

5th Edition May 2023

AAversaries!

4 years John H. Primary Purpose Muscatine

17 years Mike K. North Liberty Tuesday Night The Lucky Ones

29 years Tracy T. Primary Purpose Muscatine

CONGRATULATIONS!

IMPORTANT INFORMATION If you want your sobriety birthday featured on our future newsletter, there are simple rules: Years only, 1st name, last initial, home group. To

iadistrict13newsletter@gmail.com by 15th of the month. If you want to receive this newsletter, send an email to iadistrict13newsletter@gmail.com.

We are not a glum lot.

A guy wants a divorce. He tells the judge "I can't take it anymore she's out going from bar to bar every night way past midnight". The judge responds "what's she doing"? The guy says "looking for me".

What do rehab and the days after Christmas have in common?

Cold turkey.

AREA 24 AA

DISTRICT 13

iadistrict13.org

2023-2024 District Officers and Chairs

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iadistrict13dcm@gmail.com

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Aaron K. Treatment Chair

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Why Do We Need an AA Service Conference?

The late Bernard B. Smith, nonalcoholic, then chairperson of the board of trustees, and one of the architects of the Conference structure, answered that question superbly in his opening talk at the 1954 meeting: "We may not need a General Service Conference to ensure our own recovery. We do need it to ensure the recovery of the alcoholic who still stumbles in the darkness one short block from this room. We need it to ensure the recovery of a child being born tonight, destined for alcoholism. We need it to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in A.A. that rebirth that brought us back to life. "We need it because we, more than all others, are conscious of the devastating effect of the human urge for power and prestige which we must ensure can never invade A.A. We need it to ensure A.A. against government, while insulating it against anarchy; we need it to protect A.A. against disintegration while preventing over integration. We need it so that Alcoholics Anonymous, and Alcoholics Anonymous alone, is the ultimate repository of its Twelve Steps, its Twelve Traditions, and all of its services. "We need it to ensure that changes within A.A. come only as a response to the needs and the wants of all A.A., and not of any few. We need it to ensure that the doors of the halls of A.A. never have locks on them, so that all people for all time who have an alcoholic problem may enter these halls unasked and feel welcome. We need it to ensure that Alcoholics Anonymous never asks of anyone who needs us what his or her race is, what his or her creed is, what his or her social position is."

Copied from Page 49 of the AA Service Manual

UPCOMING EVENTS

Notice: The **District 13 Meeting** will be held **Sunday, May 21, 2023**, at 2:30 PM at Our Redeemer Lutheran Church, corner of Court St. and 1st Ave. Iowa City. We normally meet on the 4th Sunday of the month alternating between Our Redeemer Lutheran Church and 704 S. Houser, Muscatine. But due to the Memorial Day Holiday, we will meet early. All are welcome.

The Iowa City Intergroup meets online on the first Saturday of the month at 10 am. Go to aaiowacity.org for Zoom information.

The **Tiffin Group** will be hosting a Speaker Meeting with snacks on Monday, June 5th, to celebrate their 17th Anniversary. Doors open at 6:30 PM.

17 Years of AA in Tiffin!

Come Celebrate With Us, Monday, June 5th, 2023!

Doors Open @ 6:30 PM Meeting Start Time 7 PM

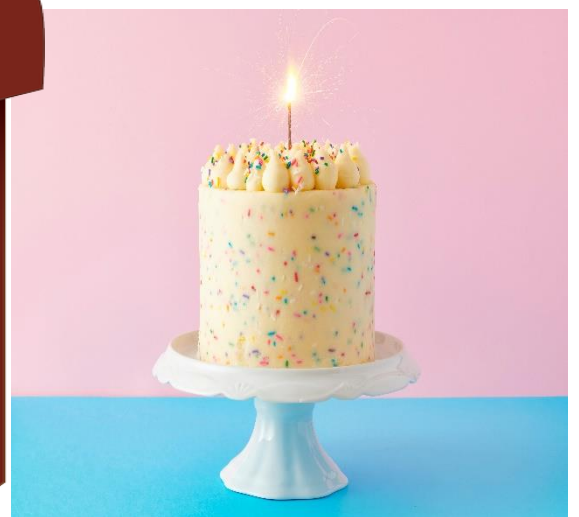
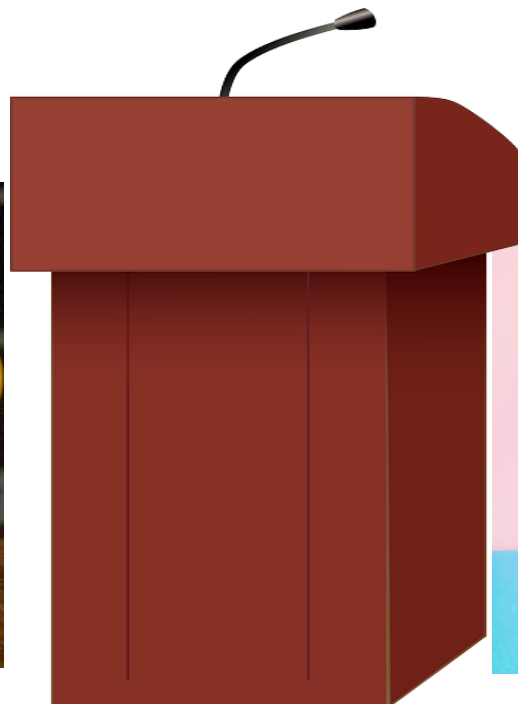
Grace United Methodist Church

300 West Marengo Rd, Tiffin, IA

Featured Speaker FARAJI H. Iowa City

Cake, Ice Cream, Snacks to follow meeting.

