

District 13 Meeting Minutes
January 25, 2026
Our Redeemer Lutheran Church
230pm-330pm

Members Present: Teresa R. Rick W, Matt B, Jeff N, Michael J, Ricarda P, Renee R, Elise G, Susan J, Cindy G., Blanca G.

New Members/Visitors: Beth F. Liddie R., Michael C.

Members Absent/Excused: Jim S, Wayde L, Merrilee R., Laura L., Megan H,

Meeting called to order at : 2:30

Open with Serenity Prayer

Concept Reading 11 and 12– Wayde L.

Officer Reports

▪ **Secretary Report for December 7, 2025**

- 13 in attendance- 3 absences
- 14 officer reports; 6 GSR reports
- Secretary and Treasure reports approved with ending balance \$ 1,469.92
- Teresa DCM – nothing new to report
- Literature : \$226.50 order placed
- Michael J continues working hard on Corrections and Treatment interface with AA
- Newsletter: Cindy G. sent out December Newsletter to 67 emails; featuring 2 part story on Hank P.
- Rick W wants to start to gather group history.
- Grapevine got books from Area event.
- Megan shared schedule updates
- Intergroup planning NYE party
- District 13 minutes to be posted on Website;
- Jim S. timing of schedule changes/new meetings to be posted after 60 days.
- Reimbursements approved \$71.98 for schedules printing. Jim S. \$351.63 for annual webhosting
- Meeting adjourned 3:15 pm
- Motion to approve: Michael Second: Ricarda P. Approved
- *Merrilee R. will be absence for Dec, Jan and Feb meetings. Cindy G. has agreed to fill in so please send reports to Cindy G. groffbenenson@gmail.com.*

• **Treasurer Report- Jean H.**

- Starting balance: \$ 1469.92
- Income/Donations:
- Literature sales: 255.50
- (Sunday LGBTQ, Midwest, Intergroup)
- Book sale: 5.00
- Group donations 334.57
- (Melrose, LGBTQ, Tiffen)
- Total income: 595.07
- Expenses:
- Megan H Schedules 71.98
- AAWS Literature order 328.91
- Jim S Website fee 351.63
- Our Redeemer Church Meeting rent 15.00

- Total Expenses: 767.52
- New Balance: \$ 1,292.47
- Motion to approve: Jim S. Second: Rick W. Approved

- **DCM Teresa**

- Thank you all for showing up, you're awesome. I attended the Area 24 Service weekend in Marshalltown on January 17 and 18 and it was very informative. Items discussed were the importance of the spring conference, how to bid for a Conference, elections and the spirit of rotation and ways we stay connected to each other (Fellowship directory, Directory and the Meeting guide app.) Good topics for discussion. First of importance will be at the March Area 24 service weekend, we will be going over the agenda items that will be up for consideration at the General Service Meeting in New York April 26th through May 2nd . The list of items will be coming out at the end of February as soon as Dan P., our area delegate, receives them, he will send them to us, the DCMs, then I will send them to all of you. We will not have another district meeting before the Marshalltown service meeting, so I'll need you to go through them with your home groups and get back to me with any yes or no's your group has on items. I was told to focus on the items up for consideration because they are the closest to making it to committee. Let me know if you have any questions.
- Financially Area 24 has a balance of \$19,151.08 with a prudent reserve of \$12,000.00 so an available balance of \$7,151.08. Pink can balance \$5,719.06 with a prudent reserve of \$500.00, available balance of \$5,219.06. Both talked about the importance of making sure your group name and number is on the check and legible, if you do not know your group number, we can look at the directory and find it.
- Remember the West Central Regional Forum is being held in Cedar Rapids on February 27, 28, and March 1st . The purpose of the West Central Region Alcoholics Anonymous Service Conference (hereinafter referred to as the WCRAASC) is to develop greater unity among members, groups, and areas of the West Central Region (WCR); to encourage the exchange of ideas and experiences, and to provide an opportunity for members to discuss pertinent aspects of Alcoholics Anonymous. Recovery, Unity, and Service should always be the primary purpose for each conference. The thought of how we can better serve Alcoholics Anonymous should never be compromised. There will be representatives from the 8 Areas that make up the region and usually some people from Central Office, it's an experience and close so you may want to check it out.
- Remember if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S., so he can get them posted on our website.
- If you have any questions or concerns, please reach out to me. Thank you all for your service.
- In love and service, Teresa R District 13 DCM

- **Alt DCM-Wayde L**

- No Report.

- **Activities – Cindy G**

- I had some discussion with my fellow travelers who joined me in Marshalltown for the Area 24 January Service weekend. We came up with the topic of "the Importance of a Home Group" . We talked about when to have it and where. We came up with the 1st weekend in May, so I like to ask for input from you all during new business on the topic, panelists, date, where and what District will provide. I spoke to Dave G our Area Tech chair and John our Area Literature chair. Dave has an obligation on Saturday May 2nd but John penciled us in for the weekend. I would like to see a member from Muscatine, one from Iowa city and one from Cedar Rapids. As for the menu I am completely out of ideas. I checked into the Terry Trueblood Rec Center, The North Liberty Rec Center and the Coralville Library, once I learned kitchen facilities would not be available I did not inquire as to price. Hills Community Center is a short distance from both Muscatine and Iowa City .

