

District 13 Meeting Minutes
February 23, 2025
704 S. Houser Street
Muscatine Iowa
230pm-330pm

Members Present- Wayde, Lonna, Reyney, Cindy G., Tracy T., Michael H., Michael J., Megan, Susan J., Merrilee

Members Absent/Excused: Teresa DCM, Ricarda GSR, Rick W., Jean H., Monica F., Jim S.,

Meeting called to order at 230 pm by Wayde

- Open with Serenity Prayer
- Concept Reading – Wayde
- Officer Reports
 - Secretary Report for January 26, 2025
 - Minutes summarized and approved. Please send your reports to mrarnp@hotmail.com or iadistrict13secretary@gmail.com prior to the meeting if possible
 - Treasurer Report- Jean H. District 13 Treasurer Report
 - Starting Balance 1984.51
 - Expenses:
 - Our Redeemer Church meeting rental: 15.00
 - Book order (Susan) 222.06
 - PO box yearly rental: 188.00
 - Total Expenses** **\$ 425.06**
 - Income:
 - Literature sales: cash from Sally 34.00
 - Literature sales: Midwest meeting 101.00
 - Midwest meeting donation: 100.00
 - Total Income** **\$ 235.00**
 - Current Balance:** **\$1794.45**
 - Motion to approve: Megan Second: Susan Approved
 - DCM-Teresa
 - So sorry I am missing today and know Wayde has my back. For all Chairs and GSR's If you go onto aa.org, click on Inside AA and then on Information for new trusted servants you'll see that there are kits with information for your positions, I think it's the first line that says if you would like to access the digital kit, please click here. If you click, you'll have access to everything. Please reach out if you have any questions. If your home group went over the agenda items for the 75th General Service Committee items and have an opinion on any, please if you could get it to me, I would appreciate it so then I can condense the info and get it to our delegate at the March sharing session in Marshalltown. If you can email them to me that would be great if you have papers if you could give them to Cindy G and I can get them from her, thank you. Thank you all for your service.
 - Alt DCM – Wayde L
 - We are finishing February's business and forging ahead towards "Spring". I am standing by ready to assist in A.A. affairs with any GSR or chair position; Please approach me after our meeting today. We have some topics of discussion and regular business on our agenda and I am standing by to listen to any suggestions from our chairs and GSR's pertaining to the efficiency of our meetings.
 - Activities – Cindy G
 - I have secured the Hills Community Center on Sunday, May 4th for the day. I have a preliminary flier for the event. I reached out to a friend in Cedar Rapids who mentioned I was interested in

people to fill out a sponsorship panel. Tracey T of Muscatine, Mike M,, Bill H., and Danielle, all of Cedar Rapids have expressed interest. The rent of the facility is \$25 for the day. As I am not a resident of Hills I sent in a \$100 deposit that will be returned if the facility is left clean. I ordered 30 flyers for the workshop and will request that the district cover the cost.

- Archives – Rick W
 - Rick out of town. Cindy reported she has a notebook of all past newsletters she will be passing to Archives.
- Literature – Susan J
 - Literature February 2025---Susan
 - Sales total \$154.00
 - Individual cash \$17.00
 - Friday Men's Group/individual check \$137
 - Purchases \$210.96
 - PLBB 20
 - Sponsorship pamphlets 36
 - ***Out of Service Manual
 - ***Out of Came to Believe (asked Area lit for 5)
 - *** Currently have 5 Alcoholics Anonymous and 4 of 12x12
- Corrections – Michael J
 - Updates: Candice is in Washington Iowa and has gotten permission to take AA meetings into the Washington County Jail. Washington is not in District 13 but some of us might be able to help out there until we get into Johnson County again. She is setting it up as more of a speaker style. The Jail is asking for 3 years sobriety. The coordinating AA committee is asking that folks have worked all 12 steps and are not so stringent on the 3 years. You can reach out to me if you are interested.
 - I have Emailed Cedar county Bode Koranda - Second Deputy/ Jail administrator ·
 - Iowa County Captain Jeff Krotz
 - Muscatine County Matt McCleary - Jail Administrator
 - Johnson County Captain Good
 - I will call back each one next week for a follow up if no response, then one more time a week after. Then try the cycle again for those without a response in three months.
 - I have also talked with someone within the program that is familiar with Oakdale Correctional Facility and they are reaching out to their contacts within. I would see them tonight at a meeting but I have another obligation
 - Current Operations-- There is a meeting currently being brought into Hope House Residential Center in Coralville. I have not talked to those who go in about promotion within the fellowship but they have a dedicated group of volunteers which is growing
 - Current Plans -- To reach out to each facility to see how I can be of service and gain information
 - Current Needs --To gain access to the corrections email.
- Grapevine – Wayde L.
 - This month's feature is "Sober and out" where LGBTQ members share stories of tolerance and acceptance along with service, sponsorship, and love within A.A. The magazine is a meeting in print and covers controversial articles, humor and short stories of members. If you need help with subscriptions or submitting stories I am willing to assist whenever needed.
- Newsletter – Michael H
 - Circulated a colorful draft of this months newsletter. It was approved to be emailed. Michael has great ideas for future editions.
- PI– Megan H. (Jan and Feb)

