

District 13 Meeting Minutes

December 8, 2024

704 Houser

Muscatine Iowa

230pm-330pm

Members Present-Jim S., Cindy G., Sally D., Wayde L., Merrilee, Rick W., Teresa., Jean H., Monica F., Michael J., Bret S., Mike P., Tracy T., PJ A., Joe M.

Members Absent/Excused: Megan H., Scott, Ricarda

Meeting called to order at 230 pm by Jim S.

- Open with Serenity Prayer
- Concept Reading – Wayde
- Officer Reports
 - Secretary Report for September 22, 2024 and October 27, 2024.
 - Minutes summarized and approved. Thank you for allowing me to be our District 13 Secretary. I will continue in service for the next 2 years. Please send your reports to mrarnp@hotmail.com or iadistrict13secretary@gmail.com.
 - Treasurer Report-Cindy
 - On December 3rd, I visited our post office box, it was empty. After our fall event I deposited \$344.00, literature sales of \$173.00, a donation from the Midwest Pacific Group of \$100.00 and donations from the fall event of \$71.00. The expenses for the fall event were paid as follows: check # 1536 \$40.00 rent to the Area Foundation and reimbursement to Scott M. of \$44.55. Other expenses were to Bluehost \$315.44 for webhosting services and \$300.51 to AAWS for the purchase of literature. Our current checkbook balance as of 12/05/2024 is \$1,554.27 and the bank balance is \$1,594.27 as check # 1536 remains outstanding for \$40.00. Thank you all for this opportunity for service as the Treasurer for District 13 for these past 18 months.
 - DCM-Jim
 - Good afternoon everyone. First and foremost, I want to thank everyone for your service over the past two years and allowing me to be the Chair Member. It has been a great honor and learning experience for me. Over Thanksgiving I received a phone call for a lady straight out of treatment that was stranded in Riverside and was trying desperately to get to a meeting. I reached out to the chairs and the GSRs looking for anyone that might be able to help. I received a Text from Tom letting me know that she had made it to one of the meetings going on at Melrose. Thank you to all who were involved and showed up for the potluck and October business meeting and agreed to sit for the various chair positions. With Kathy regretfully stepping aside from the Grapevine chair we now have this chair position as well as Literature and Newsletter left open. I will be asking for nominations for these positions in Old Business. In the quarterly GSO Contribution report District 13 has contributed \$1,127.37 this past quarter with a year-to-date contribution of \$3,508.65. Of the group contributions this past quarter there was 5 of the 37 registered groups that contributed. At the end of October the GSO is reporting a increase in total contributions of \$760,000 over the same period last year, which is a 9% increase over the previous year. The GSO is still working on building back up their prudent reserve to their goal of 9 months. They are currently at a prudent reserve of 6.41 months. Upcoming events are: Iowa City New Years Eve party held here at Our Redeemer Lutheran Church January 11th and 12th the Area 24 service weekend and business meeting. Feb 28th – March 2nd the West Central regional conference will be held in Casper Wyoming. March 15th-16th will be the Marshalltown service weekend and business meeting. June 13th-15th will be the Area 24 spring conference hosted up in Clear Lake. More information can be found on our website iadistrict13aa.org as well as the Area 24 website aa-iowa.org. The GSO received their

first shipment of 70,000 copies of the Plain Language Big Book and sold out of them in 2 weeks. They are currently waiting to receive the second printing of 74,000 copies. As of the latest information received the shipping date has not be established.

