 13, 2023, to receive this special rate.**

Additional hotels on back of flyer.

Questions?

Email – area24fall23@gmail.com or

call Erin L. 563-543-0946 or

call Brad H. 563-260-7129

Spanish speaking interpreters and ASL interpreters are available by request. Requests due Sept. 13.

Alateen must present Iowa Consent and Release form at the registration table for admission to the conference. Find the consent form at:

ia.al-anon.alateen.org.



Register one of these three ways:

1. Scan the QR code
2. Online – <https://area24fallconference2023pre-register.cheddarup.com>
3. Mail – Fill out and mail the form below to P.O. Box 3043, Dubuque, IA 52004.

Area 24 Fall 2023 Conference Pre-registration Due by Sept. 13, 2023

Name _____

Badge Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Check one: AA Al-Anon Alateen

Need Interpreter: ASL Spanish

Interpreter requests due by Sept. 13, 2023

	ADULTS	ALATEEN
Pre-registration*	\$18.00	\$5.00
Sat. Lunch	\$19.00	\$19.00
Dinner Banquet	\$29.00	\$29.00
TOTAL		

*\$20.00 at the door.

Please make checks payable to
Area 24 Fall 2023 Conference

Mail to: PO Box 3043
Dubuque, IA 52004