

District 13 Meeting Minutes
August 24, 2025
704 Houser St
Muscatine Iowa
230pm-330pm

Members Present- Jim S., Wayde, Teresa, Cindy, Rick, Michael J., Laura L., Susan, Jean, Bret, Ruth, Kasey, Renee, Tracy

New Members/Visitors-

Members Absent/Excused: Merrilee R, Blanca G., Matt B., Michael H., Megan, Matt B., Ricarda,

Meeting called to order at 2:30 by Teresa R.

- Open with Serenity Prayer
- Concept 8 Reading – Wayde L.
- Officer Reports
 - Secretary Report for July 27, 2025
 - 15 in attendance-1 new members: Kasey GSR Tipton Group kaseyann149@hotmail.com
 - 13 officer reports; 13 GSR reports
 - Secretary and Treasure reports approved with ending balance \$ 2,768.20
 - Sept 14 Event reviewed. Sandwiches from HyVee. Bring a dish to pass.
 - Literature sales showing consistent growth with \$271.00 in sales
 - Michael J working hard on Corrections and Treatment interface with AA
 - Newsletter position remains open
 - Grapevine asking for stories on Atheists and Agnostics
 - Intergroup would like additional group reps
 - Officer and GSR report template sent out with minutes
 - Meeting adjourned 3:25 pm
 - Treasurer Report- Jean H. District 13 Treasurer Report July-August 2025
 - Starting balance: \$ 2,768.20
 - **Income/Donations:**
 - Literature sales 238.00
 - Happy Hour Group 65.00
 - **Total income: 303.00**
 - **Expenses:**
 - Meeting rent: Area Foundation 15.00
 - Book Order GSO 298.45
 - Mini Big Book for Corrections 5.00
 - **Total Expenses: 318.45**
- **New Balance: \$2757.75**
- DCM Teresa
 - First of all, thank you all for showing up. I attended the Area 24 Business meeting in Marshalltown on August 10th. Treasure report we have a balance of \$10,893.22 (\$12,000 prudent reserve). Pink can is set with a balance of \$3,579.85 (\$500.00 prudent reserve). If you would like to be added to the Area 24 drop box reach out to Nate W., our alternate delegate at area24.altdelegate@aa-iowa.org.
 - I have registered to attend the West Central Regional Forum in Omaha, NE Sept 19th-21st. I have under new business for the asking if district will cover my expenses. Looking forward to the experience and what information I can bring back to our District. Parts of the Forum will also be

live streamed audio-only and if you get on and register select the option “Live Streaming Only” if you would like to listen to some of it.

- Business addressed in Marshalltown: Finding a central location for all Area Events and that was tabled; 2026 Fall bids, there were two (District 4 Waterloo/Cedar Falls and District 17 Spencer) District 4 got the bid. Bank committee will be deciding at Fall Conference whether to change banks from Wells Fargo to First Interstate because of the convenience of switching authorized handlers when positions change. Our chair, Beth C, will be putting together a subcommittee to explore different time options for Area Conference workshops because some of them are very late in the evening.
- A motion was made that if the Reserve Fund falls below 9 months, we will allow a one-year period to adjust the Reserve Fund above 9 months’ operating expenses. This did not pass, and we were asked to take it back to the groups. Bottom line is AA has been losing money in the last couple of years, and the proposal would look at how to keep the Reserve Fund from being depleted.
- The 2025 Area Fall conference will be held in Ft Dodge, October 17, 18,19.
- Remember if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S., so he can get them posted on our website. If you have any questions or concerns, please reach out to me. Thank you all for your service. In love and service, Teresa R
- Alt DCM-Wayde L
 - We are fast approaching our area 24 Delegates talk and luncheon at 704 South Houser street with the details coming together and organization is in full swing. I will help make flyers and volunteer to be set up and clean up with the finalization of the who's and what's within our district. I will also bring the District 13 brief history booklet for anyone to take at their convenience. Please bring any concerns so we can approach it together and resolve it quickly. I am standing by for any request for assistance.
- Activities – Cindy G
 - List circulated for Sign up service for Sept 14
 - Raffle tickets will be free
 - Jean will organize book give away; winner will be allowed to choose from book display
 - 3 books from Susan inventory
 - Wayde will have available 2 Grapevine Compilations—jokes and sponsorship are favorites
 - Cross Stitch from Cindy G.
- Archives – Rick W
 - Archives – planning to set up display at our fall event in Muscatine on September 14. Not much else to report! In-service Rick W.
- Literature -Susan J
 - Total expenses: Ordered a case of soft cover big books, one hardcover big book, 30 pamphlets of Black in AA and 1 copy of 90th anniversary book from International conference for total of \$283. Of the above order gave Michael 15 soft cover big books; Gave Thursday by the Book meeting 3 copies of Black in AA pamphlet
 - Total sales: \$22 from Young People meeting for the spanish big book and 12x12 that were delivered some months ago.
 - New business: reaching out to Muscatine to see about books and pamphlets they might need; Reached out to Melrose, Midwest, Tues Trudgers and they don't need any books right now; Waiting to hear from Young People meeting
- Corrections – Michael J