- Alt DCM – Wayde
 - I want to start by saying "Thank you" to all chairs and GSR's for a job well done! We have reached the end of our two year term and we can rest assured that communications have traveled from groups to G.S.O. in prompt timing and Alcoholics Anonymous grew with the changing times we experience every day. I am looking forward to another two years in service and I hope to see some of you in District 13. I wish everyone happy holidays in their seasonal celebrations. See you next year! In service:
- Activities – Rick W.
 - Thank you to everyone that helped and supported our events. Cindy G. was voted in to take over this position. Rick will pass the tote.
- Archives – Wayde L.
 - We have a great Archives display for use at District and Group functions upon request. I will be looking to preserve any A.A. material from groups and District 13 in our endeavor to keep Alcoholics Anonymous alive and kicking. I will be here for the next two years working on District 13's behalf and future standing. Thank you for your confidence and see you next year.
 - Rick was voted in to take over Archives and will use his regular email rswillman@sharontc.net
- Literature – Sally
 - Sales total \$184.00. Individual \$40. Gaunt Prospectors \$144. Purchase \$300.51. 12 Alcoholics Anonymous; 12 Plain Language Big Book: A Tool for Reading Alcoholics Anonymous. I have 10 Plain Language Big Books for sale at \$11 each. November 24th letter from GSO regarding sales of the Plain Language Book: 'The initial print run of just over 70,000 copies sold out in only two weeks!' Second printing back in stock in approximately 4-6 weeks with some changes.
 - Literature position is open for the next 2 years. Sally will continued until it is filled.
- Corrections – Scott M. (absent)
- Grapevine – Wayde L.
 - Voted in to take over Grapevine and hand over Archives to Rick W. Approved.
- Newsletter – Cindy G.
 - November's newsletter went out to 64 email addresses. Two addresses I obtained from our fall event failed to go through. My experience as District 13's newsletter chair I have obtained the faith and confidence of voters at the Area Fall Conference to be the Newsletter Chair for all of Area 24. I am thrilled by the opportunity. No one stepped by to be our district's newsletter chair as yet. I look forward to the opportunity to work with someone to carry the mantle for the next two years. Thank you again for giving me this opportunity for growth , I believe service work at the district level has been the greatest part of my program. Your in service, Cindy G Dist 13 Newsletter Chair
 - Will continue in this position until replaced. There is a member at Midwest interested and Merrilee will follow up with him tonight re: sobriety date and continued interest.
- PI – Teresa
 - The only changes to the schedule this quarter have been the Muscatine Recovery Group dropped their Sunday meeting and a new Muscatine meeting, Misfits that meets Mon, Wed, Fri at 8:30 am at 704 S Houser. Reminder, if people ask about paper schedules remind them that there is always a current printable version of the schedule at iadistrict13aa.org. I have had 400 schedules printed and ask to be reimbursed \$127.20 for the cost. I've replenished the jail and library, Guidelink and CFR have been printing from the website so not sure if I should drop off any there or not? Also did not drop off any at Melrose and last time I dropped off 200 so what do you think? I want to thank you all for allowing me to serve as your Public Information

Representative for the last 2 years and looking forward to serving as DCM. Will increase schedule printing to 500 quarterly. In Love and Service, Teresa

- Treatment – Monica B-
 - Michael J. will take over 2025. foroldtimesseika@gmail.com 812-361-6715
- Website – Jim
 - Thank you for allowing me to be the district’s webmaster for the next two years. I will be getting an email address set up for the chair position. I need to make amends to the district for not getting things posted as quickly as I should have this past month. In starting the new job some of my other obligations have fallen to the wayside. I am getting this remedied now as I am getting more comfortable with the new job and their expectations. I will continue to update the events and fliers on the website. I need to add the past couple of months Newsletters to the website. I continue to receive several calls monthly inquiring if meetings are current. The callers have been getting my phone number off of the website. I am planning on contacting the Iowa City Intergroup and see if they will allow me to insert their phone number instead since they are already have a number that is published for others to reach out to for help. Please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup’s link, Area’s link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache.
- Intergroup – Stan C. (absent) New rep Bret Swain bretswain@gmail.com Thank you for your service.
- Old Business
 - Revisions to elected positions:
 - Activities -> Cindy G.
 - Archives -> Rick W.
 - Grapevine -> Wayde L.
 - Literature -> remains open
 - Newsletter-> potential candidate Midwest Home group member
 - Intergroup-> Bret
- New Business
 - Reimbursement to Teresa for schedule printing \$127.50 approved.
 - Will have Zoom in place for snowy days January – March. Will use Tracy zoom and Jim for back up.
 - Merrilee will attach 2025 schedule to minutes—May date

GSR Reports

Recovery Group The recovery group is making changes for 2025 by eliminating our Sunday meeting due to demand through participation. We will maintain our four meeting schedule until December 31 2024 and then be embracing a new three day week. We had a strong turn out for our group conscience and we filled the group's meeting and chair positions. We look forward to the new year with enthusiasm and a drive to keep meetings for the new person as well as seasoned members. Renee R. will be the new GSR for 2025 : reyney245@gmail.com and I will be the Alt GSR. Seasons greetings from the Recovery Group! In service starting 1-1-25 In service: Wayde L. (12/2024)

Melrose has been experiencing extremely high attendance for the noon meetings and moderate attendance for the six pm meetings. I was unable to attend the last Group Conscience meeting but attached are the minutes. There will be meetings every 2 hours at Melrose with food at 2pm. Bring a dish to share. In Love and Service, Monica F Melrose GSR ; Erin Alt GSR

Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed

meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Yours in service, Ricarda Patterson, GSR (10/2024)

LGBTQ We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. (12/2024)

Monday night Tiffin group: We are going strong on Monday nights. Average of 30 in attendance and lots of newcomers to our group. We are an open discussion meeting we meet at 7 PM at the Tiffin Grace United Methodist Church. There are 18 home group members. in-service Rick W. (12/2024)

