

District 13 Meeting Minutes
May 18, 2025
Our Redeemer Lutheran Church
Iowa City
230pm-330pm

Members Present- Teresa R., Wayde L., Jean H., Michael J., Rick W., Megan H., Bret S., Merrilee R., Susan J., Michael H., Renee, Gary Hoop, Blanca G

New Members/Visitors: Matt Brands mattbrandes@gmail.com, GSR Breakfast Club Iowa City, Stephen F. sfreyers@gmail.com

Members Absent/Excused: Jean H., Lonna A., Shawn P., Bryan D., Monica., Ariel K., Ruth A., Jim S. , Susan J., Tracy T., Ricarda P., Tyler C., Kelsey A.,

Meeting called to order at 230 pm by Teresa R.

- Open with Serenity Prayer
- Concept 6 Reading – Wayde L.
- Officer Reports
 - Secretary Report for May 18, 2025
 - 16 in attendance-1 new member Blanca from Recovery Group
 - 14 officer reports
 - 10 GSR reports
 - Secretary and Tresure reports approved with ending balance 2158.90
 - Member voted District 13 would pay for the damaged literature
 - \$185.43 reimbursed to Wayde for Legacy Poster refurbishment
 - Meeting adjourned 3:25 pm
 - Motion by Rick to approve, Brett Second, Approved
 - Treasurer Report- Jean H. District 13 Treasurer Report for June 22, 2025
 - Starting balance: \$ 2158.90
 - Income/Donations:
 - Literature sales: 281.00, LGBTQ 72.00, North Lib 200.00
 - Total income: 553.00
 - Expenses:
 - Rent 15.00, Wayde reimbursement as above 185.43, Pizza reimburse Cindy G. 25.00, Rick – tote for Archives 13.77
 - Expenses Total: 225.33
 - Current Balance: \$2486.57
 - Motion to approve: Laura L 2nd Rick Approved
 - DCM Teresa
 - Thank you all for showing up. I was able to attend the Area 24 Conference on June 13th, 14th, and 15th in Clear Lake. Friday evening, I attended the DCM sharing session and topics discussed were the Bridging the Gap program, safety of members at meetings, why and if meetings must be registered with GSO which they don't, and the why some churches are beginning to request meetings to have event liability insurance. Saturday morning our delegate Dan P. gave his report on attending the conference in New York, which we'll be discussing later about him coming to District 13 and giving his presentation. Lunch break and then the business portion of the conference. DCM reports then Area chair reports given. The Area treasurer balance is \$14,013.78 with a \$12,000 prudent reserve; we have an available balance of \$2,013.78. Pink Can fund sets at \$4,179.89 with a \$500.00 prudent reserve, available amount \$3,679.89. The conference reports were given Fall 2025 will be in Ft Dodge, Spring 2026 Marshalltown, West

Central Region Conference will be held in Cedar Rapids February 2026. Unfinished Business: Area is still looking at different banking institutions so that transitioning treasurers every two years can be a little easier and they must have branches available so that checks can be deposited. The committee looking into this matter was asked to look at credit unions so will bring information found back to the Fall conference. The topic of finding a central location for all Area events will be discussed again Spring 2026. New Business: A motion was made for Area 24 to lend the Tech Committee and equipment to host the Zoom portion of the 2026 West Central Regional AA Service Conference being held February 27, 28, and March 1, 2026, in Cedar Rapids, IA. Motion passed. Fall conference in Fort Dodge requested seed money. Motion passed. Motion made to send corrections Chair, Troy F., to Nashville, TN for a Corrections workshop November 7, 8, and 9. Motion passed. Motion made to reimburse Brian W. for ½ of his conference expenses for all the help he has given the Tech committee. Motion passed. District 4, Waterloo, plans to put in a bid for the Fall 2026 conference in August Marshalltown Service weekend. District 17, Spencer, plans to put in a bid for the Fall 2026 conference in August Marshalltown Service weekend. The next AA West Central regional forum will be held in Omaha, NE September 19, 20, 21, 2025. Remember if you know of any meeting changes, please send them to our PI chair, Megan H. or me, and send any event fliers to our webmaster, Jim S., so he can get them posted on our website. If you have any questions or concerns, please reach out to me.

