

District 13 Meeting Minutes

October 26, 2025

AA on Houser

704 Houser ST

Muscatine IA

230pm-330pm

Members Present- Teresa R., Wayde L., Merrilee, Jean H., Michael H., Michael J., Renee R., Megan H., Cindy G., Gary H., Rick W., Jim S., Tracy T., Susan J., Mike C., Elisa, Eric R., Jeff N., Bret S., Matt B.,

New Members/Visitors: Mike C., Elisa

Members Absent/Excused: Laura L.,

Meeting called to order at 230pm by Teresa R., DCM

- Open with Serenity Prayer
- Concept 10 and 11 Reading – Wayde L.
- Officer Reports
 - Secretary Report for September 28, 2025
 - 16 in attendance- 4 excused absences
 - 3 new members-Eric R. (Tues Trudgers), Elesa (guest), Jeff N. (Breakfast Club, Intergroup)
 - 13 officer reports; 14 GSR reports
 - Secretary and Treasure reports approved with ending balance \$ 3039.09
 - Teresa DCM reported on West Central Regional Forum in Omaha Sept 19-21
 - Wayde, alt DCM to attend Fort Dodge conference
 - Sept 14 Event successful. Thank you card for Dan P, Delegate
 - Reported financial concerns GSO
 - Voted to send GSO \$500 from D-13
 - Literature sales \$230; order to be placed; \$500 budget reviewed
 - Michael J continues working hard on Corrections and Treatment interface with AA
 - Newsletter: Cindy G. will send out October Newsletter
 - Grapevine and Archives to set up display at Halloween party Oct 31 in Iowa City
 - Megan shared schedule updates
 - Intergroup would like additional group reps. Current balance \$2778.82. Contributed to Halloween Party and plans to host NYE party
 - Megan requested letter of support for IAYPAA conference to be held in Iowa City; Teresa will write a letter from D13
 - District 13 minutes to be posted on Website
 - Reimbursements approved
 - Meeting adjourned 3:25 pm Motion to approve: Tracy, Second: Rick, Approved
 - Treasurer Report- Jean H.
 - District 13 Treasurer Report September 2025
 - Starting balance: \$ 3039.09
 - Income/Donations: \$ 272.00
 - Expenses: \$ 1831.17
 - New Balance: \$ 1479.92
 - Motion to approve: Megan Second: Cindy G. , Approved
 - DCM Teresa
 - Again, thank you all for showing up, you're awesome. Nothing to report. Thank you Wayde for covering for me at the Fall Conference. Remember if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S.,

so he can get them posted on our website. If you have any questions or concerns, please reach out to me. Thank you all for your service. In love and service, Teresa R District 13 DCM

- Alt DCM-Wayde L
 - I went to Ft. Dodge, Iowa to the Area 24 fall conference last weekend. I received the GSO reports and voted on items outlined in the Area 24 minutes and agenda. All went well and I shared our district report with the conference members and those attending. I brought back GSO reports and agenda items provided. I am proud of our hard working district members and GSR's. In service: Wayde L.
- Activities – Cindy G
 - On October 20th I sent out the October newsletter again to 62 email addresses.
 - I used the district newsletter and the Area Newsletter at the area fall conference newsletter workshop to show how I have used the different formats, Word, PDF, and Mailchimp to create the newsletters. Yours in Service, Cindy G Interim Newsletter Chair
- Archives – Rick W
 - I went to the Area24 Fall conference in Ft. Dodge, Iowa last week and gave our districts report. I had a lot of fun and interacted with many people while attending. I also pick up the reports from GSO and Area receiving 5 books. I went to an archives workshop and talked on Bill Wilson and his affect on A.A throughout his history. I stayed only one night due to obligations to family and homegroup. I will pass on what I received to our DCM. Let's keep doing the great work District 13 is doing and I am very proud of our officers and GSO's who put the rubber to the road.
- Literature -Susan J

