



15th Edition February 2024

AAversaries!

4 Years Carrie E. North Liberty Tuesday Night Group

5 Years Jake North Liberty Tuesday Night Group

20 Years Bret S. Midwest Group Iowa City

CONGRATULATIONS To All Those With January Sobriety Anniversary Dates!

IMPORTANT INFORMATION If you want your sobriety birthday featured in our future newsletter, there are simple rules: Years only, 1st name, last initial, home group. To iadistrict13newsletter@gmail.com by 15th of the month. If you want to receive this newsletter, send an email to iadistrict13newsletter@gmail.com.

WE ARE NOT A GLUM LOT.

A NUDIST COLONY wanted to start an AA group, but general service denied the request on the grounds that everyone would be comparing instead of identifying.

I used to be addicted to the Hokey Pokey...

But I turned myself around.

Heard at a meeting:

"I'm trying to take it one day at a time, but sometimes three or four gang up on me at once."

AREA 24 AA

DISTRICT 13

iadistrict13.org

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"When you are at the end of your rope, tie a knot in it and hang on." Thomas Jefferson

Tradition Two "Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward." *Long Form. An Editorial by Bill W.*

WHERE does AA get its direction? Who runs it? This too is a puzzle for every friend and newcomer. When told that our society has no president having authority to run it, no treasurer who can compel the payment of any dues, no board of directors who can cast an erring member into outer darkness, when indeed no AA can give another a directive and enforce obedience, our friends gasp and exclaim, "This simply can't be. There must be an angle somewhere." These practical folk then read Tradition Two and learn that the sole authority in AA is a loving God as he may express himself to the AA group conscience. They dubiously ask an experienced AA member if this really works. The member, sane to all appearances, immediately answers, "Yes! It definitely does." The friends mutter that this looks vague, nebulous, pretty naive to them. Then they commence to watch us with speculative eyes, pick up a fragment of AA history, and soon have the solid facts and are convinced.

And what are the facts of AA life that brought us to this seemingly impractical principle?

John Doe, a good AA, moves--let us say--to Middletown, U.S.A. Alone now, he reflects that he may not be able to stay sober, or even alive, unless he passes on to other alcoholics what was so freely given him. He feels a spiritual and ethical compulsion because hundreds like him may be suffering within walking distance. Then, too, he misses his home group. He needs other alcoholics as much as they need him. He visits preachers, doctors, editors, policemen and bartenders. . .with the result that Middletown now has a group, and he is the founder.

Being the founder he is, at first, the boss. Who else could be? Very soon, though, his assumed authority to run everything begins to be shared with the first alcoholics he has helped. At this moment, the benign dictator becomes the chairman of a committee composed of his friends. These are the growing group's hierarchy of service--self-appointed, of course, because there is no other way. In a matter of months, AA booms in Middletown.

The founder and his friends channel spirituality to newcomers, hire halls, make hospital arrangements, and entreat their good wives to brew gallons of coffee. Being on the human side, the founder and his friends may bask a little in glory. They say to each other, "Perhaps it would be a good idea if we continue to keep a firm hand on AA in this town. After all, we are experienced. Besides, look at all the good we've done these drunks. They should be grateful!" True, founders and their friends are sometimes wiser and more humble. But more often at this stage they are not.

Growing pains now beset the group. Panhandlers panhandle. Little Red Riding Hoods and Big Bad Wolves cavort. Problems descend like an avalanche. Still more important, murmurs are heard in the body politic, which swell into a loud cry, "Do these old-timers think they can run this group forever? Let's have an election!" The founder and his friends are hurt and depressed. They rush from crisis to crisis and from member to member, pleading. But it's no use; the revolution is on. The group conscience is about to take over.

