

District 13 Meeting Minutes
December 7, 2025
ZOOM ID #665 637 0788 PW 52245
230pm-330pm

Members Present: Jim S, Wayde L, Rick W, Matt B, Jeff N, Michael J, Michael H, Megan H, Ricardo P, Renee R, Elise G, Susan J, Cindy G.

New Members/Visitors:

Members Absent/Excused: Merrilee R., Teresa R., Jean H.

Meeting called to order at : 2:30

Open with Serenity Prayer

Concept Reading 11 and 12– Wayde L.

Officer Reports

▪ **Secretary Report for October 26, 2025**

- 20 in attendance- 1 excused absence
- 2 new members-Mike C., Elisa G.,
- 14 officer reports; 15 GSR reports
- Secretary and Treasure reports approved with ending balance \$ \$1479.92
- Teresa DCM – nothing new to report
- Wayde, alt DCM attended Fort Dodge conference
- Literature : \$707.00 order placed
- Michael J continues working hard on Corrections and Treatment interface with AA
- Newsletter: Cindy G. sent out October Newsletter to 62 emails; shared our newsletter format at Fall Conference
- Rick W, attended Fall Conference and went to Archives workshop.
- Grapevine and Archives set up display at Halloween party Oct 31 in Iowa City
- Megan shared schedule updates
- Intergroup planning NYE party
- District 13 minutes to be posted on Website;
- Jim S. asked members to get group feedback regarding timing of schedule changes/new meetings to be posted
- Reimbursements approved
- IAYPAA Conference approved to be held in Iowa City 2026
- Meeting adjourned 3:25 pm
- Motion to approve: Rick W. Second: Jim S. Approved
- Merrilee R. will be absence for Dec, Jan and Feb meetings. Cindy G. has agreed to fill in so please send reports to Cindy G. groffbenson@gmail.com. Thank you Cindy for this additional service.

• **Treasurer Report- Jean H.**

- District 13 Treasurer Report October - November 2025
- District 13 Treasurer Report Oct-Nov 2025
- Starting balance: \$ 1479.92
- Income/Donations:
- Book sale: 5.00
- Total income: 5.00
- Expenses:
- Area 24 Foundation Oct mtg rent 15.00

- Total Expenses: 15.00
- New Balance: \$ 1,469.92
- Motion to approve: Jim S. Second: Rick W. Approved
- **DCM Teresa**
 - Again, thank you all for showing up, you're awesome. Nothing to report. Thank you Wayde for covering for me at the Fall Conference. Remember if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S., so he can get them posted on our website. If you have any questions or concerns, please reach out to me. Thank you all for your service. In love and service, Teresa R District 13 DCM
- **Alt DCM-Wayde L**
 - Happy holidays and wishing everyone the best this season. I have very little to share since everyone has been doing great things within their District chairs and representing each group as GSR's. You have shown our Area and district what strong participation looks like and the benefits of service work. Thank you to everyone for making District 13 a great institution and passing on our message of responsibility. I stand by to help if I can and extend my hand to all of you! In service: Wayde L.
- **Activities – Cindy G**
 - I sat in on yesterday's December Intergroup meeting. They are open to doing a joint workshop with district. From suggestions will be looking into the Coralville Library and the North Liberty Rec Center and North Ridge Pavillion as possible alternate sites. Doing a panel and then breaking out into smaller groups as Ideas. Yours as always, in service, Cindy G.
- **Archives – Rick W**
 - I have enjoyed working with our district archives this past year. I did some organizing of the materials and have displayed five times at different events. Looking forward to 2026. With some new ideas and I want to start gathering some Group history. In-service Rick W
- **Literature -Susan J**
 - Total Expenses
 - \$0
 - Sales:
 - Midwest--40 pamphlets, 4 Big Books, 8 12x12, 1 living sober = 155.50
 - Sunday 5:00 LGBTQ group--3 Big Books, 3 softcover 12x12 = \$66.00
 - Individual member--1 Service Manual = \$5
 - Total Sales: \$226.50
 - working on year-end inventory Yours in Service Susan J.
- **Corrections – Michael J.**
 - Current Operations: Active meeting at Hope House Residential Center (Coralville) Promotion within the fellowship not yet discussed, but information can be provided if needed. Got Pink can to donate plain language big books! Pink can is now being used in our district! Meeting at Cedar County Sheriff's Office Format may change. Now have 4 men and 1 woman volunteers. Averaging 1 person incarcerated a week asking for a meeting. Current Plans & Updates: Johnson County: No physical meeting space available. Exploring alternatives(haven't done):Pamphlets, schedules, and digital literature (e.g., Edovo platform). Look into Turnkey Account for visitation. Oakdale Correctional Facility: Inmated meetings already occur; (need to do) Will explore the option of a daytime meeting. Iowa County: Need to follow up. Haven't received any contact back. Muscatine County: Facilities have an existing system; awaiting more information. Found someone: Spencer in Muscatine that is excited to try to find a way in.
 - Upcoming Actions: Work on the alternative methods of involvement in Johnson and Oakdale. Also if you go on the website you will now see a link for opportunities!
- **Grapevine: - Wayde L.**

