

District 13 Meeting Minutes
October 27, 2024
704 Houser
Muscatine Iowa
230pm-330pm

Members Present-Jim S., Cindy G., Sally D., Wayde L., Ricarda, Deb E., Merrilee, Rick W., Teresa., Kathy V., Jean H., Megan H.,

Visitors: Rachel B., Lonna F., Raul R., Jeff H., John H., Tom E., Dan H.

Members Absent/Excused: Shawn, Seth, Stan

Meeting called to order at 2:36 pm by Jim S.

- Open with Serenity Prayer
- Concept Reading – Wayde
- Officer Reports
 - Secretary Report for September 22, 2024 was distributed but not voted to be approved at this meeting. Will ask in December for September and October minutes to be approved together.
 - Treasurer Report-Cindy
 - On October 23 rd, I visited our post office box and received a donation of \$175.00 from the Breakfast Club Group. And two checks from a Sam C. he supplied a group number, after checking I determined the checks for \$47 and \$59.27 were from the Young People’s Group. I took checks totaling \$281.27 to the bank and deposited. At the September District meeting the only expense was Rent to the Area Foundation for \$15.00. That check remained outstanding as of September 25. Our current checkbook balance as of 10/25/2024 is \$1,910.77 and the bank balance is \$1,925.77. As always, yours In Service, Cindy G. District 13 Treasurer. The treasure report will also be voted to be approved together with October.
 - DCM-Jim
 - Jim read each position description and qualifications and then each position was nominated and voted as follows:
 - Position description
 - Nominations received
 - Service narrative by nominee
 - Voted by members present
 - The following positions were filled by unanimous votes:
 - DCM—Teresa R; nominated by Megan
 - Alt DCM—Wayde; nominated by self to fulfill 2 additional years
 - Secretary—Merrilee; nominated by self to fulfill 2 additional years
 - Treasurer—Jean H.; nominated by Teresa R
 - Activities—Cindy; nominated by Jean H.
 - Archives—Wayde; nominated by Rick W.
 - Corrections—Michael J.; nominated by Rick W.
 - CPC—Megan—nominated by Rick W.
 - Grapevine—Kathy V.; nominated by Megan
 - Literature—no nominees
 - Newsletter—no nominees
 - PI—Meagan—nominated by self
 - Treatment—Michael; nominated by Teresa R.
 - Website—Jim S.; nominated by Wayde
 - Alt DCM – Wayde

- Thank you to all GSRs and District 13 chairs for your service to the district and your home groups. The past two years have moved forward rapidly and it is time for new elections and new service duties which will keep A.A. in a fresh perspective from each new person and idea they bring to the table. Please read your service manual and operating procedure to best serve and keep our society whole and efficient. I will diligently stand by to offer my experience to the next Alt DCM. This position has been rewarding and taught me to be ready at all times to serve no matter what role I play in Alcoholic Anonymous.
 - Activities – Rick W
 - Archives – Wayde L.
 - I have enjoyed embellishing our archive display and serving to preserve all histories from the groups to Alcoholics Anonymous as a whole. I will continue to stand for this position for the next two years if no interest is shown to serve. We have made much progress in keeping A.A. alive through our group and district histories. I would like to thank everyone for their contributions and for trusting me to maintain this great and honorable responsibility. I am willing to display our collection of group contributions as well as material from Area 24.
 - Literature – Sally
 - Corrections – Scott M.
 - Grapevine – position open
 - Newsletter – Cindy G.
 - A lot of time was spent putting together the October newsletter. Lots of October AAversaries. The newsletter went out to 55 people. Included in the newsletter is a copy of Dr. Bob's obituary. And a new feature called My Take. We will be looking for your "Take" on any future AA events. Just a quick paragraph or two is all that's needed. Remember this is your newsletter be open to sharing. Cindy G District 13 Newsletter Chair
 - PI – Teresa
 - Treatment – Monica B-
 - Website – Jim
 - Intergroup – Stan C.
- Old Business
 - Clarified that there is NO MEETING IN NOVEMBER
 - Next 2 meetings will be in Iowa City at Our Redeemer Lutheran Church, 2301 Court Street on Dec 8 and January 26 at 230-330pm.
- New Business
 - None reported
 - No reimbursements
- GSR Reports
 - GSR reports were not reviewed due to elections. The following are updated for those that sent them and noted with a date following the narrative.

