

**District 13 Meeting Minutes**  
**July 27, 2025**  
**Our Redeemer Lutheran Church**  
**Iowa City**  
**230pm-330pm**

**Members Present-** Teresa R., Wayde, Rick W., Cindy G., Stephen F., Jean, Michael J., Laura L., Megan H., Merrilee, Jim S., Renee, Ruth

**New Members/Visitors-** = [Kaseyann149@hotmail.com](mailto:Kaseyann149@hotmail.com) GSR Tipton Group (unable to attend this month)

**Members Absent/Excused:** Sue J., Michael H., Tracey.

Meeting called to order at 230 pm by Teresa R.

- Open with Serenity Prayer
- Concept 7 Reading – Wayde L.
- Officer Reports
  - Secretary Report for June 29, 2025
    - 14 in attendance-2 new members: Matt B. and Stephen F. ; 15 officer reports; 13 GSR reports
    - Secretary and Treasure reports approved with ending balance \$ 2,486.57
    - Received reports from those that attended Spring Conference in Clear Lake
      - Cindy G reported Dan P Area Delegate agreed to come speak on Sept 14 in Muscatine
    - Literature sales showing consistent growth
    - Michael J working hard on Corrections and Treatment interface with AA
    - Reimbursement: Teresa Spring Conference 354.53 , Laura L CPC Literature 42.50
    - Michael H. has decided to change Newsletter to quarterly
    - Grapevine asking for stories as they celebrate 90 years—contact Wayde
    - Intergroup would like additional group reps
    - I suggested a standard format for reports but was unable to get it accomplished. Will try this month to send something out with minutes
    - Meeting adjourned 3:25 pm
  - Treasurer Report- Jean H. District 13 Treasurer Report June-July 2025
    - Starting balance: \$ 2,486.57
    - **Income/Donations:**
      - Literature sales: 15+65+60+131= 271.00
      - Blue Noon: 600.00 (\$300 to treatment/correction)
      - Melrose grp: 100.00
      - Recovery Group: 43.54
      - Sat AM Womans: 89.40
      - Tiffin Monday Night: 100.00
      - **Total income: 1,203.94**

**Expenses:**

- Meeting rent: Area Foundation 15.00
- Book Order Area Assembly 367.50
- Hospers printing: schedules 71.98
- CPC: materials Laura L 42.50
- Teresa R Area 24 Spring conference 354.53
- GSO book order: 70.80 Total
- **Total Expenses: 922.31**

- **New Balance: \$2768.20**
- DCM Teresa
  - Thank you all for being here, hope all your summers are going well. Not much going on right now. I am debating whether to attend the West Central Regional Forum in Omaha, NE September 19-21st. I will ask around and see if anyone else from this area is attending and would like to know if the district would support me to attend? I got on and there it is possible to listen to parts of it, but there is no visual coverage. Anyway, I will let you know in August what I come up with.
  - There's a new piece of literature, "A Book of Fellowship: 90 Years of Sharing Love and Service", which is a celebration of our history and everything that is A.A. around the world today. I would like to have literature order a copy so we can see what it's like. Teresa will notify Sue J.
  - I won't be traveling as much in August so I plan to get meeting information cleaned up as best I can and get out to some groups I do not ordinarily attend and see how they're doing. Especially meetings that do not have representation at district. Remember if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S., so he can get them posted on our website.
  - If you have any questions or concerns, please reach out to me. Thank you all for your service. In love and service,
- Alt DCM-Wayde L
  - I have nothing in the works and I am standing by to assist in any way I can for all district members to utilize. I am looking forward to hearing our Delegate speak at Houser street. I am volunteering for set up and clean up committees. I hope to see everyone there and that we have a good turn out.
- Activities – Cindy G
  - Hello. Isn't sober living grand?! I want to report on the cost of sandwiches from HyVee Catering. 36 sandwiches on buns or Hawaiian rolls are \$60. On croissant rolls \$75. Each platter we can choose 3 different meats and select the cheese we want on the selected meat. The meat choices are roast beef, ham or turkey. The cheese choices are cheddar, colby jack, pepper jack, provolone, sharp cheddar, or swiss. (12 sandwiches are 20\$, 24 are 40\$).
  - I have brought flyers. I will send a copy of the flyers to both Dan P. and Dawn B. I have asked Dawn for a copy of their flyer.
- Archives – Rick W
  - No report
- Literature -Susan J
- Total Sales: \$271. ( I got \$273 so must have done it wrong)
  - Midwest 5 Big Books \$60
  - Young People Spanish Big Book plus Spanish 12x12 \$22
  - 1 individual 12x12 \$11
  - 1 individual who goes to treatment meetings 10 Big Books \$120
  - Melrose 5 large print Big Books \$60
- Total Purchases: \$438.80
  - GSO order \$367.50
  - GSO order \$70.80
  - I did an inventory this month as stated to do twice a year
  - Talked to Lit person of Melrose and they will be placing future orders with us instead of Amazon
  - Had question about co-hosting an event with Intergroup to explain service structure
    - I understand we already sponsor a fall event. Would we want to invite Intergroup? I would suggest Margaret C to be on the panel. She attended International Convention this year

