

9th Edition September 2023

AAversaries!

5 years Tony O. North Liberty Tuesday Night Group

5 years Deb E. Women's Big Book Study Iowa City

7 years Jim S. LGBTQ Group Iowa City

9 years Tracy F. Primary Purpose Muscatine

41 years Ricarda P. Happy Hour Group Coralville

CONGRATULATIONS To You All!

IMPORTANT INFORMATION If you want your sobriety birthday featured on our future newsletter, there are simple rules: Years only, 1st name, last initial, home group. To iadistrict13newsletter@gmail.com by 15th of the month. If you want to receive this newsletter, send an email to iadistrict13newsletter@gmail.com.

WE ARE NOT A GLUM LOT.

My spouse told me to stop drinking, that's when I joined AA.

However, I joined the Automobile Association by mistake. At least either way I am on the road to recovery.

What are the only places where quitters win?

Rehab.

AREA 24 AA

DISTRICT 13

iadistrict13.org

2023-2024 District Officers and Chairs

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Teresa R. Treatment Chair

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Circle, Triangle, and Alcoholics Anonymous

The triangle inside a circle is a common sight among recovering alcoholics, but what does it symbolize? The circle is representing the Sobriety Circle and Triangle Symbol is used to represent the Alcoholics Anonymous group. The equilateral triangle also represents **unity**, **recovery** and **service** in response to the physical, mental and spiritual parts of the disease of alcoholism. The surrounding circle represents wholeness or oneness and symbolizes serenity and perfection.

The symbol traces its roots to several native cultures, with priests and medicine men regarding the circle enclosing the triangle as a means of warding off evil spirits. AA co-founder Bill Wilson chose the symbol to represent the power of the mind and body in warding off the evil spirits that leads us to addiction.

<https://www.reference.com/world-view/triangle-inside-circle-mean>

Gaunt Prospectors/District 13 Fall Picnic. On Saturday, September 9th, Fuller Park in Muscatine saw a gathering of some 20 people who came together for pulled pork sandwiches, a large selection of chips, salads, and apple crisp. The salads included a mystical red cabbage salad. Iowa's Area Delegate, Julie S., came by invitation to share her experiences at the 73rd Panel the General Service Conference that took place in April, in Brooklyn, New York. Questions were asked and answered. Julie shared at length about the progress of the simple language translation of our book. (No actual release date or name for the book has been confirmed.)

UPCOMING EVENTS

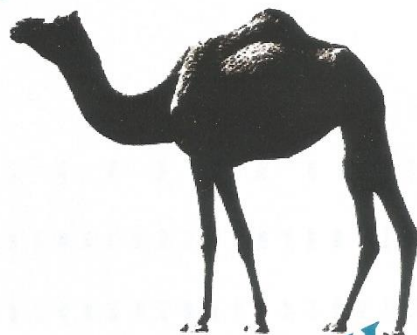
Notice: The **District 13 Meeting** will be held **Sunday, September 24th, 2023**, at 2:30 PM at Our Redeemer Lutheran Church, Iowa City, Iowa. At the intersection of Court St, and 1st Ave. We meet on the 4th Sunday of the month alternating between Our Redeemer Lutheran Church, Iowa City and 704 S. Houser, Muscatine. All are welcome.

The Iowa City Intergroup meets online on the first Saturday of the month at 10 am. Go to aaiaowacity.org for Zoom information.

Area 24 2023 Fall Conference October 13 -15, 2023 Hosted by District 11. See Flyer.

Muscatine Recovery Group 33rd Anniversary October 14th, 2023, See Flyer

RECOVERY GROUP



OCTOBER 14, 2023

FELLOWSHIP | MIKE B. - COUNCIL BLUFFS, IA | FEAST

33RD ANNIVERSARY

513 SYCAMORE ST. | MUSCATINE, IOWA | 6:00 PM

AAMUSCATINE.COM

The Three Legacies



Area 24 – 2023 Fall Conference

October 13 – 15, 2023

Hosted by District 11 at

Best Western Plus Dubuque Hotel & Conference Center

3100 Dodge Street, Highway 20 W, Dubuque, IA

Pre-registration \$18 – due Sept. 13, 2023 – \$20 at the door

Registration includes all speakers, meetings and workshops

Hotel rooms at Best Western Plus Hotel & Conference Center: \$169 + tax per night, includes hot breakfast on Saturday and Sunday morning.

Call 563-557-8000, **press 2** for registration of Group Block rate. Ask for Area 24 Fall Conference rates.

Hotel reservation **must be made by Sept. 13, 2023, to receive this special rate.**

Additional hotels on back of flyer.

Questions?

Email – area24fall23@gmail.com or
call Erin L. 563-543-0946 or
call Brad H. 563-260-7129

Spanish speaking interpreters and ASL interpreters are available by request. Requests due Sept. 13.

Alateen must present Iowa Consent and Release form at the registration table for admission to the conference. Find the consent form at:
ia.al-anon.alateen.org.



Register one of these three ways:

1. Scan the QR code
2. Online – <https://area24fallconference2023pre-register.cheddarup.com>
3. Mail – Fill out and mail the form below to **P.O. Box 3043, Dubuque, IA 52004.**

Area 24 Fall 2023 Conference Pre-registration Due by Sept. 13, 2023

Name _____

Badge Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Check one: AA Al-Anon Alateen

Need Interpreter: ASL Spanish

Interpreter requests due by Sept. 13, 2023

	ADULTS	ALATEEN
Pre-registration*	\$18.00	\$5.00
Sat. Lunch	\$19.00	\$19.00
Dinner Banquet	\$29.00	\$29.00
TOTAL		

*\$20.00 at the door.

Please make checks payable to
Area 24 Fall 2023 Conference

Mail to: PO Box 3043
Dubuque, IA 52004