



6th Edition June 2023

### **AAversaries!**

**27 years** Cindy G. North Liberty Tuesday Night Lucky Ones

**40 years** Jerry I. Tiffin Monday Night Group  
CONGRATULATIONS!

**IMPORTANT INFORMATION** If you want your sobriety birthday featured on our future newsletter, there are simple rules: Years only, 1<sup>st</sup> name, last initial, home group. To [iadistrict13newsletter@gmail.com](mailto:iadistrict13newsletter@gmail.com) by 15<sup>th</sup> of the month. If you want to receive this newsletter, send an email to [iadistrict13newsletter@gmail.com](mailto:iadistrict13newsletter@gmail.com).

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### **We are not a glum lot.**

I was addicted to soap once.  
Now I'm clean.

**Q:** Why did the accountant do so well in AA?

**A:** He was already a friend of bills.

**AREA 24 AA**

**DISTRICT 13**

**[iadistrict13.org](http://iadistrict13.org)**

## 2023-2024 District Officers and Chairs

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## What Are the Twelve Promises of Alcoholics Anonymous?

In chapter 6 of the Big Book of Alcoholics Anonymous, alcoholics who stay sober and work the Twelve Steps will experience these Promises:

**Promise 1:** We are going to know a new freedom and a new happiness.

**Promise 2:** We will not regret the past nor wish to shut the door on it.

**Promise 3:** We will comprehend the word serenity.

**Promise 4:** We will know peace.

**Promise 5:** No matter how far down the scale we have gone, we will see how our experience can benefit others.

**Promise 6:** The feeling of uselessness and self-pity will disappear.

**Promise 7:** We will lose interest in selfish things and gain interest in our fellows.

**Promise 8:** Self-seeking will slip away.

**Promise 9:** Our whole attitude and outlook upon life will change.

**Promise 10:** Fear of people and economic insecurity will leave us.

**Promise 11:** We will intuitively know how to handle situations which used to baffle us.

**Promise 12:** We will suddenly realize that God is doing for us what we could not do for ourselves.

The Big Book's Promises describe the change in attitude that will transpire within the alcoholic, "sometimes quickly, and sometimes slowly." They may take time, but they "will always materialize if we work for them."

Don't leave before the miracle happens.

**TIFFIN** On June 5<sup>th</sup>, 2023, at 7 PM, the Tiffin Group celebrated 17 years of AA meetings. With 65 people in attendance, cake and ice cream were served. A sobriety countdown resulted in an attendee with 53 years of continuous sobriety, presenting a Big Book to an attendee with 4 days. Faraji H. of Iowa City shared his story of recovery.

The 1<sup>st</sup> Tiffin Group met on June 5<sup>th</sup>, 2006, with 6 people in attendance at Grace United Methodist Church, 300 W Marengo Rd, Tiffin. They met in a tiny room, within weeks they moved to a larger classroom, and after the meetings resumed following the pandemic, they began meeting in the large open foyer area. There are often 20-25 people in attendance.

**Primary Purpose 2023 Picnic** Held on Saturday, June 17<sup>th</sup> at Weed Park in Muscatine was a successful, well attended event.

**Area 24 2023 Spring Conference** The spring conference was well attended at the time of the business meeting starting on Saturday. There were 87 voting members in attendance. Cyndi H, Teresa R, and myself, were there in attendance representing District 13. A couple of notable items that were brought up and discussed are that even with contributions being up that the Area is operating at their prudent reserve, and they will also be adding a Venmo tab to the Area 24 Website as another way to send in your 7th Traditions to them. Our Delegate Julie S will be holding virtual Mini Workshops. Please go to the Area 24 Drop box for the full minutes from the Spring conference and our Delegate's report.

In Love and Service,  
Jim

**Founder's Day June 10<sup>th</sup>, 2023** Five members of District 13 drove to Akron, OH the second week of June to take part in the 88<sup>th</sup> Anniversary of Alcoholics Anonymous. Nearly 10,000 people took part in meetings, tours, a play, and a sobriety countdown. Attendees saw Akron's Intergroup Office and Museum, the gatehouse where Bill W. and Dr. Bob met, St. Thomas Hospital, Dr. Bob and Ann's Home and Dr. Bob and Ann's grave.

### UPCOMING EVENTS

The **District 13 Meeting** will be held Sunday, June 25th, 2023, at 2:30 PM at 704 S. Houser, Muscatine. We meet on the 4th Sunday of the month alternating between Our Redeemer Lutheran Church, 1<sup>st</sup> Ave and Court St., Iowa City, and 704 S. Houser, Muscatine. All are welcome.

**The Iowa City Intergroup** meets online on the first Saturday of the month at 10 am. Go to [aa-iowacity.org](http://aa-iowacity.org) for Zoom information.

**2023 Area 24 Fall Conference:** October 13-15, 2023. Best Western Plus Dubuque Hotel & Conference Center 3100 Dodge Street, Dubuque, Iowa. Go to [www.aa-iowa.org](http://www.aa-iowa.org) for flyer.

**Recovery Group 33rd Anniversary** 513 Sycamore, Muscatine. Saturday, October 14, 2023. The speaker will be Mike B. of Council Bluffs. Feast and fellowship. See Attached flyer.



RECOVERY GROUP



OCTOBER 14, 2023

FELLOWSHIP | MIKE B. - COUNCIL BLUFFS, IA | FEAST

33RD ANNIVERSARY

513 SYCAMORE ST. | MUSCATINE, IOWA | 6:00 PM

AAMUSCATINE.COM



# The Three Legacies



# Area 24 – 2023 Fall Conference

October 13 – 15, 2023

Hosted by District 11 at

## Best Western Plus Dubuque Hotel & Conference Center

3100 Dodge Street, Highway 20 W, Dubuque, IA

Pre-registration \$18 – due Sept. 13, 2023 – \$20 at the door

*Registration includes all speakers, meetings and workshops*

Hotel rooms at Best Western Plus Hotel & Conference Center: \$169 + tax per night, includes hot breakfast on Saturday and Sunday morning.

Call 563-557-8000, **press 2** for registration of Group Block rate. Ask for Area 24 Fall Conference rates.

Hotel reservation **must be made by Sept. 13, 2023, to receive this special rate.**

Additional hotels on back of flyer.

### Questions?

Email – [area24fall23@gmail.com](mailto:area24fall23@gmail.com) or

call Erin L. 563-543-0946 or

call Brad H. 563-260-7129

Spanish speaking interpreters and ASL interpreters are available by request. Requests due Sept. 13.

Alateen must present Iowa Consent and Release form at the registration table for admission to the conference. Find the consent form at:

[ia.al-anon.alateen.org](http://ia.al-anon.alateen.org).



### Register one of these three ways:

1. Scan the QR code
2. Online – <https://area24fallconference2023pre-register.cheddarup.com>
3. Mail – Fill out and mail the form below to P.O. Box 3043, Dubuque, IA 52004.

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### Area 24 Fall 2023 Conference Pre-registration Due by Sept. 13, 2023

Name \_\_\_\_\_

Badge Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Check one:  AA  Al-Anon  Alateen

Need Interpreter:  ASL  Spanish

Interpreter requests due by Sept. 13, 2023

	ADULTS	ALATEEN
Pre-registration*	\$18.00	\$5.00
Sat. Lunch	\$19.00	\$19.00
Dinner Banquet	\$29.00	\$29.00
<b>TOTAL</b>		

\*\$20.00 at the door.

**Please make checks payable to**  
Area 24 Fall 2023 Conference

**Mail to:** PO Box 3043  
Dubuque, IA 52004