

**District 13 Meeting Minutes**  
**May 18, 2025**  
**Our Redeemer Lutheran Church**  
**Iowa City**  
**230pm-330pm**

**Members Present-** Teresa R., Wayde L. (preferred email ia district 13altdcm@gmail.com), Jean H., Michael J., Rick W., Megan H., Bret S., Jim S., Merrilee R., Susan J., Michael H., Tracy T., Ricarda P., Tyler C., Kelsey A., Renee

**New Members/Visitors:** Blanca-Houser House [Stellaab747@cloud.com](mailto:Stellaab747@cloud.com), Hoop Muscatine- [gghooper3@icloud.com](mailto:gghooper3@icloud.com)

**Members Absent/Excused:** Laura L., Cindy G., Lonna A., Shawn P., Bryan D., Monica., Ariel K., Ruth A.

**Remove from mailing list:** Stan C [Stancarlson@edge-realtygroup.com](mailto:Stancarlson@edge-realtygroup.com)

Meeting called to order at 230 pm by Teresa

- Open with Serenity Prayer
- Concept 5 Reading – Wayde L.
- Officer Reports
  - Secretary Report for April 27, 2025
    - DCM report was not included in the April minutes in error. Read to group at this meeting.
    - Minutes summarized and approved. Please send your reports to [mrarnp@hotmail.com](mailto:mrarnp@hotmail.com) or [iadistrict13secretary@gmail.com](mailto:iadistrict13secretary@gmail.com) prior to the meeting if possible. Thank you for all the pre-meeting reports for May meeting. Makes the minutes so much easier to produce in a timely manner.
    - Motion to approve: Tracy           2<sup>nd</sup>: Bret           Approved
  - Treasurer Report- Jean H. District 13 Treasurer Report
    - Starting balance: \$ 1921.98
      - Income/Donations:
        - Literature sales: 150.00
        - Recovery Group: 84.75
        - Together We Can Make It: 300.00
        - Spring Event: 100.00
        - Total income: 634.75
      - Expenses:
        - Rick – tote for Archives 13.77
        - Meeting rent: Area Foundation(2 mtg) 30.00
        - Wade Grapevine books 201.12
        - Caseys pizza: 152.94
        - Expenses Total: 397.83
        - Current Balance: \$2158.90
      - Motion to approve: Merrilee R           2<sup>nd</sup> Tracy           Approved
    - DCM Teresa
      - April Report: First, thank you all for showing up. Honestly haven't done much this month. Got the CPC information updated in the directory for Laura L, passed on a couple of meeting additions to PI and updated my email list so hopefully everyone will receive any information I send out. My next project is cleaning up meeting information in the area directory (if I tell you I'm going to do it then maybe it'll get me motivated to get it done). So sorry I will not be able to attend the sponsorship workshop on the 4th, I was already committed to another event that day. You have a great panel lined up; I'm looking forward to hearing about it. Remember if you know of any meeting changes, please send to me and/or our PI chair, Megan H., and send any

event fliers to our webmaster, Jim S. so they can get on our website. If you have any questions or concerns, please reach out to me. Thank you all for your service.

- May: No report
- Alt DCM-Wayde L
  - I have had a busy 2 months and they have been very spiritual due to working with other alcoholics and feeling that ego deflation leading to not thinking only about myself. I have refurbished our old legacy poster from Dr. Bob's talk in Iowa City in 1946. I brought it to our district event on sponsorship at Hill's Iowa which was displayed before a group of willing individuals who have experienced hopelessness to spiritual freedom by those very actions of participation. We had a great group of speakers and panelists who proved that this program works if I am willing to do the footwork. I got the privilege of asking audience inspired questions to our panelist which brought forward that honesty, open mindedness, and willingness of all in attendance. District 13 has a wonderful group of people working to keep our groups informed and excited about A.A as a whole. Well done to my fellow alcoholics and thank you for helping me to live life on life's terms.
- Activities – Cindy G (reported by Teresa R)
  - Our Sponsorship workshop was so awesome! If you didn't male it you really missed something. Our panelists were inspiring. After Tracy T spoke for the 1st half hour I couldn't imagine what the other three, Jenny E., Mike M., and Bill H. would have to add but I was captivated. I Had attended 4 in person meetings in four days to gage how many to expect and I was concerned that 10 pizzas were not enough, so I ordered 12. 2 specialties, and 10 single toppings that were then buy one get one free. The bill came to \$152 and change. We took in \$100 in the free will offering. I deposited this money in the bank the next week. I always overestimated the amount of food needed but the pizza didn't go to waste. Some went to Midwest and the rest went to the Safe Place. But for the next activity someone else should tell me how much to arrange for. I am still in possession of the district debit card I am willing to meet up with Jean somewhere next week to get her the card. Thank you all for your help with setting up and clean up, especially Rick W., Wayde L, and Mike. Our next activity should be in the Muscatine area I am open to ideas.
- Archives – Rick W
  - I had the archive display up at our recent workshop in Hills on May 4. Wade L. Passed on the Dr. Bob poster to me which looks fantastic. Looking forward to doing more in the future. In-service Rick W.
- Literature -Susan J
  - Sales:
    - AA on Houser purchased 8 Big Books and 8 12x12 for \$184
    - Individual member purchased PL Big Book for \$11
    - Individual member purchased 1 PL Big Book and 1 service manual for \$16
    - Individual member purchased 2 PL Big Book for \$22
  - Total Sales \$233
  - Expenses: None
- Corrections – Michael J
  - Current Operations : April to May is the busiest month of my career each year. I was not able to follow up on as much as I would have liked. This is my fault. To prevent this from happening to this degree: I will start seeking to find a co-chair for either Treatment and Corrections to help keep things on track when this occurs again next year .Would be a great opportunity for me to share my experience and begin a wonderful transfer of the position two years from now . There is a meeting currently being brought into Hope House Residential Center in Coralville. I have not