- Alt DCM-Wayde L
 - I was able to attend the Area 24 spring conference via Zoom conferencing. I am grateful for this access when outside circumstances warrant that I stayed home for personal reasons with my 93 year old mother. I wish I had been able to travel to the conference and be with those in attendance. Two items stood out during the reporting from the chairs, one was that literature prices are increasing across the board to compensate for the increased cost and production of our materials. G.S.O. is in the black but below the prudent reserve set. The Grapevine entity is increasing costs due to its apps and magazine production and distribution due to being more accessible and attractive. With our world affairs they make do with minimal upgrades and struggle with strapping the A.A. society with more costs. The other big issue was lending our Zoom equipment to events with little or no ability to use this inclusive technology and who, what, and how to make it possible. We have a working system and many areas and districts do not, so we are exploring new ground on our Area's responsibility to A.A. as a whole. Please take this information back to your group and vote, then bring it back to District 13 so we can expedite it back to Area 24. Group input is essential!
- Activities – Cindy G
 - As Area 24's newsletter chair, I attended the 2025 Spring Conference in Clear Lake. Saturday morning those of us attending heard our delegate's report on the 2025 General Service Conference, Dan P. gave a comprehensive report on the items discussed as well as the efforts GSO made to cut the cost for the week long conference. As we have done in past years (with Teresa's knowledge) I reached out to Dan for a date to visit District 13. I learned Dan would be going to District 10 (Mt Pleasant) on Saturday September 13th so I asked if it would be convenient to come to see us Sunday Sept 14th. He agreed this would work well. As our fall event should take place in Muscatine I contacted Scott M of the Gaunt Prospectors Group to ask if we might host Dan P and a potluck on Sunday September 14th. This was confirmed to be available by Lonna A. In new business I hope we can discuss ideas for this event.
- Archives – Rick W
 - Archives-thus far I have displayed our archives three times. The last times in May at our district event in Hills and May 20 at the Tuesday night trudgers event. I have it pretty well organized and looking forward to do more. In-service Rick W
- Literature -Susan J

- Total Sales = \$53
 - 4 Big Books to Monday night Tiffin \$48, 1 service manual to individual \$5
 - ***Muscatine group requested 10 Daily Reflections hopefully delivered today
 - ***Midwest has requested 5 big books to be delivered tonight
 - ***Young people mtg has requested a Spanish big book plus Spanish 12x12
 - Those sales will be tallied next month
- Total Expenses = \$752.96
 - Area Literature Order \$367.50
 - Not sure if sales/or expenses but Michael J was given 4 big books and 4 12x12 for a total of \$92 to be a donation from District to the new treatment center ThriveNow in IC.
 - Lit order placed today for \$293.46
 - ***I used my credit card for this order, as Jean out of town and i couldn't remember the security code for the District credit card. Lots of expenses...but have been selling quite a few big books, plus needed to replace the unfortunate Cat pee losses
- Corrections – Michael J
 - Current Operations • There is a meeting currently being brought into Hope House Residential Center in Coralville. ○ I have not talked to those who go in about promotion within the fellowship but they have a dedicated group of volunteers which is growing ○ If you are interested or know anyone who is interested, I can pass along information of course Current Plans • I have followed up once again with: ○ Cedar County ■ Jail administrator Bode was willing and seemed excited to have us come in, just need to get in communication with the night time admin who would actually facilitate. I have followed up again and am waiting for a reply ○ Johnson County ■ I called again and left another message. ■ I am going to take a break from calling and emailing and try again in maybe 3 months. ○ Oakdale Correctional Facility ■ I have made contact with the correct person. That is as much as I know right now. ■ I asked if they would like to talk and learn more of how AA could be of service to their facility via email and await a reply. • On hold for now: ■ Iowa County • On Hold for now, the first three I get more questions about and/or have some progress. First things first as we say. • Captain Je² Krotz ○ Call on Monday between 8-4 ■ Muscatine County • On Hold for now, the first three I get more questions about and/or have some progress. First things first as we say. • I got a hold of someone and I will call back • 3-11 ask shift supervisor sergeant or lieutenant • It sounds like they already have a system in place from the vibe on the phone, I just don't have any information.
 - Current Plans • Wait a couple of months and try again for some • Let members know they are always welcome to reach out on their own accord to any institution and set up meetings. I am just a trusted servant to help with that endeavor.
 - Other Notes • Pink Can ○ I have been getting a lot of questions about the Pink Can. I am newish here to Iowa and so you all may already know the deal, but I thought I would share what I learned from Troy F. area corrections chair. ○ Pink Can is a system of donation that groups can have that is separate from their 7th tradition basket. It is directly for Corrections to be dispersed at the Area level. So when a group wishes to send the money collected they send a check to area, but with the byline "Pink Can" separate from whatever split they may send to Area ○ What does Area do with this money? ■ Area covers the entire state, so Area buys literature for institutions and works with them directly. I have the yearly balance sheet here with the donations and the expenditures for transparency. ■ They work directly with institutions for orders of literature. Individual members are of course welcome to work with institutions, but this is a way to help with bulk ordering. • Also ○ They have purchases for about 14 facilities on there. There are 99 county Jails in Iowa and 9 prison facilities. ○ That tells me that about 89 jails and 6 prison facilities are not getting literature directly from the area. ■ That means the rest are