Now comes the election. If the founder and his friends have served well, they may--to their surprise--be reinstated for a time. If, however, they have heavily resisted the rising tide of democracy, they may be summarily beached. In either case, the group now has a so-called rotating committee, very sharply limited in its authority. In no sense whatever can its members govern or direct the group. They are servants. Theirs is the sometimes thankless privilege of doing the group's chores. Headed by the chairman, they look after public relations and arrange meetings; their treasurer, strictly accountable, takes money from the hat that is passed, banks it, pays the rent and other bills, and makes a regular report at business meetings. The secretary sees that literature is on the table, looks after the phone-answering service, answers the mail, and sends out notices of meetings. Such are the simple services that enable the group to function. The committee gives no spiritual advice, judges no one's conduct, issues no orders. Every one of them may be promptly eliminated at the very next election if they try this. And so they make the belated discovery that they are really servants, not senators. Except in new groups, these are universal experiences. Thus throughout AA does the group conscience decree the terms upon which its leaders shall serve.

This brings us straight to the question, "Does AA have any real leadership?" Most emphatically the answer is "Yes, notwithstanding the apparent lack of it." Let's turn again to the deposed founder and his friends. What becomes of them? As their grief and anxiety wear away, a subtle change begins. Ultimately they divide into two classes known in AA slang as "elder statesmen" and "bleeding deacons." The elder statesman is the one who sees the wisdom of the

group's decision, who holds no resentment over his reduced status, whose judgment, fortified by considerable experience, is sound, and who is willing to sit quietly on the sidelines patiently waiting developments. The bleeding deacon is one just as surely convinced that the group cannot get along without him, who constantly connives for reelection to office, and who continues to be consumed with self-pity. Some hemorrhage so badly that--drained of all AA spirit and principle--they get drunk. At times the AA landscape seems to be littered with bleeding forms. Nearly every old-timer in our society has gone through this process in some degree. Happily, most of them survive and live to become elder statesmen. They become the real and permanent leadership of AA. Theirs is the quiet opinion, the sure knowledge and humble example that resolves a crisis. When sorely perplexed, the group inevitably turns to them for advice. They become the voice of the group conscience; in fact, these are the sure voice of Alcoholics Anonymous. They do not drive by mandate, they lead by example. Such is the experience which has led us to the conclusion that our group conscience, well-advised by its elders, will be in the long run wiser than any single leader.

When AA was only three years old, an event occurred that was destined to be historic, demonstrating this principle. One of the originators of AA, entirely contrary to his own desires, was obliged to conform to group opinion. Here is the story in his words.

"One day I was doing a Twelfth Step job at a hospital in New York. The proprietor, Charlie, summoned me to his office. 'Bill,' he said, 'I think it's a shame that you are financially so hard up. All around you these drunks are getting well and making money. But you're giving this work full time, and you're broke. It isn't fair,' Charlie fished in his desk and came up with an old financial statement. Handing it to me he said, 'This shows the kind of money my hospital used to make back in the 1920's. Thousands of dollars a month. It should be doing just as well now, and it would--if you'd help me. So why don't you move your work in here? I'll give you an office, a decent drawing account, and a very healthy slice of the profits. Three years ago, when my head doctor, Silkworth, began to tell me of your idea to cure drunks by spirituality, I thought it was crackpot stuff, but I've changed my mind. Someday this bunch of ex-drunks of yours will fill Madison Square Garden, and I don't see why you should starve while we wait. What I propose is perfectly ethical. You can become a lay therapist, and more successful than anybody in the business.'

"I was bowled over. There were a few feeble twinges of conscience until I saw how really ethical Charlie's proposal was. There was nothing wrong whatever with becoming a lay therapist. I thought of Lois coming home exhausted from the department store each day, only to cook supper for a houseful of drunks who weren't paying any board. I thought of the \$60,000 still owing to Wall Street creditors. I thought of a few of my alcoholic friends, who were making as much money as ever. Why shouldn't I do as well as they?

"Although I asked Charlie for a little time to consider it, my own mind was about made up. Racing back to Brooklyn on the subway, I had a seeming flash of divine guidance. It was only a single sentence, but most convincing. In fact, it seemed to come right out of the Bible--a voice kept saying to me, 'The laborer is worthy of his hire.' Arriving home, I found Lois cooking as usual, while three drunks looked hungrily on from the kitchen door. I drew her aside and excitedly told the glorious news. She looked relieved, but didn't seem a bit excited, and finally remarked noncommittally, 'Wouldn't that be wonderful?'