- I picked up grapevine books we needed from D.J. at the conference and we are in good shape. If you need help with Grapevine material or ordering and submitting stories, I will be glad to help. In service: Wayde L.
- **Newsletter -Cindy G**
 - Holiday Greetings to you all! Pray for me, I will be travelling for the holidays, by car. Air travel sounds so Unpredictable! November's newsletter went out to 67 email addresses. Doing a two part story on Hank P. An early AA member. Included again tips for staying sober during the holiday season. Again, Yours in service Cindy G
- **PI- Megan H.**
 - Added meetings:1. 9:30 pm Friday Open Meeting at 511 Melrose in Iowa City: Discussion 2. 4:00 pm Saturday Open Meeting Poco a Poco 511 Melrose in Iowa City: Discussion Ended meetings: 7:00 pm Thursday Primary Purpose Grp Calvary Church in Muscatine: BB Discussion. Added Barcode on back of schedule that takes to District 13 website.
- **CPC – Laura L.** No Report.
- **Treatment – Michael J.**
 - Community and Family Resources Location: 430 Southgate Ave. Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women). Bridge the Gap session every 3rd Sunday. Members meet at the East door ~10 minutes before start. Thrive Now Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm. Requirement: 90 days sobriety; arrive 10 minutes early to enter together. Bridge the Gap Gained 4-5 new volunteers to be temporary contacts. Also gained contact information for two new District Treatment Chairs About half of those using bridge the gap are in district, half going out. Got Elise starting today, taking over. If I get names from here on out I will forward them to them and help find temporary contacts.
 - Current Plans Seeking a co-chair for Treatment and/or Corrections for better continuity of service.
- **Website-Jim S.**
 - Good Afternoon Everyone, I have the website updated with the current meetings in our District and the current fliers that I have. After our conversation from the October meeting I looked into creating a QR Code that will take you directly to the District meetings. The GSO also has three template business cards available that can be downloaded. Using a PDF editor I can change and modify them by adding a QR Code and our website. There is three different messages on them. The first message is You Can't Stop Drinking, which has a general message. The next is one has a message of We're Here to Help, which is designed for young people. The message on the last one is We Get It and the message here is more for the professionals. I have submitted a request for a quote to see what the cost would be to print off 150 of each. I am hoping to have this quote before the meeting. I have been helping Iowa City Intergroup with their website. They are having issues with their meeting schedule updating with ours. Currently I have turned off and down loaded the current back up our meetings that we have posted. I will continue to work with them till we get this. issue worked out. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. In Love and Service, Jim
- **Intergroup –Bret S**
 - I was absent for the November and December Intergroup meetings, and I apologize for anything that didn't get mentioned from the meetings. Intergroup has had 2 meetings since the last District meeting, November and December. Elections were held last month! Our new elects are Jeff N from the Breakfast Club group, Ashley T. Webmaster chair, and Dan R. is going to take on the Communications chair. We're looking to get more Group Representatives to help with Intergroup. Spreading the word about Intergroup to give us a larger group to help with the work. Cindy G.