- Great idea for future event
  - Also would like to know if Ok to order 30 of Black in AA pamphlets and distribute to groups. Thursday by the Book meeting has requested 2
    - Approved
  - Also wondered if we should buy any softcover Big Books or 12x12. They are I believe \$1 cheaper
    - Approved 5 of each (check with Teresa on the number)
  - Yours in Service Susan J
- Corrections – Michael J
  - Active meeting at Hope House Residential Center (Coralville). Promotion within the fellowship not yet discussed, but information can be provided if needed
  - Current Plans & Updates
  - Cedar County: Finalized meeting format and outside member procedures. Two volunteers from Tipton meeting ready for background checks; plan to start meetings within the next couple of weeks.
  - Johnson County: No physical meeting space available. Exploring alternatives: Pamphlets, schedules, and digital literature (e.g., Edovo platform). Pre-release contact forms and Turnkey visitor accounts for inmate requests.
  - Oakdale Correctional Facility: Inmate-led meetings already occur; Will explore the option of a daytime meeting.
  - Iowa County: Will contact Captain Jeff Krotz (Monday, 8–4).
  - Muscatine County: Facilities have an existing system; awaiting more information (contact shift supervisor).
  - Upcoming Actions: Create flyer for Treatment and Corrections Opportunities to distribute at meetings. Purchase materials for Cedar County start-up.
- Grapevine: - Wayde L.
  - The grapevine topic for August is Atheists and Agnostics and they are looking for personal stories on the struggles within A.A. getting sober. You can also send in any experiences and personal stories as well and the sharing with others for all to relate to. I can and will help anyone to get their story out and get a subscription to the magazine. I am also putting up our display at the gathering to hear our Delegate speak. In service: Wayde L, ( Grapevine chair)
- Newsletter – Michael H
  - I still struggle to be able to put enough information that pertains to the District itself to continue moving forward with this position, I've also found I just do not have the time to sit at my PC when I had originally heard of this position. As much as I want to continue on doing the newsletter, at this time I am going to ask that my name be removed from the newsletter position so it can be filled with someone who is more capable. Report by Merrilee via Michael
  - This position is now open and will be announced at meetings
- PI– Megan H.
  - New LGBTA+ meeting at Melrose (not affiliated with Melrose), will check in before printing next schedules if they want to be added on it.
- CPC – Laura L.
  - Compiling list of churches to provide AA information
- Treatment – Michael J.
  - Current Operations
  - Community and Family Resources. Location: 430 Southgate Ave. Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women).
  - Bridge the Gap session every 3rd Sunday. Members meet at the East door ~10 minutes before start.