"It was meeting night. Although none of the alcoholics we boarded seemed to get sober, a score or so of others had. With their wives they crowded into our downstairs parlor. At once I burst into the story of my glowing opportunity. Never shall I forget their impassive faces, and the steady gaze they focused upon me. With waning enthusiasm, my tale trailed off to the end. There was a long silence.

"Almost timidly, one of my friends began to speak. 'We know how hard up you are, Bill. It bothers us a lot. We've often wondered what we might do about it. But I think I speak for everyone here when I say that what you now propose bothers us an awful lot more.' The speaker's voice grew more confident. 'Don't you realize,' he said, 'that you can never become a professional? As decent as Charlie has been to us, don't you see that we can't tie this thing up with his hospital or any other? You tell us that Charlie's proposal is ethical--sure, it's ethical, but what we've got won't run on ethics only; it has to be better. Sure, Charlie's idea is good, but it isn't good enough. This is a matter of life and death, Bill, and nothing but the very best will do!' Challengingly, my friends stared hard into my eyes. 'Bill,' said their spokesman, 'haven't you often said right here in this meeting that sometimes the good is the enemy of the best? Well, this is a plain case of it. Bill, you can't do this thing to us!'

"So spoke the group conscience, as AA history was made. The group was right and I was wrong; the voice on the subway was not the voice of God. Here was the true voice, welling up out of my friends. I listened, and--thank God--I obeyed."

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I am responsible...

**When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.
And for that: I am responsible.**

HOW SHOULD WE TREAT A.A. FOUNDERS' WRITINGS SUGGESTED QUESTIONS FOR DISCUSSION

1. Do you think that A.A. Founders would object to or embrace revisions to their writings? If yes, why? If not, why?
2. Do you think the Founders' writings are effective in reaching new members? If not, what measures do you think can be taken to resolve this issue?
3. What reasons would you consider for changing our Founders' writings?
4. How do you feel about changing A.A. Founders' writings to replace outdated references?
5. What suggestions do you have for preserving the Founders' writings, along with keeping pace with our current A.A. Society and its future?
6. Should there be a special Conference process for approval of changes to our Founders' writings? (e.g., super, or qualified majority – 75%, and/or 2-year consideration process.)
7. What additional ideas, thoughts or suggestions can you share about changing or not changing the Founders' writings?

UPCOMING EVENTS

The Iowa City Intergroup meets online on the first Saturday of the month at 10 am. Zoom ID 810 0506 4290 Passcode WILSON.

District 13 Meeting will be held **Sunday, February 25th, 2024**, 2:30 PM at Our Redeemer Lutheran Church, at the corner of Court St and 1st Ave, Iowa City. We meet on the 4th Sunday of the month alternating between Our Redeemer Lutheran Church, Iowa City and 704 S. Houser, Muscatine. **All are welcome.**

Area 24 March Service Weekend March 9, 2024 @ 9 am – March 10, 2024 @ 5:00 pm: Midnight Garden 1501 South 17th Ave #2, Marshalltown. Agenda items for the General Service Conference will be discussed. A continued discussion of Founder’s writings will continue.

Area 24 2024 Spring Conference June 14 registration begins at 3:00 pm - June 16 @ 12:00 pm. At Dordt University 498 4th Ave NE Sioux Center. See Area 24 Spring Conference (aa-iowa.org) for a copy of the flyer. <https://www.aa-iowa.org/wp-content/uploads/2023/10/Area-24-Spring-2024-Conference-Flyer.pdf>

FYI: Area 24 (the State of Iowa) has a newsletter that comes out 5 times a year. If you would like to receive access to it, contact Area24.Newsletter@aa-iowa.org. It is available to all AA members, and you are an AA member if you say you are.



Am I ready to meet what is around the next curve?

“Do what you can with what you have, where you are.” Theodore Roosevelt