Bring a snack to share.





Founders' Day Herald

88th Anniversary of Alcoholics Anonymous

June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Aaron K.

A.A. Early Bird Meeting* • 3:00 p.m.

Penny D. – Bay Village, OH
"From Cracker Factory Housewife To
Champion Of Sobriety And Women"
Chaired by: Karen K.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

Rule 62

A.A. Speaker Meeting* • 7:00 p.m.

Peter M. – Boca Raton, FL
"Chop Wood, Carry Water"
Chaired by: Jerry C.

A.A. Speaker Meeting* • 9:00 p.m.

Linda G. – Queens, NY
"Happy, Joyous And Free"
Chaired by: Juanita W.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: The Painesville Group

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. – 4:00 p.m.
2 buses continuously – Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Billy N. – Palm Beach Gardens, FL
"How It Works"
Chaired by: Mary K.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "Every Day Is A Day We Must
Carry The Vision Of God's Will Into All
Our Affairs"
Dee T. – Akron, OH
Ken McA. – Ontario, CA
Bobby M. – Richmond Heights, OH
Chaired by: Mary K.

La Viña Workshop • 11:00 a.m. - 1:00 p.m.

El Coordinador: Raymundo L. and
Alegria de Vivir Group

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Shanna & Scott D. – Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Marie E.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Rule 62"

A.A. Speaker Meeting* • 2:00 p.m.

Vivian Q. – Okatie, SC
"Emotionally Driven Or Spiritually Guided -
What Is Our Choice To Be?"
Chaired by: Aaron K.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. – Akron, OH
Chaired by: Karen K.

A.A. Speaker Meeting* • 8:00 p.m.

Theresa F. – North Hills, CA
"All Of A Sudden I Became Present To My
Life, And I Didn't Like It!"
UA Infocision Stadium**
Chaired by: Woody W.

**Stadium Weather Contingency Plan
for Saturday Night - See Web Site

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. – Akron, OH
Chaired by: Jerry C.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "We Admitted That We Were
Powerless Over Alcohol, That Our Lives
Had Become Unmanageable"
Andrew M. – Akron, OH
Sonya M. – Akron, OH
Vivienne Y. – Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting* 10:30 a.m.

Bill C. – Torrence, CA
"It's Been Miserable Long Enough...It's
Time To Have A Good Time!"
Chaired by: Michael B.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Double Winners/Doubly Blessed"
Lynda M. – Copley, OH
Ian R. – Canton, OH
Mary Anne C. – Uniontown, OH
Olin Hall
Chaired by: Leslie S.

AL-ANON

SATURDAY ACTIVITIES

Alateen Panel • 10:30 a.m.

"Alateens Share Their Experience, Strength and Hope"
Olin Hall
Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Shanna & Scott D. – Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Marie E.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by
6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room

Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.
CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER

NO BASIC REGISTRATION REFUND.
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.
Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

<https://foundersdhttps://foundersday.org>

Area 24 – 2023 Spring Conference
“... precisely how we have recovered ...”

June 9- 11, 2023

Hosted by District 8 at

Grinnell College

Joe Rosenfeld Center, 1115 – 8th Avenue, Grinnell, IA 50112

Speakers

Saturday Luncheon – Al-Anon – Don B. Neenah, WI. (WSO Trustee)

Alateen Speaker - TBA

Saturday Night – AA – Mike L. (West Central Regional Trustee). Council Bluffs, IA

Sunday Morning Spiritual Speaker – Jason L., Cedar Rapids, IA

Sunday Morning Al-Anon Speaker – Cheryl T. Cedar Rapids, Ia

\$25 Pre-Registration (Due by May 31, 2023) or \$28 Registration at the door

Registration includes all speakers, meetings, workshops & entertainment.

Dorms – price per night with shared bath

Single \$28, per person/ per night, Double \$25 per person/per night

Meal Plan – Served on Campus Cafeteria

Breakfast – Sat. \$8.25 Sun. \$8.25 Lunch – Sat. \$10.50 Dinner – Sat. \$12.50

Register online: area-24-2023-spring-conference.cheddarup.com



Make checks payable to: Area 24 Spring Conference, PO Box 1331, Cedar Rapids, IA 52406

Name _____ Address _____

Phone _____ Name on Badge _____

Email _____

AA \$25 _____

Al-Anon \$25 _____ Alateen \$5 _____

Dorms: Bring your own linens, Twin size. You will also need pillows and towels.

Single -\$ 28 Fri _____ \$ 28 Sat _____

Double \$ 25 Fri _____ \$ 25 Sat _____ Roommate _____

MEAL PLANS All 4 Meals \$39.50 _____

à la carte

Breakfast Sat \$ 8.25 _____ Sun \$ 8.25 _____

Lunch Sat \$10.50 _____

Dinner Sat \$ 12.50 _____

Vegan, Vegetarian and Gluten Free meals available. Meals are cafeteria-style.

Total Amount Enclosed _____

Request ASL _____ Spanish speaking Interpreter _____

Alateen must present Iowa Consent & Release Form at the Registration Table for Admission to the Conference