- Thrive Now. Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm. Requirement: 90 days sobriety; arrive 10 minutes early to enter together
  - Current Plans: Seeking a co-chair for Treatment and/or Corrections for better continuity of service.
  - A pair of members is coordinating with UIOWA hospital: Working on anonymity protocols for hospital visits (ongoing).
  - Developing a flyer for treatment and corrections opportunities to distribute at meetings.
- Website-Jim S
  - Brad D has reached out to me to help Intergroup get their meeting list updated and synced with ours. It sounds like until they can get the 12-step meeting plug in figured out for syncing to our list that they are going to deactivate their list and insert a link to our website for the current meeting list.
  - It has been brought to my attention that there is a new Meeting on Thursday at 7:30. Kathy from the Melrose Group is trying to get us a contact for the group. Kathy mentioned that they do not want to have the meeting posted on the website until they know that the meeting has traction. Kathy also mentioned that there is going to be a new meeting starting up on August 5th at 6pm. It is a co-ed meeting and will be taking place downstairs and the Women's meeting will remain at 6pm upstairs. I was able to find a flier for the New Thursday night meeting at Melrose, and I will get that posted on the website. If anyone has a flier on the other meeting started August 5th I will get that posted as well. Please forward me all your fliers so that we can get them posted under the events tab.
  - As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. Jim S.
- Intergroup –Bret S
  - As the Intergroup District Liason I have had an opportunity to join the conversation about "What is Intergroup?" with fellow Intergroup members. Here is something Bryan D. shared with Intergroup from the AA Guidelines - Intergroup or Central Offices.
  - "The A.A. Guidelines below are compiled from the shared service experience of A.A. members throughout the U.S. and Canada. They also reflect guidance given through the Twelve Traditions and the General Service Conference. In keeping with our Tradition of autonomy except in matters affecting other groups or A.A. as a whole, most decisions are made by the group conscience of the members involved. The purpose of these Guidelines is to assist in reaching an informed group conscience."
  - That statement I took from the Guidelines to give everyone an explanation of "What Intergroup is". Since some may not understand it, such as myself. That the term "Intergroup" was after the term "Central Offices" possibly is mentioned in the Guidelines. This Guideline is attached to the report for any member that would like to reqd it, to understand better what Intergroup or Central Offices offer.
  - The phone numbers we share with intergroup for the "sick and suffering" alcoholic that may call in, is 1 important role of Intergroup. But also reaching out to groups, as well as creating fellowship opportunities. The Spring Picnic, and the New Years Eve events are good examples of Intergroups work in Iowa City/Muscatine. We're currently discussing our Intergroup and how best to work with it. Heidi W. our Phone Chair, has put together a flier for meetings. The flier will try to get the attention of other alcoholics in recovery that would like to share their number with the AA phone line. The flier should be going out to groups soon. I dont have a version of it

to share today. I've included the Intergroup Guidelines, Intergroup Representatives outreach flier, and treasurers report with this months Intergroup District Liason report.

- Groups are encouraged to send reps to participate in Intergroup activities, and service decisions.
- Trusted servant, Bret S.

- **Unfinished Business**

- **Fall Event**

- Refreshment discussed: Meat and cheese on Hawaiian rolls; attendees to bring side dish/dessert
    - Flier developed by Cindy G and will be added to Website

- **New Business**

- Literature requests as above by Susan J. approved
  - Will also order 90<sup>th</sup> year AA anniversary book
  - \$250 spending limit for Literature charge without board approval authorized

- **Recovery Group**

- The recovery group still meets Monday, Wednesday and Friday from 630pm to 730pm at Zion Lutheran church in Muscatine. We usually have anywhere from 6 to 15 people in attendance. Big Book meeting Monday, speaker meeting Wednesday, and discussion meeting on Friday. Your's in love and service Renee

