

District 13 Meeting Minutes
September 28, 2025
Our Redeemer Church
Iowa City
230pm-330pm

Members Present- Teresa R., Wayde L., Merrilee, Jean H., Michael H., Michael J., Renee R., Megan H., Cindy G., Gary H., Rick W., Jim S., Tracy T.,

New Members/Visitors- Eric R., Tuesday Trudgers GSR, Elesa W., Women's Step Mtg, Jeff N., Intergroup/Breakfast Club,

Members Absent/Excused: Laura L., Susan J., Matt B., Bret

Meeting called to order at 230pm by Teresa R., DCM

- Open with Serenity Prayer
- Concept 9 Reading – Wayde L.
- Officer Reports
 - Secretary Report for August 24, 2025
 - 14 in attendance-
 - 14 officer reports; 15 GSR reports
 - Secretary and Treasure reports approved with ending balance \$ 2,757.75
 - Teresa DCM plans to attend West Central Regional Forum in Omaha Sept 19-21
 - Requesting D 13 to cover expenses—approved
 - 2025 Fall Conference in Fort Dodge Oct 17-19
 - 2026 Fall Conference in Waterloo
 - Sept 14 Event reviewed and is ready to welcome Dan P, Delegate
 - Literature sales \$22; orders \$283
 - Michael J continues working hard on Corrections and Treatment interface with AA
 - Newsletter: Cindy G. will fill in as Newsletter chair
 - Grapevine asking for stories on Gratitude
 - Need to clarify new/additional meetings at Melrose for schedule and website
 - Intergroup would like additional group reps. Current balance \$3127.76
 - Meeting adjourned 3:25 pm
 - Motion to approve: Tracy, Second: Rick, Approved
 - Treasurer Report- Jean H.
 - District 13 Treasurer Report August 2025
 - Starting balance: \$ 2,757.75
 - Income/Donations:
 - Literature sales: 229.00
 - Midwest Group 50.00
 - Delegate Event donations 47.00
 - Total income: 326.00
 - Expenses:
 - Meeting rent: Area 24 Foundation 15.00
 - Megan H Meeting schedules 29.66
 - Total Expenses: 44.66
 - New Balance: \$3039.09
 - Motion to approve: Megan Second: Merrilee, Approved
- DCM Teresa

- Jim S--- maybe picked up books from Teresa, had check but no receipt
- Total sales = \$230
- Purchases
- \$0
- Order for Area
 - We are out of Big books and 12x12. I would like to order case of each
 - We are out of abridged soft cover and would like to order 5
 - Should we buy and softcover 12x12? they are \$1 cheaper than hardcover
 - Tuesday Trudgers would like 5 Big books
 - Aaron S from LGBTQ would like 3 Hardcover Big books + 3 softcover 12x12
 - Midwest would like to order pamphlets: Is AA for you, This is AA, Do you think you're different, A newcomer asks, and frequently asked questions about AA. they would like 10 of each
 - Bonnie relayed that Muscatine may put in an order at District meeting
- I have asked Merrilee to text me what is decided as the order has to be put in by Oct 2nd. Sorry I couldn't attend
- It was discussed that in a previous meeting we voted to give the Literature Chair a \$500 budget (per order) to purchase literature without additional District vote. Susan will be informed by Merrilee.
- Corrections – Michael J
 - Current Operations: Active meeting at Hope House Residential Center (Coralville). Promotion within the fellowship not yet discussed, but information can be provided if needed. Meeting at Cedar County Sheriff's Office. Format may change. Donated 15 AA Big Books
 - Current Plans & Updates : Johnson County: No physical meeting space available. Exploring alternatives: Pamphlets, schedules, and digital literature (e.g., Edovo platform). Look into Turnkey Account for visitation. Oakdale Correctional Facility: Inmate-led meetings already occur; Will explore the option of a daytime meeting. Iowa County: Need to follow up. Haven't received any contact back. Muscatine County: Facilities have an existing system; awaiting more information
 - Upcoming Actions : Have a Flyer for Treatment and Corrections Opportunities to distribute at meetings
- Grapevine: - Wayde L.
 - We had a great turnout and raffle for a grapevine book on the Twelve Steps. I will be following the Discussion from area 24 and G.S.O. on budget cuts and the future of the Grapevine magazine as well as other Grapevine concerns. We have a great display and many books available for purchase. If you need help ordering the magazine or submitting a story please make contact with me.
- Newsletter -Cindy G
 - Hello! Me again! I am pleased as punch to report that we put out a healthy district newsletter earlier this month. It went out to 64 email addresses. I am excited to report that the day the newsletter went out two people from my home group quoted items from the newsletter.
 - Again, Yours in service Cindy G
- PI– Megan H.
 - I added the following meetings to the meeting schedule:
 - 1. Thursday 7:30 pm Open Iowa City LGTBQ+ AA at Melrose
 - 2. Thursday 12:10 pm Closed Women's Step study at Zion Lutheran
 - 3. Tuesday 6 PM O Co-Ed meeting at Melrose (downstairs)
 - 4. Tuesday 6 pm O women's meeting at Melrose (upstairs)
 - I added the following District business meetings:
 - 1. October 26th at Muscatine.
 - 2. No November meeting due to Holiday