talked to those who go in about promotion within the fellowship but they have a dedicated group of volunteers which is growing . If you are interested or know anyone who is interested, I can pass along information of course.

- Current Plans : As far as I know Candice is prepping for taking meetings into Washington County Jail. I believe it is a women's meeting at this time. You can reach out to me if you are interested. I have followed up and got better contact information for: Iowa County Captain Jeff Krotz Call on Monday between 8-4 ; Muscatine County I got a hold of someone and I will call back 3-11 ask shift supervisor sergeant or lieutenant . It sounds like they already have a system in place from the vibe on the phone, I just don't have any information. Johnson County Captain Good Best to call between 8-4. Have left voicemail. Call back Monday . Oakdale Correctional Facility I have a name and number to call now, I will also do that next week. Cedar County Update Jail Commander is on board, ideal scenario. Everything is ready to go . Night time supervisor was forwarded all info this a month ago to set up official time . They have not been in contact with me. I need to follow up.
- Current Plans : Phone Bank this week, just call everyone again
- Grapevine: - Wayde L.
  - This month's stories are on the prison experience and our hopefulness for life afterwards. Any stories about your sobriety are always welcome and I can help initiate the process of sending in your story. The annual prison issue is what differentiates us from other entities by celebrating hope and usefulness instead of doom and gloom. I standby ready to help if District 13 members share their alcoholic journey or just get a subscription started.
- Newsletter – Michael H
  - Life has been life and I was seriously thinking about resigning my position but after listening to all your reports, I have decided this is the service I need to continue to do. The newsletter will be produced asap. There was discussion to perhaps decrease the frequency of its publication. Thank you Michael for your service and honesty. You have our support .
- PI– Megan H.
  - Updated on list: Breakfast club on Sunday at Melrose, open meeting, at 6 AM. Changed the Saturday 9:30 am Melrose meeting to open. Corrected typo on Thursday Tiffin meeting flier to 9 am.
  - Emails:
    - Got a few request about the Sunday 6 am meeting. Responded with it takes a few weeks to get it updated on online meeting finder.
  - New business:
    - Would recommend to print off more than 500 for next quarter meetings schedules. Approved. Tracy T. explained to Megan that at the District level, these decisions are hers to make without . group approval.
- CPC – no report (5/2025)
- Treatment –
  - Current Operations : Community and Family Resources . They have a meeting every Thursday and Bridge the Gap session every 3rd Sunday. I have a list of volunteers who are responsive and dedicated to the Bridge the Gap meeting . Thursday night meetings are always a highlight . Now after doing the bridge the gap for a bit, I have a good feel for it . Have connections with District 8 and about once a month we exchange info for someone getting out. Thrive Now Treatment Center Meeting started 6 pm Wednesdays at 15 Silvercrest, Iowa City
  - Current Plans : April to May is the busiest month of my career each year. I was not able to follow up on as much as I would have liked. This is my fault. To prevent this from happening to this degree: I will start seeking to find a co-chair for either Treatment and Corrections to help keep things on track when this occurs again next year . Would be a great opportunity for me to

share my experience and begin a wonderful transfer of the position two years from now . Have a pair of members that have now been in contact with UIOWA hospital, they are trying to find a meeting time to set up particulars. At the last step! Check the store of pamphlets and books for new meetings. I know a group was willing to donate their old pamphlets that weren't moving But then follow up with literature chair depending on needs

- Current Needs : None at the moment, this has been a great source of joy in my sobriety!