▪ Sales: 1 Service manual to individual		\$5	
▪ Purchases			
▪ Big Book HC	28	\$12.00	\$336.00
▪ 12 x 12 HC 20		\$11.00	\$220.00
▪ 12 x 12 SC 10		\$10.00	\$100.00
▪ Big Book Pocket	5	\$6.00	\$30.00
▪ Is AA for You?	10	\$0.15	\$1.50
▪ This is AA	10	\$0.30	\$3.00
▪ Do you think you're different?	10	\$0.40	\$4.00
▪ A newcomer asks	10	\$0.15	\$1.50
▪ Frequently asked Q's about AA	10	\$0.35	\$3.50
▪ Indigenous People in AA	5	\$1.50	<u>\$7.50</u>
▪ Total:			\$707.00
- Corrections – Michael J
 - Current Operations: Active meeting at Hope House Residential Center (Coralville). Promotion within the fellowship not yet discussed, but information can be provided if needed. Meeting at Cedar County Sheriff's Office. Format may change. Donated 15 AA Big Books
 - Current Plans & Updates : Johnson County: No physical meeting space available. Exploring alternatives: Pamphlets, schedules, and digital literature (e.g., Edovo platform). Look into Turnkey Account for visitation. Oakdale Correctional Facility: Inmate-led meetings already occur; Will explore the option of a daytime meeting. Iowa County: Need to follow up. Haven't received any contact back. Muscatine County: Facilities have an existing system; awaiting more information
 - Upcoming Actions : Have a Flyer for Treatment and Corrections Opportunities to distribute at meetings
- Grapevine: - Wayde L.
 - I picked up grapevine books we needed from D.J. at the conference and we are in good shape. If you need help with Grapevine material or ordering and submitting stories, I will be glad to help.
 - In service: Wayde L.

- Newsletter -Cindy G
 - Hello! Me again! I am pleased as punch to report that we put out a healthy district newsletter earlier this month. It went out to 64 email addresses. I am excited to report that the day the newsletter went out two people from my home group quoted items from the newsletter.
 - Again, Yours in service Cindy G
- PI- Megan H.
 - 10.26.2025 PI Report – Megan. New meeting: - 9:30 pm Friday. o 511 Melrose. o Open. o Discussion
- CPC – Laura L.
 - No report
- Treatment – Michael J.
 - Current Operations: Community and Family Resources, Location: 430 Southgate Ave. Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women).Bridge the Gap session every 3rd Sunday. Members meet at the East door ~10 minutes before start. Thrive Now. Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm. Requirement: 90 days sobriety; arrive 10 minutes early to enter together
 - Bridge the Gap. Gained 4-5 new volunteers to be temporary contacts. Also gained contact information for two new District Treatment Chairs. About half of those using bridge the gap are in district, half our
 - Current Plans: Seeking a co-chair for Treatment and/or Corrections for better continuity of service. Distribute a flyer for treatment and corrections opportunities to distribute at meetings.
- Website-Jim
 - Good Afternoon Everyone, I have the website updated with the current meetings in our District and the current flyers that I have. Megan forwarded me the information on the new Friday night 9:30 Melrose meeting. I have it put into the meetings, but I have not hit publish on it. In the past we had a 60-day grace period before adding the meetings to the schedule to make sure that the meeting has legs and will continue. Do you want me to wait the 60 days before publishing the meeting on the website? I also have the meetings for the current year posted to the Website. I would like to hear the group's feedback as to how many years we want to keep posted online.
 - As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week's delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache.
- Intergroup –Bret S
 - We had a 9 at our meeting this month, officers, and IG Representatives. We received an \$816 donation from the Melrose Group, paid for the phones, and donated to the Halloween Party.
 - The phone chair was hoping to talk with the answering service that we use and ask about "what they provide". Also, who to give our Phone list of AAs to. We had several discussions about the Phone, and we'll be sure to bring this back to the next district meeting for updates.
 - Cindy G was present to discuss opportunities for Intergroup to get involved in some District events in 2026. The NYE party planning is underway. If anyone has party planning experience or special skills with decorating, Laura H our Treasurer could use you! The next NYE planning meeting is Nov 15th.
 - Elections will be at our next meeting, which is Nov 6th. We would like all to mention this to their home groups. We will be looking to fill the district liaison and co-chair. Bret
- Unfinished Business
 - IAYPAA 10 – Megan: - Iowa Young People's of AA 10th annual conference is coming to Iowa City in 2026!!!!!! Thanks for the district's support in getting this done!!!
- New Business

- Discussed length of time new meetings should be in existence before going live on website and paper schedule. Currently 60 days. Take back to groups for Group Conscience

GSR Reports (includes only those groups that submit reports at the monthly meeting or via email)