- 3. December 7th at Muscatine.
 - I added the sign that said there will be no Saturday meetings at Melrose (except 6 am) during
 - Needs reimbursement for 800 copies (see new business).
- CPC – Laura L.
 - No report
- Treatment – Michael J.
 - Current Operations: Community and Family Resources, Location: 430 Southgate Ave. Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women). Bridge the Gap session every 3rd Sunday. Members meet at the East door ~10 minutes before start. Thrive Now. Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm. Requirement: 90 days sobriety; arrive 10 minutes early to enter together
 - Current Plans: Seeking a co-chair for Treatment and/or Corrections for better continuity of service. Distribute a flyer for treatment and corrections opportunities to distribute at meetings.
- Website-Jim
 - Good Afternoon Everyone, I have reached out to Bryan with Intergroup about adding the Intergroup 24 hour number to the meetings on the website. I know that it was discussed at the intergroup meeting but there is a concern that was brought up about receiving calls from outside of the Iowa City area. I don't see how it is different than having their number on the district schedules, but I wasn't at the meeting to hear the discussion. I believe that the intergroup liaison will bring this up Intergroups concerns. Thank you to Megan who got me all the updated information on the new meetings. When it comes to entering new meetings to our website. I need to know; The actual meeting name, Date, Time, Open/Closed, Format, Men/Women/Co-Ed, or anything that one might think would be note-worthy about it. Like everything the more information we can get the better. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. In Love and Service, Jim
- Intergroup –Bret S
 - Jeff new Intergroup Liaison
 - Treasurers balance: \$2,778.82. The answering service is paid, and Bluehost was paid for their time. The webmaster of the current term Joe M has reported that all issues that had occurred were fixed. There was some discussion during this month's meeting which was all that could take place at this month's Intergroup. Several of us were not available for the meeting and that left us without a full group! There was discussion about upcoming elections, the Halloween party on October 31st, and the NYE party coming up later on. Anyone having interest in Intergroup should attend our meetings and get a feel for what's to come in the next election cycle. Our Phone Chair Heidi W has been passing around a phone list and updating her copy. Feel free to add your name OR subtract it! The phone list helps give us opportunities to connect with newcomers and the sick and suffering. The NYE party is coming quickly and we will be certainly looking for support with it. If you have any prior experience planning, or anything else related to this event join Intergroup at our next business meeting. Our next business meeting will be held October 4th 2025 at 10 am! Thank you for allowing me to serve as your District Intergroup Liaison! In service, Bret
- Unfinished Business
 - None
- New Business
 - Thank you card for Dan P.
 - Circulated to group and signed
 - IAYPAA support for conference bid in Iowa City

- Megan H. requested a letter from District 13 in support of IAYPAA submitting a bid for the 2026 conference to be held in Iowa City
- Lengthy discussion on what this letter means for District 13
- It is required by the Bid Application and does not require District to be involved in the planning or financial support, merely that District does not see any contraindication for the conference to be held in Iowa City
- Megan will provide Teresa with the information, and the group was in favor of Teresa writing a letter
- Clarify Holiday meeting schedule—location?
 - No meeting in November
 - December meeting Dec 7 in Muscatine
 - January meeting Jan 25 in Muscatine
 - Will Zoom if bad weather
 - 2026 Schedule will be attached to October Minutes
- District 13 Minutes on Website
 - ???? asked if District 13 meeting minutes could be available on Website
 - Jim S., current webmaster, will place monthly minutes on website
 - He can use the copy sent to him from Secretary
 - Motion to approve: Jean Second: Ricarda Approved
- Donation to GSO
 - Rick suggested we submit a donation to GSO in light of the concerns raised by Dan P., AA Delegate, specifically inability to cover Prudent Reserve and continued decline in Grapevine income
 - Members discussed and agreed on \$500 to be sent to GSO
 - Motion to approve: ?????? Second: Approved.
- Reimbursements
 - Cindy G. \$79.50 District Event
 - Megan \$93.14 District meeting schedules
 - Teresa \$338.48 West Central Forum attendance (previously approved)
 - Motion to approve: Tracy Second: Rick Approved

GSR Reports (*includes only those groups that submit reports at the monthly meeting or via email*)