- PI – With Theresa’s help, I was able to log into the email and get connected with the meeting list to edit it.
 - Have been looking for print shops. Talked to Staples who had prices over budget. Got more information to talk to small, family own businesses instead of big commercial businesses. Got an estimated amount of how much printing should cost per quarter, which is super helpful. Melrose 6 pm Saturday meeting is not on the list. Will double check with Melrose homegroup to make sure they want it on the list as it is also not on the Meeting Guide online. No other meeting changes have been discussed.
 - CPC – Megan H. (Jan and Feb)
 - CPC – I got an email from the CPC desk at the GSO with the highlighted link, see attached.
 - Nothing to report for Feb.
 - Treatment – Michael J 812-361-6715
 - Current Operations : As far as I understand Community and Family Resources is the only in patient facility within our district, so my focus and past focus has been placed there. They have a meeting every Thursday and Bridge the Gap session every 3rd sunday. I have a list of volunteers who are responsive and dedicated to the Bridge the Gap meeting. They have also been going to AA meetings outside to get a feel for what meeting culture is like. Bridge the Gap has been a highlight for me, going the last two months and having it be an information session for the program . Main questions are on sponsorship. Have had at least one person each time request a temporary contact.
 - Current Plans : Reach out about more treatment meetings that were in the past . Ex) UIOWA Hospital, Last month I planned on it, This month I will begin contacting people.
 - Contact CFR about book policy . Probably try to get 12&12 and Plain Language in there
 - There was a specific question on why the writing was so hard to read and why they don’t change it during Bridge the Gap in January. Purchase or print the pamphlet F-184 A.A. Temporary Contact/Bridging the Gap Volunteer - Outside To provide better information to those I talk to about fulfilling this role. I have been sending the pdf.
 - Current Needs: Volunteers for Bridge the Gap when residents leave facilities as temporary
 - Contact. I have 3-4 numbers and people who are responsive. But I want to increase this incase we have a bumper crop of those interested. Also to aid those coming to Iowa City from Outside Districts. It is not intended that you become their sponsor, even temporarily. It is best if the word “sponsor” is not used.
 - Website – Jim S
 - Sorry I couldn’t be here in person today. I decided not to ask Iowa City Intergroup about posting their number on the meetings that appear on the meeting finder app. My phone number appears on there and is pulled from the phone on the information that was entered in when I set up the Bluehost account. I am reaching out to Adam, the Area 24 webmaster, for his advice on how to make my phone number does not appear.
Please forward me all your fliers so that we can get them posted under the events tab.
As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup’s link, Area’s link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache.
 - Intergroup –Bret S—Everyone gave their report. We discussed a new event and then canceled it.
- Old Business
 - Getting Jim’s number off website—perhaps use email

- Date for Spring workshop on Sponsorship—May 9 at Hills Community Center, pizza and soda will be provided. Speakers Tracy T, Mike M, Danielle, Bill H, and perhaps someone from IC. See above report. Requesting reimbursement for 30 sponsorship flyers.
- Make sure all Chairs can sign into District emails
- Reminder: Bad weather updates as per last year
 - Check emails/texts for updates if Zoom meeting needed for Feb or March due to weather
- New Business
 - CPC and PI split—tabled until next month
 - Reimbursements:
 - Cindy G: \$10.80 for Sponsorship brochures for event to be reimbursed to Literature

GSR Reports

Recovery Group The recovery group had their annual group inventory in February. Looking at ways in which our group can better carry the message to the alcoholic still suffering. Almost all of our home group members attended. We also had our groups secretary's night. With past secretaries invited to share. Our upcoming fun and games event will be March 1 at the Putnum museum, a 3d movie and dinner following. We have had good attendance and discussions at all 3 meetings this past month. Yours in love and service Renee (2/2025)

Melrose Good attendance at Melrose. We are having our seating reupholstered and all Group Conscious positions have been filled. In Love and Service, Monica F (01/2025)

Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Yours in service, Ricarda Patterson, GSR (02/2025)

LGBTQ We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. In Love and Service, Jim (2/2025)

Monday night Tiffin group: We meet every Monday night at 7 PM at Tiffin GUMC 300 W. Marengo Rd. It is an open meeting with the reading from usually the big book for discussion. Our attendance has been 25+ with several newcomers lately. We have a business meeting on the first Monday of the month. Birthday cake will be the last Monday of every month. Home group members = 16! Rick W. GSR (02/ 2025)

