

28th Edition October 2025

### **AAversaries!**

**Andrew M. 1 Year** Young People's Group

**Margaret F. 12 years** Friday Night Women's Group

**Seth D. 15 Years** Breakfast Club Iowa City

**Joe M. 19 Years**

**Sheila V 19 Years** Primary Purpose Group

**Beth F. 25 Years** By The Book Group

**Cindy V. 40 Years** North Liberty Friday Night

**CONGRATULATIONS To All Those With October Sobriety Anniversary Dates!**

**IMPORTANT INFORMATION** If you want your sobriety birthday featured in our future newsletter, there are simple rules: Years only, 1<sup>st</sup> name, last initial, home group. To [iadistrict13newsletter@gmail.com](mailto:iadistrict13newsletter@gmail.com) by 15<sup>th</sup> of the month. If you want to receive this newsletter, send an email to [iadistrict13newsletter@gmail.com](mailto:iadistrict13newsletter@gmail.com).

### **WE ARE NOT A GLUM LOT.**

What were the last words of the fish at the AA meeting?

“Hello, I’m a fish and I’m dry.”

Why did the anvil get sent to AA?

He was always getting hammered.

After the AA meeting, the ghost finally admitted it. He has a boos problem.

## **AREA 24 AA**

### **DISTRICT 13**

**[iadistrict13.org](http://iadistrict13.org)**

#### 2025-2026 District Officers and Chairs

Teresa R. DCM

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Merrilee R. Secretary

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Jean H. Treasurer

[iadistrict13treasurer@gmail.com](mailto:iadistrict13treasurer@gmail.com)

Cindy G. Activities Chair

[iadistrict13aaactivities@gmail.com](mailto:iadistrict13aaactivities@gmail.com)

Rick W. Archives Chair

[iadistrict13archives@gmail.com](mailto:iadistrict13archives@gmail.com)

Michael J. Corrections Chair

[iadistrict13corrections@gmail.com](mailto:iadistrict13corrections@gmail.com)

Laura L. Cooperation w/Prof Comm

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Wayde L. Grapevine Chair

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Susan J. Literature Chair

[iadistrict13literature@gmail.com](mailto:iadistrict13literature@gmail.com)

Cindy G. Newsletter Chair(vacant )

[iadistrict13newsletter@gmail.com](mailto:iadistrict13newsletter@gmail.com)

Megan H. Public Information Chair

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Michael J. Treatment Chair

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**Stepping Stones** is the historic home of Bill and Lois Wilson, cofounders of Alcoholics Anonymous and Al-Anon, located in Bedford Hills, New York.

**Stepping Stones** is a significant historic site that served as the home of Bill Wilson (Bill W.) and Lois Wilson (Lois W.) from 1941 until their deaths in 1971 and 1988, respectively. The house, a Dutch Colonial Revival structure built in 1920, is located on 1.7 acres and features various artifacts and memorabilia related to the founders of Alcoholics Anonymous (AA) and AlAnon. The site is recognized as a National Historic Landmark and is listed on the state and National Register of Historic Places.

### Visiting **Stepping Stones**

**Tours:** Indoor access to the historic home and Bill's writing studio is available by guided tour only, and advance reservations are required. Tours typically last 60/90 minutes and are offered Monday through Saturday.

**Outdoor Access:** Visitors can explore the grounds from 9 a.m. to 5 p.m. daily without a reservation. This includes access to gardens and outdoor areas.

**Reservations:** To visit the indoor areas, you must submit a Tour Request Form on the **Stepping Stones** website or call for availability.

### Historical Significance

**Stepping Stones** is not just a home; it is a place where the foundations of the recovery movement were laid. Bill Wilson wrote much of the foundational literature for AA here, including "The Big Book." Lois Wilson also developed AlAnon, a support group for families and friends of alcoholics, at this location. The site is filled with personal artifacts, including Bill's writing desk and the kitchen table where many significant conversations took place.

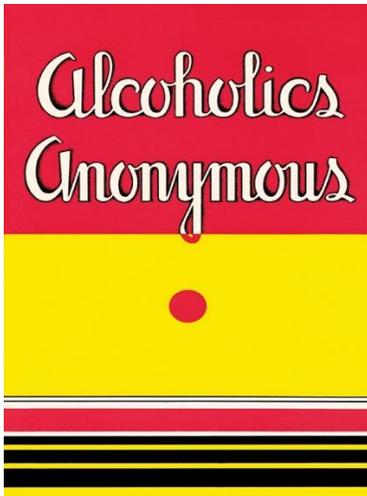
**Location:** The address is 62 Oak Road, Katonah, New York.

**Contact:** For more information, you can visit the **Stepping Stones** Foundation website or call them directly.

**Stepping Stones** serves as a poignant reminder of the Wilsons' contributions to the recovery community and continues to inspire visitors from around the world.

