

District 13 Meeting Minutes
March 23, 2025
Our Redeemer Lutheran Church
Court Street in Iowa City
230pm-330pm

Members Present- Teresa R., Rick W., Kelsey A., Monica F., Bret S., Cindy G., Ariel K., Jean H., Megan H., Mike P., Michael J., Shawn P., Jim S., Renee R., Wayde L., Merrilee R., Susan J.,

Members Absent/Excused: Ricarda GSR, Lonna A., Michael H.

Meeting called to order at 230 pm by Teresa

- Open with Serenity Prayer
- Concept 3 Reading – Wayde
- Officer Reports
 - Secretary Report for Feb 23, 2025
 - Minutes summarized and approved. Please send your reports to mrarnp@hotmail.com or iadistrict13secretary@gmail.com prior to the meeting if possible
 - Corrections: Spring event is May 4, March 23 meeting minutes noted to be in Muscatine rather than Iowa City. Approved with corrections
 - Treasurer Report- Jean H. District 13 Treasurer Report
 - Motion to approve: Wayde Second: Laura Approved
 - District 13 March Treasurer Report
 - Starting balance: \$ 1948.45
 - Donations: Friday Night Men’s 316.00
 - By the Book 300.00
 - Iowa City Intergroup 250.00
 - Total donations: 866.00
 - Expenses: None
 - (I will pay for Feb meeting rent in April when we are back in Muscatine.)
 - Final Balance: \$2814.45
 - DCM-Teresa
 - First want to thank you all for showing up, thank you. I was able to attend Service weekend March 15th and 16th in Marshalltown. It was very well attended with all but 5 of the 23 districts represented either in person or online. Saturday, we went through all the 2025 General Service Conference agenda items and the items that our district’s groups had any opinion on was felt the same by other groups so Dan P., our delegate, knows how to represent Area 24 in New York, April 27th – May 3rd, on the discussed items. Sunday, Area Chairs gave their reports. The treasurer has a balance of \$15,876.52 with a \$12,000 prudent reserve and submitted the 2025 Proposed budget. Alternate Delegate suggested going through directory and making sure meeting lists are up to date. District 3 got the Spring 2026 conference bid so it will be in Marshalltown. There is a committee looking at the feasibility of having a central location for all Area 24 events and a committee looking at other banking services for Area 24, Wells Fargo has been very difficult to navigate when changing chairs. Grapevine needs support and suggests checking out the digital which is \$29.99 a year or \$2.99 a month and ordering subscriptions for jails and treatment centers in your district. The Corrections chair says Pink Can has a balance of \$3,307.70, when sending in donations please make sure to specify Pink Can on check. I plan to attend the Spring Conference in Clear Lake, June 13 – 15. If you have any questions or concerns, please ask.
 - Alt DCM – Wayde L

Current Operations: There is a meeting currently being brought into Hope House Residential Center in Coralville. I have not talked to those who go in about promotion within the fellowship but they have a dedicated group of volunteers which is growing
Current Plans : To reach out to each facility to see how I can be of service and gain information. Expand other corrections based services, Ex: promote writing those who are incarcerated.