Recovery Group I will continue my service as GSR until January of 2025 since a new GSR was elected and I will be serving as Alt GSR in which I am excited about changing for a fresh perspective in the group and serving in District. I have enjoyed a long 6 year tenure and feel honored to have been the liaison for my home group. I attended the Area 24 elections via Zoom and cast my vote according to what the Recovery group would like in our area officers. We had a tremendous group anniversary and a great turnout to hear Chris R. speak on October 5th. The anniversary as well as the celebration was a true celebration of spirituality, food and great fun which was had by all. We continue to meet four days a week at the Zion Lutheran church in Muscatine. Our meeting schedule is as follows: In service: Wayde L. (10/2024)

- Monday at 6:30pm for a Big book discussion meeting
- Wednesday at 6:30pm for a speaker meeting
- Friday at 6:30pm for an A.A. literature topic discussion
- Sunday at 5pm for a suggested topic meeting(A.A. approved)

- Our website is aamuscatine.com

Melrose has been experiencing extremely high attendance for the noon meetings and moderate attendance for the six pm meetings. I was unable to attend the last Group Conscience meeting but attached are the minutes. In Love and Service, Monica F Melrose GSR ; Erin Alt GSR

Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Yours in service, Ricarda Patterson, GSR (10/2024)

LGBTQ We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. (9/2024)

Monday night Tiffin group: We are going strong on Monday nights. Average of 30 in attendance and lots of newcomers to our group. We are an open discussion meeting we meet at 7 PM at the Tiffin Grace United Methodist Church in-service Rick W. (10/2024)

Women's Step Meeting Meets Friday at 5:30 pm as a hybrid meeting at Zion in Iowa City. The in-person meeting has child care. The first Friday of the month is a speaker meeting. Business meeting is at 6:30 on the first Friday of the month.

Flimsy Reed Group -meets every Sunday at 6pm at Melrose. Reading out of 1st edition Alcoholic Anonymous. We continue to have well attended meetings and several folks from Retrograde Recovery are usually in attendance as well. In service, Tom F. GSR

Midwest- Sunday night 7pm Zion in Iowa City; speaker and discussion; we continue to have 30-40 members. GSR position open. Great turnout for our Family after event. Merrilee (10/2024)

W.O.W. Women of Worth Wednesday night 6pm Daily Reflections discussion at Iowa City Sober Living residence. Location directions by email iowacitysoberliving@gmail.com. About 8-10 women in our living room. Relaxed, warm and cozy. Merrilee (10/2024)

Tuesday Night Trudgers: Our meeting is on Tuesday night at 7:30 p.m. at Zion in Iowa City. Discussion group. 20+ attending. Monthly business meetings. Shawn P GSR (10/2024)

Gaunt Prospectors: Gaunt Prospectors meet on Thursday 5:30 pm and Sunday 9am, 704 S Houser St, Muscatine. Both meetings well attended (12-14), We continue to be a Big Book topic meeting (first 164 and prefaces). (9/2024)

Women's Big Book Meets Saturday at 9am at Gloria Dei Church on the Corner of Market and Dubuque in Iowa City. We are a hybrid meeting and about 15 to 25 women attend. We go through the first 164 pages of the Big Book, then alternate between the 1st, 2nd and 3rd story sections. In service Deb GSR (10/2024)

Iowa City YP group still going strong. Typically 40-50 people per meeting. We meet Saturday nights @ 8pm @ St Andrews Presbyterian church on 140 Gathering Place. Meeting is a rotating format: discussion, panel, meditation, speaker. Any 5th Saturday is discussion. Currently have 8-10 home group members. Mike P. GSR

North Liberty Tuesday Night-Cindy G voted in as GSR. Consistent group 15+, Tuesday is a closed meeting. Friday 7pm meeting is open and located at the same place.

Primary Purpose Tracy Thompson GSR Primary Purpose Group Muscatine; PJ Alt GSR

Breakfast Club Sean F GSR Meets M-F at 610 am. Held at Melrose. Group conscious meetings held at 7 am second Friday of every month. Board positions are Chair, Treasurer, Secretary, GSO and Intergroup. Readings are

at the discretion of the chairperson but most commonly from Daily Reflections. All meetings are open and visitors are encouraged to attend. The actual Breakfast meeting is held the 3rd Friday of the month and we usually have leftovers.

- Motion to Close @ 3:28 pm

Next Meeting:

December 8 @ 230-330pm

Our Redeemer Lutheran Church

2301 Court Street

Iowa City

**NO MEETING IN
NOVEMBER**

HAPPY THANKSGIVING