- Active meeting at Hope House Residential Center (Coralville). Promotion within the fellowship not yet discussed, but information can be provided if needed
 - Current Plans & Updates
 - Cedar County: Finalized meeting format and outside member procedures. Two volunteers from Tipton meeting ready for background checks; plan to start meetings within the next couple of weeks.
 - Johnson County: No physical meeting space available. Exploring alternatives: Pamphlets, schedules, and digital literature (e.g., Edovo platform). Pre-release contact forms and Turnkey visitor accounts for inmate requests.
 - Oakdale Correctional Facility: Inmate-led meetings already occur; Will explore the option of a daytime meeting.
 - Iowa County: Will contact Captain Jeff Krotz (Monday, 8–4).
 - Muscatine County: Facilities have an existing system; awaiting more information (contact shift supervisor).
 - Upcoming Actions: Create flyer for Treatment and Corrections Opportunities to distribute at meetings. Purchase materials for Cedar County start-up.
- Grapevine: - Wayde L.
 - This month's subject for the magazine is "Stories of gratitude"! Please submit your personal story on what makes you grateful to be submitted to the Grapevine magazine. I will help in any way I can with that process and any other type stories are also welcome. The story you share might touch and inspire someone else to do the same. I am putting up our grapevine display at the delegates talk in September. In service: Wayde L.
- Newsletter -position open
 - Cindy G. agreed to take over until end of this term to maintain the Newsletter
 - Interval of printing TBD
- PI– Megan H.
 - New LGBT+ meeting at Melrose (not affiliated with Melrose), will check in before printing next schedules if they want to be added on it.
 - Flyer has different zip code
 - e on back—to be looked into
 - New info on ICSL Women's meeting sent to Megan by Merrilee via Amy (Program Manager)
- CPC – Laura L.
 - Compiling list of churches to provide AA information
- Treatment – Michael J.
 - Current Operations
 - Community and Family Resources. Location: 430 Southgate Ave. Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women).
 - Bridge the Gap session every 3rd Sunday. Members meet at the East door ~10 minutes before start.
 - Thrive Now. Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm. Requirement: 90 days sobriety; arrive 10 minutes early to enter together
 - Current Plans: Seeking a co-chair for Treatment and/or Corrections for better continuity of service.
 - A pair of members is coordinating with UIOWA hospital: Working on anonymity protocols for hospital visits (ongoing).
 - Developing a flyer for treatment and corrections opportunities to distribute at meetings.
 - DRAFT of flyer attached; comments to Michael; not for distribution
- Website-Jim S