[Historic Site Of Bill & Lois Wilson - Stepping Stones Foundation](#)





\$2 USD

Dear A.A. Friends, We are delighted to announce the reduction of the List Price for the beautifully produced facsimile First Edition of Alcoholics Anonymous, which was first produced in celebration of the 75<sup>th</sup> Anniversary of the Big Book in 2014. ALCOHOLICS ANONYMOUS FACSIMILE FIRST PRINTING OF THE FIRST EDITION (Item B0) is now priced at \$2 USD, for the foreseeable future! (AA.org)

## UPCOMING EVENTS

**The Iowa City Intergroup** meets online on the first Saturday of the month at 10 am. Zoom ID 810 0506 4290 Passcode Wilson. November Meeting will be ELECTIONS! **Service Opportunities are Available!**

**Next District Meeting will be Sunday, October 26th at 2:30 PM,** At 704 S Houser, Muscatine. We usually meet on the 4<sup>th</sup> Sunday of the month with a few exceptions, alternating between Our Redeemer Lutheran Church and 704 S Houser, Muscatine. We will not meet the 4<sup>th</sup> Sunday in November and December. We will meet December 7<sup>th</sup> in Muscatine.

**Midwest Group** will be hosting Halloween Party this year. A Committee formation meeting on Sept 21 at 530 at Zion if anyone is interested in helping organize the party, come to meeting. This is a great **service opportunity!**

**FYI: Area 24** (the State of Iowa) has a newsletter that comes out 5 times a year. If you would like to receive access to it contact [Area24.Newsletter@aa-iowa.org](mailto:Area24.Newsletter@aa-iowa.org). It is available to all AA members, and you are an AA member if you say you are.

### **Pink Can Address**

AREA 24  
PO Box 1291  
Des Moines, Iowa 50305

**Please make checks out to "Iowa Area Assembly" and note "Pink Can" on the memo line.**

Contributions can be made online at [aa.org](http://aa.org) and or [aa-iowa.org](http://aa-iowa.org)

General Service Office  
PO Box 2407  
James A Farley Station  
New York, NY 10116-2407  
Make checks payable to  
General Service Board

Area 24 /Iowa Area Assembly  
PO Box 1291  
Des Moines, IA 50305

Payments can be made through  
PayPal and Venmo



**OCT 31ST** Midwest Group & Al-Anon Present **5:30 PM**  
**10:00 PM**

# **HALLOWEEN** *Party*

## **@ZION LUTHERAN CHURCH**

310 N Johnson St  
Iowa City, IA 52245

**POTLUCK - COSTUME PARADE - RAFFLE**  
**AA & AL-ANON SPEAKERS - KARAOKE -**  
**CHILDCARE DURING SPEAKERS AVAILABLE**

**DOORS OPEN @ 5:30PM**  
**PARTY ENDS @ 10:00PM**  
**\$5 SUGGESTED DONATION**  
**CHILI PROVIDED BRING A DISH TO SHARE!**

Service opportunities are available!  
Questions or looking to help?  
Contact: Michael H - 319-594-1666

# HELP WANTED

WCRAASC  
Feb. 27th-March 1st 2026.  
Double Tree

**LOOKING FOR VOLUNTEERS TO  
HELP WITH REGISTRATION**

**FOR MORE INFO CONTACT EMILY O  
(319-389-5467)**



# 2026 West Central Regional Service Conference

Feb 27 - Mar 1, 2026

Hosted by Area 24

## HUMILITY IN ACTION

### Conference Registration

Pre-Registration before Feb 1<sup>st</sup> = \$30  
After Feb 1<sup>st</sup> = \$35  
Mail in form below with check by 2/15/26 or  
Register Online: <https://tinyurl.com/WCRSC2026>



### Hotel Information

DoubleTree Downtown Cedar Rapids  
350 1st Ave NE, Cedar Rapids, IA 52401  
Lodging Reservations = \$135 (taxes + fees included)  
Parking = \$15/day  
<https://tinyurl.com/DTCR-Reservations>



### Miscellaneous Info

For more conference information,  
visit <https://westcentralregion.org>

Attend in person or virtually  
(Link provided after Registration).

Unlimited **coffee pass available**  
for \$30, buy in advance, or pay per  
cup at the Conference.

To register by mail, send this portion with your check made payable to West Central Region. Mail by 2/15/26 to WCRAASC, PO Box 196, Cedar Rapids, IA 52410

Name: \_\_\_\_\_ Area: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Home Group: \_\_\_\_\_ Service Position: \_\_\_\_\_

Do you need Closed Captioning? \_\_\_\_\_ Spanish? \_\_\_\_\_ Will you be joining In Person? \_\_\_\_\_ Virtually? \_\_\_\_\_

Are you purchasing a coffee pass? Yes \_\_\_\_\_ No \_\_\_\_\_



**“You don’t have to see the whole staircase. Just take the 1<sup>st</sup> Step.”**  
-Martin Luther King Jr.