either independently being serviced by groups/intergroup/districts ○ Or the lack of AA in our facilities is a statewide phenomenon. ● I will say it was a similar ratio in Indiana. All of that is to say it makes me feel a little better about this feeling like a long term endeavour and I am grateful to be of this service and seeing some progress

- Grapevine: - Wayde L.
 - The Grapevine is celebrating A.A.'s 90 years of history and our wonderful way of life given so freely. Any and all stories are being asked for so we can show our diversity and inclusivity. If you have a story to tell please share your experience, strength, and hope! I can help anyone to post a story or get a Grapevine subscription and I will standby to help.
- Newsletter – Michael H
 - Newsletter will be changed to quarterly; next edition July 1
 - Send pertinent information to Michael H. –news, articles, sobriety celebrations, events
- PI– Megan H.
 - Printed and folded #600 schedules for \$71.91. Teresa reminded all that the schedule is able to be printed off website as well.
- CPC – Laura L.
 - Attended the Area 24 Spring Conf. The CPC conference was good. Will begin outreach with Iowa City churches. Plan on calling individual church and set up an appointment to hand out schedules and pamphlets.
- Treatment – Michael J.
 - Current Operations: Community and Family Resources 430 Southgate Ave They have a meeting every Thursday at 7 pm Bridge the Gap session every 3rd Sunday. Thursday meeting is a topic discussion meeting, men and women are invited to attend. Meet at the East door about 10 minutes before
 - Thrive Now 6 pm Wednesdays at 15 Silvercrest, Iowa City Has been going for over a month now. Must have 90 days sobriety, please arrive 10 min early to go in together
 - Current Plans
 - I will start seeking to find a co-chair for both Treatment and Corrections to help keep things on track and continuity of service. It would be a great opportunity for me to share my experience for someone new to GSO service to have a low floor for entry.
 - Have a pair of members that have now been in contact with UIOWA hospital That is still ongoing. This position has afforded me a lesson in patience. Things take time.
 - Check to store of pamphlets and books for new meeting. I know a group willing to donate their old pamphlets. Will try to grab them tonight.
 - No current needs. This has been a great source of joy in my sobriety.
- Website-Jim S
 - Sorry that I couldn't make it to today's business meeting. I have updated the fliers on the website as well as the current meeting schedule. Please forward me all your fliers so that we can get them posted under the events tab. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache.
- Intergroup –Bret S
 - 10 were present at this month's meeting. We saw a large donation from Sunday mornings Together We Can Make It group. The treasurer mentioned that the donations from last month were enough to offset the cost of the Spring Picnic, leaving us without much worry for upkeep.
 - We've been trying to stay busy with what we have at Intergroup. The Phone Chair, Heidi W is working on updating the phone list, and on getting together flyers for meetings to get people

interested in the phone. We talked briefly about the N Hall meeting Saturday Noon Group that had run into problems with the buildings access. We also talked about the responsibilities of Intergroup. Groups are encouraged to send reps to participate in Intergroup activities, and service decisions. Intergroup District Liason and Trusted Servant,

- **Unfinished Business**
 - none.
- **New Business**
 - Teresa Spring Conference 354.53 Approved Reimbursement
 - Laura L CPC Literature 42.50 Approved Reimbursement
- **Recovery Group**
 - Our group still meets on Monday, Wed, and Fri at 630 pm . Attendance at meetings has been 8-18. Our Wed meetings have had great speakers sharing their experience strength and hope with us. Our annual picnic in June went well with 20 members and their families attended, Yours ILAS Renee

Happy Hour

Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Coffee is available. Yours in service, Ricarda Patterson, GSR

LGBTQ

We meet on Sunday at 5 pm via Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending.