- Brad D has reached out to me to help Intergroup get their meeting list updated and synced with ours. It sounds like until they can get the 12-step meeting plug in figured out for syncing to our list that they are going to deactivate their list and insert a link to our website for the current meeting list.
 - It has been brought to my attention that there is a new Meeting on Thursday at 7:30. Kathy from the Melrose Group is trying to get us a contact for the group. Kathy mentioned that they do not want to have the meeting posted on the website until they know that the meeting has traction. Kathy also mentioned that there is going to be a new meeting starting up on August 5th at 6pm. It is a co-ed meeting and will be taking place downstairs and the Women's meeting will remain at 6pm upstairs. I was able to find a flier for the New Thursday night meeting at Melrose, and I will get that posted on the website. If anyone has a flier on the other meeting started August 5th I will get that posted as well. Please forward me all your fliers so that we can get them posted under the events tab.
 - As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. Jim S.
- Intergroup –Bret S
 - We had 8 in attendance at this month's Intergroup Meeting. The Saturday Morning Women's group, Happy Hour, and the Monday Night Tiffin group donated. We are paid up on our Phone line and answering service. We have also secured a room for the NYE party, at Our Redeemer Lutheran Church. Our current balance is \$3,127.76. We're hoping to find candidates to fill our Communications Chair position and the Vice Chair position. These positions would be for the rest of the year, and next year. Heidi our Phone Chair was not present this month. We passed a vote to allocate money for Web Support. This was a sticky situation for Joe M and he will be using that support to get his questions answered and hopefully be guided through the process. We had 4 Intergroup Reps in attendance. The 4 groups that were represented were doing fine. We talked about events such as the Chili Cook Off last year, and didn't decide on hosting that again. If anyone has anyone for the Communications position or for the Vice Chair opening, come to the next Intergroup Meeting. Our next meeting is September 6th 2025 at 10:00 am.
- **Unfinished Business**
 - See Activities report for new update and details regarding Sept 14 Event
- **New Business**
 - Motion to enable Teresa to attend Regional Forum in Omaha approved
 - Expenses will be split with Cindy G.—hotel, gas, food
 - Reimbursements for Megan for printing : \$29.66 approved
- **Recovery Group**
 - The recovery group still has meetings every Monday, Wednesday, and Friday at 630pm. Attendance has been down some around 8 to 15 people per meeting. Our 35th group anniversary will be October 11th at Zion Luthern Church (Where our meetings are held) . It will be a pot luck, and a speaker Erica B from the quad cities will be speaking. Turkey and ham provided and lots of cake! Bring a side dish to share! Should be a fun time! (I am bringing a flyer)Yours in love and service
- **AA on Houser**
 - GSR name: Blanca G. Name of Group: Houser House Location: 704 S Houser Street, Muscatine, IA 52761. Day(s) and Time(s) of Meetings: Noon 7-days/week. Monday, Wednesday, Friday, Saturday & Sunday 7PM. Format of meeting: Monday: 12 steps & 12 traditions. Wednesday: general discussion. Friday: general discussion. Saturday: general discussion. Sunday: grapevine.Open or Closed: All meetings are open. Average attendance: Noon meetings have been averaging 6 in attendance which is a slight increase. Evening meetings are also seeing a slight increase in attendance, average in attendance has been 12.

Business meeting/Group Conscious info: Time of meetings, location, open positions: Next group conscious meeting TBD @ Houser House, 704 S Houser Street, Muscatine, Iowa 52761. Open positions for volunteers on fundraising, groundskeeping and group conscious boards. Changes to meeting: Wednesday night meetings have changed from big book format to open discussion. Events / Celebrations: Meeting Anniversary: N/A Member sobriety celebrations: September 5th: Fred K receiving his 33 year chip. August 16th: Jeff received his 41 year chip. August 18th: Brenda Z received her 18-month chip. Upcoming Events - Speaker event, potlucks, etc. Speaker meeting will be held on Saturday September 6th. Bonnie will be our guest speaker. Potluck starts at 6, please feel free to bring a side dish to share. Meeting starts at 7, looking forward to seeing you all at Houser House located at 704 S Houser Street, Muscatine, Iowa, 52761. Lastly, Michael has requested a list of volunteers for the Muscatine jail, they are as follows: Kelly P, Tyren T, Bonnie M, Raul, Patty G, and myself. In love and service, Blanca G, Houser House

- **Happy Hour**

- Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Coffee is available. Yours in service, Ricarda Patterson, GSR

- **LGBTQ**

- We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. Jim S.

- **Monday night Tiffin group**

- Monday night Tiffin group – we meet every Monday night at 7 PM at Grace United Methodist Church on 300 W. Marengo Rd. our group is an open discussion meeting with an average of 25 or more in attendance. On the last Monday of the month we serve Costco cake to celebrate monthly birthdays. Come out and join us. Rick W. GSR

- **Midwest**

- Midwest is going strong Sunday night at 7 pm with discussion/speaker format Zion Lutheran in Iowa City. Great speaker selections. 40-50 in attendance and a growing homegroup. Home group updated the position descriptions. Home group meets 1st Sunday of the month with pizza. Currently have 9 members. Michael H. GSR per email, reported by Michael J.