- **AA on Houser**

- AA on Houser (A/K/A Houser House) is an open meeting located at 704 S Houser Street, Muscatine, Iowa. It is an open discussion format, meeting 7 days a week at noon. We also meet Monday, Wednesday, Friday, Saturday, and Sunday nights at 7 PM. Monday nights we go through the 12 steps and 12 traditions. Wednesdays we go through the big book - a group conscious meeting was held Saturday July 26th to discuss reformatting of future Wednesday night meetings-I will update next month. Friday and Saturday are both open discussion and Sunday nights are a grapevine meeting. The 1st Saturday of every month we host a speaker meeting beginning with a potluck at 6 PM and speaker to follow at 7 PM. Attendance has had a slight decline of regular members out on sick leave and is being offset with a slight incline of new members. Blanca, GSR

- **Happy Hour**

- Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Coffee is available. Yours in service, Ricarda Patterson, GSR

- **LGBTQ**

- We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. Jim S.

- **Monday night Tiffin group**

- Monday night Tiffin group-we are a open discussion meeting at Tiffin GUMC starting at 7 PM. The group celebrated 19 years on June 5. Costco. cake on the last Monday of the month to celebrate Monthly birthdays. Our group attendance has been steady at around 25. Rick W. GSR

- **Midwest**

- Midwest is going strong Sunday night at 7 pm with discussion/speaker format Zion Lutheran in Iowa City. Great speaker selections. 40-50 in attendance and a growing homegroup. Home group updated the position descriptions. Home group meets 1<sup>st</sup> Sunday of the month with pizza. Currently have 9 members. Michael H. GSR per email, reported by Merrilee

- **Tuesday Night Trudgers:**

- Our meeting is going well with 15-25 people each week. We are a discussion meeting that meets at Zion Lutheran Church on the ground floor in the main meeting room Tuesday evenings from 7:30-8:30. We have recently bought a decent selection of literature that we have for sale including some plain

language big books and some grape vine compilations, so feel free to come check out our meeting and our literature if you are interested. Ruth, alt GSR

- **Solon Group**
  - Group meets Thursday 7pm at Methodist Church in Solon. downstairs. Reading/discussion of any AA approved materials. Open meeting. 6-7 attending regularly. Larry C. and Mel are contacts for the group. Merrilee R reporting
- **Saturday Women's Big Book Study**
  - 9 am Gloria Dei Iowa City. 15-20 average. Read Big Book followed by sharing. Virtual and in-person meeting. No upcoming events. Ashley T. contact. GSR position open.
- **Primary Purpose**
  - No report for Primary Purpose our business meeting is Thursday the 31st.
- **By the Book**
  - Meet at Gloria Dei on Thursdays at 6:30 pm. Big book study, read the months step chapter on the first Thursday of the month. Hybrid. Approximately 12-20 people attend. Attend Thai Flavors afterwards for fellowship. Megan H., GSR
- **Women of Worth**
  - At Iowa City Sober Living. Address can be obtained by texting Amy S. at 309-221-9588. Wed 6pm. Attendance residents at house plus 3+ from community. Big book discussion meeting. Having a fundraiser for the house at Zion Lutheran 23rd 11:30-2pm. Taco Bar. Reported by Amy S. House Manager via email
- **Tipton Group**
  - Tipton Group meets every Thursday at 5 pm at 600 Mulberry Street. Average attendance is about 8 people and up to 15 on a good day. The format is a general discussion and topic. Recruitment is high and see a new person almost every week. They are looking to host an event in the future. GSR = Kaseyann149@hotmail.com. Report to District from Michael J.

○ **Breakfast Club**- 6am at Melrose, 7 days a week; new GSR ; Matt B. -report pending  
Motion to Close @ 325pm

Submitted by Merrilee Ramsey D13 Secretary



**NEXT MEETING**

**AUGUST 24**

**704 HOUSER ST**

# MUSCATINE IA

District Meeting Schedule 2025 All meetings 230-330 pm

## Iowa City Meetings

- ✓ January 26
- ✓ March 23
- ✓ May 18 (due to Memorial Day weekend)
- ✓ July 27
- September 28
- November – No Meeting  
(due to Holiday)

## Muscatine Meetings

- ✓ February 23
- ✓ April 27
- ✓ June 22
- August 24
- October 26
- December 7