Monday night Tiffin group:

Group report for Monday night Tiffin group-we meet at Tiffin GUMC at 7 PM. We are an open discussion meeting with an average of 25 to 30 in attendance. Last Monday of the month is Costco cake to celebrate birthdays of the month. This month on the 30th will be with ice cream also. June 5 was 19 years for our group along with June 10 being AA's 90th anniversary! come out and join us. Rick W. GSR

Midwest-

Midwest is going strong Sunday nights at 7 pm with discussion/speaker format. 40-50 in attendance and a growing homegroup. Home group is reviewing the position descriptions. Home group meets 1st Sunday of the month with pizza. Currently have 9 members. Michael H. GSR

Sunlight of the Spirit – no report

Tuesday Night Trudgers:

Tuesday Night Trudgers: Our meeting is on Tuesday night at 7:30 p.m. at Zion in Iowa City. Discussion group. The last meeting of the month we pick a topic to talk about. 20+ attending. Monthly business meetings. Two home group birthdays this month – Jean with 38 years and Jennie E. with 15 years. Shawn GSR

Women's Big Book-no report

Solon Group

Group has restarted. Meets Thursday 7pm at Methodist Church downstairs. Reading/discussion. Open meeting. 6-7 attending regularly. Larry C. and Mel are contacts for the group. Merrilee R reporting

Iowa City YP -no report

North Liberty Tuesday and Friday Night- Tuesday closed meeting, Friday Open meeting. Good attendance. Cindy received 29 year chip and celebrated with a special dessert. No other changes reported.

Primary Purpose no report

Breakfast Club- 6am at Melrose, 7 days a week; new GSR ; Matt B. -report pending

Misfits Group – There has been a slight increase in attendance over the last month. No other changes or additions have been made. Lonna A

Gaunt Prospectors—have secured permission from the AREA Foundation to hold the delegate Potluck and Area Delegate Meeting (Dan P.) on Sunday Sept 14. There is a noon meeting scheduled but they have agreed to meet on the other side or join you. Please let us know if we can be of any help . We will be happy to be of service.
Lonna A, temp GSR

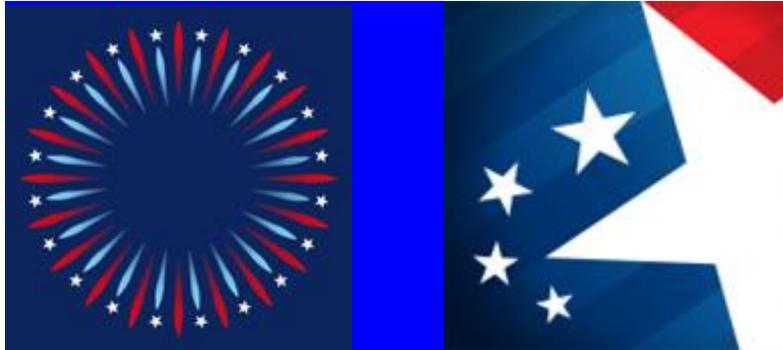
Tiffin Thursday AM Group-new meeting. Meets at 9AM at Veritas Church 700 Forevergreen Road in Tiffin. Gary Hoop is temporary GSR and attending District 13 meetings.

Womens Step Meeting Group – No report

Motion to Close @ 325pm

Submitted by Merrilee Ramsey D13 Secretary

Next Meeting: July 27, 2025 (4th Sunday in July)



Our Redeemer Lutheran Church

2301 Court Street Iowa City

2025 District Meeting Schedule

All meetings 230-330 pm

Iowa City Meetings

- ✓ January 26
- ✓ March 23
- ✓ May 18 (due to Memorial Day weekend)
- July 27**
- September 28
- November – **No Meeting**
(due to Holiday)

Muscatine Meetings

- ✓ February 23
- ✓ April 27
- ✓ June 22
- August 24
- October 26
- December 7