- **Tuesday Night Trudgers:**

- Our meeting is going well with 15-25 people each week. We are a discussion meeting that meets at Zion Lutheran Church on the ground floor in the main meeting room Tuesday evenings from 7:30-8:30. We have recently bought a decent selection of literature that we have for sale including some plain language big books and some grape vine compilations, so feel free to come check out our meeting and our literature if you are interested. Ruth, alt GSR

- **Solon Group**

- Group meets Thursday 7pm at Methodist Church in Solon. downstairs. Reading/discussion of any AA approved materials. Open meeting. 6-9 attending regularly. Larry C. contact for the group. Merrilee R reporting

- **Saturday Women's Big Book Study**

- 9 am Gloria Dei Iowa City. 15-20 average. Read Big Book followed by sharing. Virtual and in-person meeting. No upcoming events. Ashley T. contact. GSR position open.

- **Primary Purpose**

- Primary Purpose Group is noticing a decline in attendance. We are holding elections in October to select new officers. Maybe that is why they are missing. We will hold our regular scheduled business meeting next Thursday. We meet every Thursday at Calvary Church in Muscatine at 7pm. Always there at 630PM for fellowship. Come visit. Love and Service Tracy T

By the Book Big Book Study

Meet at Gloria Dei on Thursdays at 6:30 pm. Big book study, read the months step chapter on the first Thursday of the month. Hybrid. Approximately 12-20 people attend. Attend Thai Flavors afterwards for fellowship. Megan H., GSR

- **Women of Worth**

- At Iowa City Sober Living. Address can be obtained by texting Amy S. at 309-221-9588. Wed 6pm. Attendance residents at house plus 3+ from community. Big book discussion meeting. Amy S. Program Manager

- **Tipton Group**

- GSR Name: Kasey Hayes. Name of Group: Tipton AA Group Location: First UCC Church – 600 Mulberry Ave. Tipton, IA 52772. Days/times of meetings: Every Thursday @5pm . Format: Open, discussion Average attendance for August: 6 Business meeting info: Business meetings are the last Thursday of the month at 6pm following the AA meeting. Our first business meeting was in July. July’s business meeting included voting members into positions. We have Tom M. serving as treasurer, Tom V. and Kat C. serving as Tipton’s AA meeting representatives at the county jailhouse, Kasey H. serving as GSR, Secretary and Chairperson, Brian serving as GSR & secretary alternate. August business meeting info TBD.
- Events/Celebrations: We are celebrating Kat C and his 46 years of sobriety this month as well as celebrating a returning member who picked up a 24hr coin this month.
- Needs/Concerns: Our treasurer would like more info on opening a bank account for the group and specific duties needed for his role.
- Officer Reports: No officer reports at this time, will update at August business meeting on Aug 28th.

Breakfast Club-

- Matt B. Breakfast Club 511 Melrose Ave, Iowa City 7 days per week at 6:10 AM Meetings are Open Average attendance: 9-12 Business Meeting is the last Friday of the month, immediately following the regular meeting. Events/Celebrations Meeting Anniversary TBD A Birthday Board is shared by the 511

Melrose Groups.

- Birthdays are celebrated on the last Friday of the month at the 6PM meeting. There are no group events presently scheduled. The group has no needs or concerns to share at this time.

Motion to Close @ 3:30 pm

Submitted by Merrilee Ramsey D13 Secretary—I was not at the meeting but received notes from Ruth A.—thank you again! Any correction or additions please notify me.

NEXT MEETING SEPTEMBER 28

OUR REDEEMER LUTHERAN COURT STREET—IOWA CITY

District Meeting Schedule 2025 All meetings 230-330 pm

Iowa City Meetings

✓ January 26

Muscatine Meetings

✓ February 23

✓ March 23

✓ May 18 (due to Memorial Day weekend)

✓ July 27

September 28

November – No Meeting

(due to Holiday)

✓ April 27

✓ June 22

✓ August 24

October 26

December 7