Women's Step Meeting Meets Friday at 5:30 pm as a hybrid meeting at Zion in Iowa City. The in-person meeting has child care. The first Friday of the month is a speaker meeting. Business meeting is at 6:30 on the first Friday of the month. GSR position is open (12/2024)

Flimsy Reed Group -meets every Sunday at 6pm at Melrose. Reading out of 1st edition Alcoholic Anonymous. We continue to have well attended meetings and several folks from Retrograde Recovery are usually in attendance as well. In service, Tom F. GSR

Midwest- Sunday night 7pm Zion in Iowa City; speaker and discussion; we continue to have 30-40 members. GSR position open. 2 new home group members. Business meetings first Sunday of the month and we provide pizza!. Merrilee (12/2024)

W.O.W. Women of Worth Wednesday night 6pm Daily Reflections discussion at Iowa City Sober Living residence. Location directions by email iowacitysoberliving@gmail.com. It is an open meeting. (12/2024)

Tuesday Night Trudgers: We are having a speaker meeting on Tuesday, December 10. Doors open at 6:30 – speaker at 7:00. Pizza will be served. Bring a dish to share. Our meeting is on Tuesday night at 7:30 p.m. at Zion in Iowa City. Discussion group. 20+ attending. Monthly business meetings. Shawn P GSR (12/2024)

Gaunt Prospectors: Gaunt Prospectors meet on Thursday 5:30 pm and Sunday 9am, 704 S Houser St, Muscatine. Both meetings well attended (12-14), We continue to be a Big Book topic meeting (first 164 and prefaces). (9/2024)

Women's Big Book Meets Saturday at 9am at Gloria Dei Church on the Corner of Market and Dubuque in Iowa City. We are a hybrid meeting and about 15 to 25 women attend. We go through the first 164 pages of the Big Book, then alternate between the 1st, 2nd and 3rd story sections. In service Deb GSR (12/2024)

Iowa City YP group still going strong. Typically 40-50 people per meeting. We meet Saturday nights @ 8pm @ St Andrews Presbyterian church on 140 Gathering Place. Meeting is a rotating format: discussion, panel, meditation, speaker. Any 5th Saturday is discussion. Currently have 8-10 home group members. Holiday Party-- \$10 White Elephant gift. Mike P. GSR (12/2024)

North Liberty Tuesday Night-Cindy G voted in as GSR. Consistent group 15+, Tuesday is a closed meeting. Friday 7pm meeting is open and located at the same place. Have added de caf to coffee offering (12/2024)

Primary Purpose Our regular group conscious meeting “Big Kids” meeting met 12/05/24. We had our Group Inventory at 430PM. Our group members had time to answer questions from aa.org Inventory Guidelines. We all submitted to our facilitator from District 9. She chaired the group inventory and will summarize our action items and provide to group secretary. We have some great action items coming forward since our District CPC has been inactive we are going to reach out to our professionals in the Muscatine community for any need for AA. I will be sure to include any activity in my monthly GSR report. We followed the inventory with our regular scheduled business meeting. Our group had an amazing fun and games activity on 11.14 Picasso Pottery in Muscatine. We had 11 in attendance. Great fun had by all. Our group voted on a new format to include

“Sponsorship is a vital part of recovery, anyone willing to sponsor please raise your hand. Anyone wanting a sponsor please see one of these members after the meeting.” Unanimous. It has made a significant difference on how newcomers respond. It really expresses “I want to” when members raise their hand. Our activity chair has nothing planned for December but we will support the activity at the Recovery Group for the holiday. Love & Service Tracy T GSR Primary Purpose Group (12/2024)

Breakfast Club Sean F GSR Meets M-F at 6:10 am. Held at Melrose. Group conscious meetings held at 7 am second Friday of every month. Board positions are Chair, Treasurer, Secretary, GSO and Intergroup. Readings are at the discretion of the chairperson but most commonly from Daily Reflections. All meetings are open and visitors are encouraged to attend. The actual Breakfast meeting is held the 3rd Friday of the month and we usually have leftovers.

- Motion to Close @ 3:28 pm

Next Meeting: January 26 @ 230-330pm

Our Redeemer Lutheran Church

2301 Court Street Iowa City

*******Happy Holidays*******

2025 District Meeting Schedule

All meetings 230-330 pm

Iowa City Meetings

January 26

March 23

May 18 (due to Memorial Day weekend)

July 27

September 28

November – No Meeting

Muscatine Meetings

February 23

April 27

June 22

August 24

October 26

December 7 (due to Holiday)