Activities Chair at District talked with Intergroup to come up with some ideas for a 2026 workshop. Heidi W. is still working on a subcommittee to look at reasons we have a phone for Intergroup, and to understand the Answering Service we pay monthly. Joe M mentioned that our website meeting list was having trouble. The New Years Eve party is all but set to begin. There will be a man and a woman speaking for the event. Flyers should be posted soon. The planning subcommittee came up with a caterer. Enchiladas, salsa, chips, rice, and beans will be at the party. Congratulations to the chairs for our upcoming year! This is my last District Liason Report. I would like GSRs to let their homegroups know that Intergroup Representatives are welcome and needed. Gratefully, Bret S.

- **Unfinished Business**

- When to add meetings to schedule and on website. Discussion resulted in consensus of 60 days. Previous motion passed unanimously.

- **New Business**

- Reimbursements: Megan H. \$71.98 for schedules printing. Jim S. \$351.63 for annual webhosting services. Wayde L. Motioned. Cindy G. Seconded. Motion passed.

GSR Reports (includes only those groups that submit reports at the monthly meeting or via email)

Solon Group

Group meets Thursday 7pm at Methodist Church in Solon. downstairs. Reading/discussion of any AA approved materials. Will be rotating Chairperson every month. Open meeting. 6-9 attending regularly. Larry C. contact for the group. Merrilee R reporting (12/25)

Sunday LGBTQ 5pm meeting

We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. This past month was our 25th anniversary. There is talk about doing something special, but nothing has been set yet. More will be revealed. We have been averaging 12 – 16 attending. In Love and Service, Jim.

By The Book GSR Report 12.07.2025

Hybrid, 15-25 attendance. Discussion of having another zoom subscription which will either continue or discontinue. Zoom meeting on Christmas Day.

Breakfast Club

We continue to meet at 6am, seven days a week, at 511 Melrose, Iowa City. Our meetings are open. Usual attendance is currently between 10 and 18 people. We have learned the group was established over 30 years ago, originally as a one day per week meeting. All officer positions are filled. We elected Jeff N. as Alternate GSR in November. The GSO Change form has been submitted to the District and Area 24. Our business meetings are occurring more regularly on the 2nd Friday of the month. AA Birthdays are celebrated with the other Melrose Groups. Jane K. recently celebrated her 30 yr. We have no upcoming events or announcements to report. Thank you for all you do for AA. In service, Matt B, GSR

Midwest Group

Held an AWESOME Halloween Party. Michael H.

The Thursday Almost Friday Mid-Morning Group

The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open and the discussion follows the reading of the Daily Reflections. The Chairperson is rotated monthly. There are on average between 12 to 14 in attendance. The Group Conscious Meeting is held on the 3rd. Thursday of each month. The Group will be conducting it's normally scheduled Meetings on Thursday Thanksgiving Day the 27th. 2025, Thursday Christmas Day 12-25-2025and Thursday New Years Day January 1,2026. Yours in Service Hoop GSR

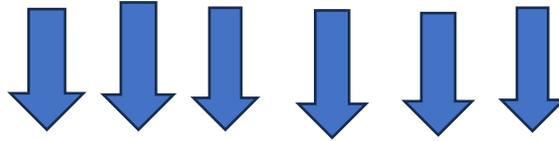
Motion to Close 3:15 PM: Megan H. Seconded: Susan J. Approved.

NEXT MEETING:
JANUARY 25, 2026

OUR REDEEMER LUTHERAN CHURCH IOWA CITY, IA.

2026 District Meeting Schedule

All meetings 230-330 pm



Iowa City Meetings

January 25*

March 22*

May 17 (due to Memorial Day weekend)

July 26

September 27

November – No Meeting

(due to holiday)

*Potential ZOOM meetings for inclement weather

Please mark your calendars now so you don't forget!

Muscatine Meetings

February 22*

April 26

June 28

August 23

October 25

December 6*

(due to holidays)