- Recovery Group
 - The recovery group still meets Monday, Wednesday and Friday at 630 pm at Zion Lutheran Church in Muscatine. We have anywhere from 6 to 15 people at our meetings. Our 35-anniversary celebration held on October 11th went off well. We had about 40 people that attended! Lots of food including smoked pulled pork sandwiches, tamales, and cake! Erica B shared her experience, strength, and hope with us! She was a great speaker! Yours in love and service renee
- Almost Friday Mid-Morning Group
 - The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open, and the discussion follows the reading of the Daily Reflections. The Chairperson is rotated monthly. There are on average between 12 - 16 in attendance. The Group Conscious Meeting is held on the 3rd. Thursday of each month. The Group will decide next Thursday if we will hold or cancel our regular scheduled Meeting on Thanksgiving Day?
- Happy Hour
 - Meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come through the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion or a reading from the choice of the Chair. There has been 11 – 15 attendees and we are seeing some new faces returning. Coffee is available. Yours in service, Ricarda P, GSR
- LGBTQ
 - We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. Jim S. GSR
- Monday night Tiffin group
 - Monday night Tiffin group: we meet at 7 PM in the Grace United Methodist Church 300 W. Marengo Rd. in Tiffin with a 7pm bell. Our group is an open discussion meeting with an average of 25 or more. Business meeting the first Monday after regular meeting. The last Monday of the month we celebrate that month's anniversary's with a Costco sheet cake. Rick W. GSR
- Midwest
 - Midwest is going strong Sunday night at 7 pm with discussion/speaker format Zion Lutheran in Iowa City. 50-60 in attendance and a growing home group. Home group updated the position descriptions. Home group meets on the 1st Sunday of the month with pizza. Currently we have 11 members. Hosting Halloween party on October 31. Michael H. GSR
- Tuesday Night Trudgers: Eric
 - Tues at 730 pm at Zion Church in Iowa City. Meet and eat scheduled for November.
- Melrose Group
 - Election held on 10/14/25. New GSR Michael C. 505-918-5307 mpcrawfo44@hotmail.com
 - New alt GSR Elise G. 480-252-4874 Elise.goodvin@gmail.com
 - 17 current meetings held at 511 Melrose Iowa City; 2 new meetings: Friday 930pm open discussion, to begin 10/24; Saturday 4pm, Spanish, Open discussion; to begin 11/14. The house meetings are closed on Iowa Football Home Games Days 11/8 and 11/22 remaining for this year. Meeting attendance is good and attended by a wide range of individuals young and old.
- Solon Group
 - Group meets Thursday 7pm at Methodist Church in Solon. downstairs. Reading/discussion of any AA approved materials. Will be rotating Chairperson every month. Open meeting. 6-9 attending regularly. Larry C. contact for the group. Merrilee R reporting

- Saturday Women’s Big Book Study
 - 9 am Gloria Dei Iowa City. 15-20 average. Read Big Book followed by sharing. Virtual and in-person meetings. No upcoming events. Ashley T. contact. GSR position open.
- Primary Purpose Tracy T
 - Have decided to dissolve the group due to low attendance.

By the Book Big Book Study Megan GSR

- 6:30 pm at Gloria Dei on Thursday nights. - Hybrid. - Having birthday cake to celebrate that month’s sobriety birthdays on the last Thursday of each month after the meeting at Thai Flavors. - **No in-person meeting on Thanksgiving but will be hybrid.**

- Women of Worth
 - Women’s Meeting held at Iowa City Sober Living. Contact 319-600-7626 for address/directions. Wed 6pm. Big book discussion meeting. Attendance averages 8. No upcoming events to announce. Amy S. Program Manager
- Breakfast Club Matt B. GSR.
 - 511 Melrose Ave, Iowa City; 7 days per week at 6:10 AM. (On football home game Saturdays, the Breakfast Club meets at Lower City Park.) . Meetings are Open. The meeting chair selects readings from the AA Daily Reflection, the Big Book or AA approved literature. Average attendance: M-Sat.10-15 Sun. 5-8 with a mix of newcomers and long term sobriety. Business Meeting is the second Friday of the month, immediately following the regular meeting. Events/Celebrations: Meeting Anniversary TBD; Our Birthday Board is shared with the other 511 Melrose Groups. Birthdays are celebrated on the last Friday of the month at the 6PM Melrose meeting. Needs/Concerns: The group has been without a GSR until earlier this year. Recent group business meetings/group conscience are centering on the group structure (we currently have daily chairs and offices that have not rotated for some time) and the group's wishes for service.
- North Liberty Tues and Fri night
 - Both meetings at 7pm at North Liberty Rec Center. Tues is closed meeting, Fri is open. Topic/discussion meeting. Average 20. Cindy G.-attendee.

Motion to Close @ 3:35 pm by Tracy, second Megan. Approved

Submitted by Merrilee Ramsey D13 Secretary

NO MEETING IN NOVEMBER

NEXT MEETING:

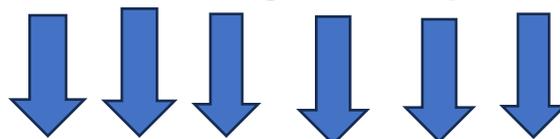
DECEMBER 7TH

704 HOUSER ST

MUSCATINE IOWA

2026 District Meeting Schedule

All meetings 230-330 pm



Iowa City Meetings

January 25

March 22

May 17 (due to Memorial Day weekend)

July 26

September 27

November – No Meeting

(due to holiday)

Muscatine Meetings

February 22

April 26

June 28

August 23

October 25

December 6

(due to holidays)

Please mark your calendars now so you don't forget!