Women's Step Meeting Meets Friday at 5:30 pm as a hybrid meeting at Zion in Iowa City. The in-person meeting has child care. The first Friday of the month is a speaker meeting. Business meeting is at 6:30 on the first Friday of the month. GSR position is open (no update received)

Flimsy Reed Group -meets every Sunday at 6pm at Melrose. Reading out of 1st edition Alcoholic Anonymous. We continue to have well attended meetings and several folks from Retrograde Recovery are usually in attendance as well. In service, Tom F. GSR (no update received)

Midwest- Sunday night 7pm Zion in Iowa City; speaker and discussion; we continue to have 40-50 attending and a great selection of speakers. Business meetings first Sunday of the month and we provide pizza!. Winter Games will be March 29 at Zion, Iowa City. Time 5-9pm Al-Anon and AA speaker, potluck, and games . Childcare during speakers. Raffle for AA and Al-Anon books.

W.O.W. Women of Worth Wednesday night 6pm Daily Reflections discussion at Iowa City Sober Living residence. Location directions by email iowacitysoberliving@gmail.com. It is an open meeting. (no update)

Tuesday Night Trudgers: Tuesday Night Trudgers: Our meeting is on Tuesday night at 7:30 p.m. at Zion in Iowa City. Discussion group. The last meeting of the month we pick a topic to talk about. 20+ attending. Monthly business meetings. Shawn P GSR (2/2025)

Gaunt Prospectors: Gaunt Prospectors meet on Thursday 5:30 pm and Sunday 9am, 704 S Houser St, Muscatine. Both meetings well attended (12-14), We continue to be a Big Book topic meeting (first 164 and prefaces). (no update received)

Women's Big Book Meets Saturday at 9am at Gloria Dei Church on the Corner of Market and Dubuque in Iowa City. We are a hybrid meeting and about 15 to 25 women attend. We go through the first 164 pages of the Big Book, then alternate between the 1st, 2nd and 3rd story sections. (no update received)

Iowa City YP group still going strong. Typically 40-50 people per meeting. We meet Saturday nights @ 8pm @ St Andrews Presbyterian church on 140 Gathering Place Lane. Meeting is a rotating format: discussion, panel, meditation, speaker. Any 5th Saturday is discussion. Currently have 8-10 home group members. Holiday Party-- \$10 White Elephant gift. Mike P. GSR (Jan 2025)

North Liberty Tuesday and Friday Night-Consistent group 18-22+, Tuesday is a closed meeting. Friday 7pm meeting is open and located at the same place. Updated by Cindy G. (02/2025)

Primary Purpose Our regular group conscious meeting "Big Kids" meeting met 12/05/24. We had our Group Inventory at 430PM. Our group members had time to answer questions from aa.org Inventory Guidelines. We all submitted to our facilitator from District 9. She chaired the group inventory and will summarize our action items and provide to group secretary. We have some great action items coming forward since our District CPC has been inactive we are going to reach out to our professionals in the Muscatine community for any need for AA. I will be sure to include any activity in my monthly GSR report. We followed the inventory with our regular scheduled business meeting. Our group had an amazing fun and games activity on 11.14 Picasso Pottery in Muscatine. We had 11 in attendance. Great fun had by all. Our group voted on a new format to include "Sponsorship is a vital part of recovery, anyone willing to sponsor please raise your hand. Anyone wanting a sponsor please see one of these members after the meeting." Unanimous. It has made a significant difference on how newcomers respond. It really expresses "I want to" when members raise their hand. Our activity chair has nothing planned for December but we will support the activity at the Recovery Group for the holiday. Love & Service Tracy T GSR Primary Purpose Group (12/2024)

Breakfast Club Sean F GSR Meets M-F at 610 am. Held at Melrose. Group conscious meetings held at 7 am second Friday of every month. Board positions are Chair, Treasurer, Secretary, GSO and Intergroup. Readings are at the discretion of the chairperson but most commonly from Daily Reflections. All meetings are open and visitors are encouraged to attend. The actual Breakfast meeting is held the 3rd Friday of the month and we usually have leftovers. (no update received)

Misfits Group : Since the 1st of December our group has experienced a significant decline in attendance. Maybe because of the holidays and the cold weather. Hopefully the attendance will improve in the next couple of months. Lonna Abraham (02/2025)

- Motion to Close @ 325pm

Serenity Prayer

Submitted by Merrilee Ramsey D13 Secretary

Next Meeting: March 23, 2025

704 S. Houser Street

Muscatine Iowa



2025 District Meeting Schedule

All meetings 230-330 pm

Iowa City Meetings

- ✓ **January 26**
- March 23**
- May 18 (due to Memorial Day weekend)**
- July 27**
- September 28**
- November – No Meeting**
(due to Holiday)

Muscatine Meetings

- ✓ **February 23**
- April 27**
- June 22**
- August 24**
- October 26**
- December 7**