- Website-Jim S

- I don't have anything new to report. Please forward me all your fliers so that we can get them posted under the events tab. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. In Love and Service, Jim

- Intergroup –Bret S

- Our Intergroup meeting this month had 10 in attendance. The treasurer has been working on paying for the Spring Picnic. She has been part of our subcommittee for the picnic. Our webmaster has ran into some trouble with the website, and has adequately explained the problem. We decided to email the District webmaster but had tried other places. Bret, Ryan H, and Bryan D were available to help. Our Communications chair Bart D was present. He gave his report. He is also part of our Spring Picnic subcommittee. I gave my report from the District minutes, I was not present at last month's meeting. Group Reports were given, but we didn't have many Reps at our business meeting. In the future we hope to reduce confusion from group reports by sending them in to the Secretary so that they can be attached to the minutes. Altogether things have been going okay. There have been some absences, but we've been able to get business done. The Spring Picnic is on May 24th, food at 12 pm, a speaker at 1 pm, and games. Volunteers for clean-up are welcomed! If any home groups have members looking for work to do, Intergroup Representatives are a great way to get involved and keep Intergroup operating smoothly.

- Unfinished Business

- Literature damage

- A large purchase of literature was accidently damaged at Literature chair residence. The group unanimously voted that the Chair may reorder without personal reimbursement. District will cover that cost.

- New Business

- Reimbursement: Wayde for Legacy Poster refurbishment \$185.43. Approved
- Corn Husker Round Up in Omaha announced by Tracy T. [www.AA-Cornhusker.org](http://www.AA-Cornhusker.org). Flier also available

## GSR Reports

- **Recovery Group**

The recovery group meets Monday Wednesday and Fridays at 630 pm. We had our group conscious meeting May 4th at 6pm. Our annual picnic is going to be held at the Saulsbury Bridge Recreation Center at the boat ramp shelter #2 on June 7th at 1:00 pm . We will having hot dogs and hamburgers and drinks provided. We are doing the picnic with the Primary Purpose AA group in Muscatine . Yours in love and service Renee (5/2025)

### Happy Hour

Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Yours in service, Ricarda Patterson, GSR (5/25)

### LGBTQ

We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided

by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. Jim (5/2025)

**Monday night Tiffin group:**

We meet at 7 PM at Tiffin GUMC it's an open discussion meeting. Our average attendance is 25 to 30 and we have 15 home group members. We celebrate AA birthdays on the last Monday of the month with a Costco sheet cake. Rick W. GSR (5/2025)

**Midwest-**

Midwest is going strong with 40-50 in attendance and a growing homegroup. Home group is reviewing the position descriptions. Home group meets 1<sup>st</sup> Sunday of the month with pizza. Currently have 10 members. Michael H. GSR (05/2025)

**Sunlight of the Spirit**

New GSR Tyler C. reported. Meets Monday 6pm at Our Redeemer Lutheran on Court St. Discussion format. Open meeting. 5/2025

**W.O.W. Women of Worth** – no report; no update on name change

**Tuesday Night Trudgers:**

Greetings, Tuesday Night Trudgers has been going strong with an attendance of between 20-25 people per meeting. We meet on Tuesday nights at Zion Lutheran Church in Iowa City. This coming Tuesday we have our Spring Event, doors open at 6 for food and fellowship, we will be providing tacos and fixings, please bring a side dish or desert to share. We will have a speaker meeting at 7:30pm (Ruth 5/2025)

**Gaunt Prospectors:** no report

**Women's Big Book**

Meets Saturday at 9am at Gloria Dei Church on the Corner of Market and Dubuque in Iowa City. We are a hybrid meeting and about 15 to 25 women attend. We go through the first 164 pages of the Big Book, then alternate between the 1st, 2nd and 3rd story sections. Merrilee R reporting (05/2025)

**Solon Group**

Group has restarted. Meets Thursday 7pm at Methodist Church downstairs. Reading/discussion. Open meeting. 6-7 attending regularly. Larry C. and Mel are contacts for the group. Merrilee R reporting (5/2025)

**Iowa City YP** -no report

**North Liberty Tuesday and Friday Night**- no report

**Primary Purpose** Group celebrated 15 years. Will have a Picnic June 7. Have noticed a decline in attendance. Tracy 5/2025

**Breakfast Club** no report

**Misfits Group** – no report

**AA on Houser** -no report

Motion to Close @ 325pm

Serenity Prayer

Submitted by Merrilee Ramsey D13 Secretary

**Next Meeting: June 22, 2025 (4<sup>th</sup> Sunday in June)**

**704 Houser St.**

**Muscatine Iowa**

**2025 District Meeting Schedule**

**All meetings 230-330 pm**

**Iowa City Meetings**

**Muscatine Meetings**

✓ January 26

✓ March 23

✓ May 18 (due to Memorial Day weekend)

July 27

September 28

November – No Meeting

(due to Holiday)

✓ February 23

✓ April 27

**June 22**

August 24

October 26

December 7