- Current Needs: To gain access to the corrections email.
- Grapevine – Wayde L.
 - The Grapevine is in discussion of changing the heading of “A meeting in print” for elimination from the publication. This month's story requests are for Make amends and experiences with the ninth step and anyone may submit your story. If any member needs help submitting a story, joke or a controversial item of sobriety please see me (Wayde L.) Grapevine Rep for District 13 at lucasorange12@gmail.com.
- Newsletter – Michael H
- PI– Megan H
 - Found a printer shop, Hospers & Brothers Printer (Thanks Wayde for the suggestion). They are open Monday through Friday 8:30 AM to 4 PM on Clinton Street in Iowa City. Used District 13 credit card to pay for the prints, (thanks to Jean for picking them up and fixing them). \$67.07 printed, and folded. Should we put all three months of district meetings on the front of the schedules? We only put the first two months. I will start traveling to meetings in smaller towns to make sure they are still running. Next meeting schedules will be out at the June District Meeting for July, August and September.
 - Some PI goal suggestions: Have a conference approved literature book in every library. Reach out to high schools, colleges, police stations, libraries and hospitals to make sure there are racks, and they are stocked with appropriate literature and meeting schedules. Talk to hotels downtown, where drinking is heavy and see if meeting schedules could be placed there. Maybe ask businesses that have habilitation home housing or working with individuals with mental illnesses and put meeting schedules in their front offices.
 - Email: Got an email from Kim K saying she had received a meeting schedule dated 2019 and wanted to get current AA meetings for Muscatine. The phone numbers either are not accepting calls or are not valid and asked for a current meeting schedule. Sent her the current one. Grapevine email for the March Issue and April Issue. Send Jim an email of updated meeting scheduled via email.
- CPC – Megan H. –Stepped down as CPC and nominated Laura L. See unfinished business.
- Treatment – Michael J
 - Current Operations: As far as I understand Community and Family Resources is the only in patient facility within our district, so my focus and past focus has been placed there. They have a meeting every Thursday and Bridge the Gap session every 3rd Sunday. I have a list of volunteers who are responsive and dedicated to the Bridge the Gap meeting. They have also been going to AA meetings outside to get a feel for what meeting culture is like. Bridge the Gap has been a highlight for me within CFR
 - Current Plans: Have a pair of members that have now been in contact with UIOWA hospital, they are trying to find a meeting time to set up particulars. Sounds promising but takes time
Purchase F-184 A.A. Temporary Contact/Bridging the Gap Volunteer - Outside
Purchase P-15 Questions and Answers on Sponsorship
Going to start announcing at meetings for volunteers for Bridge the Gap until I get about 5, maybe 3 men and women
Call VA in Iowa City to see what kind of services we can be of service with.
 - Current Needs: Volunteers for Bridge the Gap when residents leave facilities as temporary contact. I have 3-4 numbers and people who are responsive. But I want to increase this incase

we have a bumper crop of those interested. Also to aid those coming to Iowa City from Outside Districts.

- Website-Jim S
 - I have reached out to the Area Webmaster to see if he has any insight on how to pull my phone number off the meetings that appear on the meeting finder app. I entered in my phone number when setting up the website with Bluehost and then again with WordPress for a recovery number. I am hoping that Adam has some insight as to how to remove it without losing a number for recovery of the website if needed. Please forward me all your fliers so that we can get them posted under the events tab. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache.
- Intergroup –Bret S
 - Our meeting on March 1st started with the Serenity prayer. The intergroup reports were all given. A ST Patrick's day event was canceled. There were thoughts shared about the Phone list for the phone chair. The planning stages for the spring event had been set and that will be getting more attention later this month in a subcommittee. 14 group reports were made at intergroup.
- Unfinished Business
 - Jim working on getting personal number off website
 - Spring workshop is ready to go. Panel Tracy T, Mike M, Bill H, Jenny E
 - Megan H. requested to step down from CPC and nominated Laura L for the position. Laura provided her service work history and was unanimously voted into the position of CPC.
- New Business
 - Reimbursement \$207.17 for Teresa DCM service weekend attendance

GSR Reports

Recovery Group

The recovery group still meets 3 times per week Monday, Wednesday and Friday; at 630 pm. We average around 13 people Mondays and Wednesdays. Friday we have around 9 people. Mondays the Big Book study, Wednesday is a speaker meeting and Friday is a discussion meeting. Yours in Love and service Renee R (3/2025)

Melrose

Melrose attendance is great. Every position is filled, including our new Alt GSR (Ariel). The chairs have been reupholstered and they are great. We had a very well attended movie day. In Love and Service, Monica F (03/2025)

Happy Hour

Meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11 – 15 attendees and we are seeing some new faces returning. Yours in service, Ricarda Patterson, GSR (02/2025)

LGBTQ

We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. Jim (2/2025)

Monday night Tiffin group:

Monday night Tiffin group-going strong in Tiffin we meet at 7 PM at the Tiffin Grace United Methodist Church. We are an open discussion meeting with 25 to 30 in attendance. Costco cake always on the last Monday of the month. Come out and join us sometime. Rick W. GSR

Women's Step Meeting

Meets Friday at 5:30 pm as a hybrid meeting at Zion in Iowa City. The in-person meeting has child care. The first Friday of the month is a speaker meeting. Business meeting is at 6:30 on the first Friday of the month. GSR position is open (no update received)

Flimsy Reed Group –

Meets every Sunday at 6pm at Melrose. Reading out of 1st edition Alcoholic Anonymous. We continue to have well attended meetings and several folks from Retrograde Recovery are usually in attendance as well. In service, (no update received)

Midwest-

Midwest is going strong with 40-50 in attendance and a growing homegroup, looking forward to our Winter Games event next weekend. Michael H. GSR (03/2025)

W.O.W. Women of Worth

Have changed their meeting name to ICSL Women's AA (Megan and Jim notified). Wednesday night 6pm. Daily Reflections discussion at Iowa City Sober Living residence. Location directions by email iowacitysoberliving@gmail.com. It is an open meeting. Kathy M (03/2025)

Tuesday Night Trudgers:

Our meeting is on Tuesday night at 7:30 p.m. at Zion in Iowa City. Discussion group. The last meeting of the month we pick a topic to talk about. 20+ attending. Monthly business meetings. We will be having an event on May 20. Two speakers and a potluck. Shawn P GSR (3/2025)

Gaunt Prospectors:

Gaunt Prospectors meet on Thursday 5:30 pm and Sunday 9am, 704 S Houser St, Muscatine. Both meetings well attended (12-14), We continue to be a Big Book topic meeting (first 164 and prefaces). (no update received)

Women's Big Book

Meets Saturday at 9am at Gloria Dei Church on the Corner of Market and Dubuque in Iowa City. We are a hybrid meeting and about 15 to 25 women attend. We go through the first 164 pages of the Big Book, then alternate between the 1st, 2nd and 3rd story sections. Merrilee R (03/2025)

Iowa City YP

Group still going strong. Typically 40-50 people per meeting. We meet Saturday nights @ 8pm @ St Andrews Presbyterian church on 140 Gathering Place Lane. Meeting is a rotating format: discussion, panel, meditation, speaker. Any 5th Saturday is discussion. Currently have 8-10 home group members. Mike P. GSR (03/2025)

North Liberty Tuesday and Friday Night-

Consistent group 18-22+, Tuesday is a closed meeting. Friday 7pm meeting is open and located at the same place. Updated by Cindy G. (03/2025)

Primary Purpose Unable to attend meeting due to work. Nothing new to report. Love & Service Tracy T GSR Primary Purpose Group (03/2025)

Breakfast Club

Meets M-F at 610 am. Held at Melrose. Group conscious meetings held at 7 am second Friday of every month. Board positions are Chair, Treasurer, Secretary, GSO and Intergroup. Readings are at the discretion of the chairperson but most commonly from Daily Reflections. All meetings are open and visitors are encouraged to attend. The actual Breakfast meeting is held the 3rd Friday of the month and we usually have leftovers. (no update received)

Misfits Group

Sorry I won't be at the district meeting today. Reporting a slight increase in attendance. Also having a big book study at 9:30 AM after the meeting for 30 minutes. Thanks for your service. Lonnie (03/2025)

Motion to Close @ 325pm

Serenity Prayer

Next Meeting: April 27, 2025

704 Houser St

Muscatine



2025 District Meeting Schedule

All meetings 230-330 pm

Iowa City Meetings

- ✓ January 26
- ✓ March 23
- May 18 (due to Memorial Day weekend)
- July 27
- September 28
- November – **No Meeting**
(due to Holiday)

Muscatine Meetings

- ✓ February 23
- April 27**
- June 22
- August 24
- October 26
- December 7