- Recovery Group
 - Our group had our group elections in September for the new positions in January . We have all our positions filled that were up for elections. We will be having our 35th group anniversary October 11th at 6pm at Zion Lutheran church in Muscatine. Our speaker is Erika B we will be having smoked pulled pork sandwiches and cake, bring a side dish to share. Drinks provided. Our meetings are still Monday, Wednesday and Friday at 630 pm. There is usually around 8 to 15 people in attendance. Yours in Love and Service Renee
- Almost Friday Mid-Morning Group
 - The Almost Friday Mid-Morning Group meets every Thursday morning at 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. This Group was founded Thursday April 25-2025. The Group is moving forward with Volunteers for Officer Chairs, working on obtaining a Tax Number and opening up a new Checking Account. The Group is an open meeting, with an average of 12 - 18 in attendance and there is plenty of parking and good coffee. Gary H GSR.
- Happy Hour
- Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion or a reading from the choice of the Chair. There has been 11 – 15 attendees and we are seeing some new faces returning. Coffee is available. Yours in service, Ricarda P, GSR

- LQBTQ
 - We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. Jim S. GSR
- Monday night Tiffin group
 - Monday night Tiffin group: we meet at 7 PM in the Grace United Methodist Church 300 W. Marengo Rd. in Tiffin. Our group is an open discussion meeting with an average of 25 or more. The last Monday of the month we celebrate that months anniversary's with a Costco sheet cake. Tomorrow night there's over 170 years on the birthday board. Come join us!!!! Rick W. GSR
- Midwest
 - Midwest is going strong Sunday night at 7 pm with discussion/speaker format Zion Lutheran in Iowa City. Great speaker selections. 50-60 in attendance and a growing homegroup. Home group updated the position descriptions. Home group meets 1st Sunday of the month with pizza. Currently have 11 members. Hosting Halloween party on October 31. Planning committee will meet again Oct 12 at Zion at 530-630. Anyone wishing to help contact Michael H. GSR or Merrilee R.
- Tuesday Night Trudgers: Eric
 - New GSR. Welcome Eric.
- Solon Group
 - Group meets Thursday 7pm at Methodist Church in Solon. downstairs. Reading/discussion of any AA approved materials. Will be rotating Chair Person every month. Open meeting. 6-9 attending regularly. Larry C. contact for the group. Merrilee R reporting
- Saturday Women's Big Book Study
 - 9 am Gloria Dei Iowa City. 15-20 average. Read Big Book followed by sharing. Virtual and in-person meeting. No upcoming events. Ashley T. contact. GSR position open.
- Primary Purpose Tracy T
 - May be dissolving group due to low attendance---more to be revealed. Members would be able to join the Recovery Group.
- By the Book Big Book Study
 - Meet at Gloria Dei on Thursdays at 6:30 pm. Big book study, read the months step chapter on the first Thursday of the month. Hybrid. Approximately 12-20 people attend. Attend Thai Flavors afterwards for fellowship. Megan H., GSR
- Women of Worth
 - At Iowa City Sober Living. Address can be obtained by texting Amy S. at 309-221-9588. Wed 6pm. Attendance averages 8 women. Big book discussion meeting. No upcoming events to announce. Amy S. Program Manager
- Breakfast Breakfast Club Matt B. GSR.
 - 511 Melrose Ave, Iowa City, 7 days per week at 6:10 AM. On football home game Saturdays, the Breakfast Club meets at Lower City Park. Meetings are Open. Average attendance: 10-15. Business Meeting is the last Friday of the month, immediately following the regular meeting. Events/Celebrations. Meeting Anniversary TBD. A Birthday Board is shared by the 511 Melrose Groups. Birthdays are celebrated on the last Friday of the month at the 6PM meeting. There are no group events presently scheduled. The group has no needs or concerns to share at this time. Matt B. GSR
- North Liberty Tues and Fri night
 - Both meetings at 7pm at North Liberty Rec Center. Tues is closed meeting, Fri is open. Topic/discussion meeting. Average 20. Cindy G.-attendee

Motion to Close @ 3:35 pm by Tracy, second Megan. Approved

Submitted by Merrilee Ramsey D13 Secretary

NEXT MEETING:
OCTOBER 26TH
704 HOUSER ST
MUSCATINE



District Meeting Schedule 2025

All meetings 230-330 pm

Iowa City Meetings

- ✓ January 26
- ✓ March 23
- ✓ May 18 (due to Memorial Day weekend)
- ✓ July 27
- ✓ September 28
- November – No Meeting
(due to Holiday)

Muscatine Meetings

- ✓ February 23
- ✓ April 27
- ✓ June 22
- ✓ August 24
- October 26**
- December 7