They fill up fast so I would like to contact them next week. It was \$25 with a \$100 refundable deposit last year. Yours as always, in service, Cindy G.

- **Archives – Rick W**

- I have enjoyed working with our district archives this past year. I did some organizing of the materials and have displayed five times at different events. Looking forward to 2026. With some new ideas and I want to start gathering some Group history. In-service Rick W Current Operations Active meeting at Hope House Residential Center (Coralville) Promotion within the fellowship not yet discussed, but information can be provided if needed Got Pink can donate plain language big books! Pink can is now being used in our district! Meeting at Cedar County Sheriff's Office Now have 4 men and 1 woman volunteers Runs itself now. Averaging 4 people asking for a meeting each week over the last two months. Up from 1 a week.

- **Corrections – Michael J**

Current Plans & Updates Johnson County: No physical meeting space available. Exploring alternatives(haven't done): Pamphlets, schedules, and digital literature (e.g., Edovo platform). Look into Turnkey Account for visitation. Oakdale Correctional Facility: Inmate-led meetings already occur; (need to do) Will explore the option of a daytime meeting. Iowa County: Need to follow up. Haven't received any contact back. Muscatine County: Facilities have an existing system; awaiting more information Found someone: Spencer in Muscatine that is excited to try to find a way in. Upcoming Actions: Work on the alternative methods of involvement in Johnson and Oakdale Also if you go on the website you will now see a link for opportunities! Sincerely, Michael J. District 13 Corrections Chair

- **Literature -Susan J**

- Total Expenses
- \$0
- Sales:
- Midwest--40 pamphlets, 4 Big Books, 8 12x12, 1 living sober = 155.50
- Sunday 5:00 LGBTQ group--3 Big Books, 3 softcover 12x12 = \$66.00
- Individual member--1 Service Manual = \$5
- Total Sales: \$226.50
- working on year-end inventory Yours in Service Susan J.

- **Grapevine: - Wayde L.**

- In service: Wayde L.

- **Newsletter -Cindy G**

- January's newsletter featured the 1st part of 3 articles from the 1948 AA Grapevine about the Washingtonians, a precursor to our beloved Alcoholics Anonymous (and not to give anything away, but the reason for our singleness of purpose. Our newsletter went out to 68 email addresses. Our 1st newsletter back in January of 2023 went out to 20 email addresses. As always your input is welcome. Again, Yours in service Cindy G

- **PI– Megan H.**

- Reported one change.

- **CPC – Laura L.** No Report.

- **Treatment – Michael J.**

- Current Operations Community and Family Resources Location: 430 Southgate Ave. Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women). Bridge the Gap Session every 3rd Sunday. Bridge the Gap has been a highlight the last two months. Have seen people in there out in meetings. Members meet at the East door ~10 minutes before start. Thrive Now Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm. Requirement: 90 days sobriety; arrive 10 minutes early to enter together Wants to have promotion only through word of mouth. So I removed it from my list of opportunities and have been trying to replace it wherever I can. New chair: Doug P. Has been a great resource for that meeting and myself. I have been grateful to chair that meeting for the last 8 months. Bridge the Gap (Temporary Contacts) Elise has taken over this aspect of treatment and they

are much more connected to treatment and have been. They are plugged into the general service structure and conferences and am grateful for their service.

Current Plans Seeking a co-chair/chairs for Treatment and/or Corrections for better continuity of service.
Sincerely, Michael J District 13 Treatment Chair

- **Website-Jim S.**
 - I am not going to be able to make it today to the business meeting. I woke up not feeling well and decided that it would be best if I just stayed away today. I have attached a copy of my reports. There is also a copy of a flier that I received that the GSO is looking for stories of experience strength and hope from the transgender community for the new pamphlet that they are working on. I have also included PDFs of the possible business card options that I was looking into. If someone could print the flier and business card PDFs off for other to look at that would be great. I hope that everyone has a great day and that you all are able to stay warm. In Love and Service, Jim.
- **Intergroup –Jeff N.**
 - Successful New Years Eve party, Service positions still available. Jeff N.
- **Unfinished Business**
 - When to add meetings to schedule and on website. Discussion resulted in consensus of 60 days. Previous motion passed unanimously.
- **New Business**
 - Reimbursements: Megan H. \$71.98 for schedules printing. Jim S. \$351.63 for annual webhosting services. Motion to approve. Seconded. Motion passed.

GSR Reports (includes only those groups that submit reports at the monthly meeting or via email)

Solon Group

Group meets Thursday 7pm at Methodist Church in Solon. downstairs. Reading/discussion of any AA approved materials. Will be rotating Chairperson every month. Open meeting. 6-9 attending regularly. Larry C. contact for the group. Merrilee R reporting (12/25)

Sunday LGBTQ 5pm meeting

We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. This past month was our 25th anniversary. There is talk about doing something special, but nothing has been set yet. More will be revealed. We have been averaging 12 – 16 attending. In Love and Service, Jim.

By The Book GSR Report 12.07.2025

Hybrid, 15-25 attendance. Discussion of having another zoom subscription which will either continue or discontinue.

Breakfast Club

We continue to meet at 6am, seven days a week, at 511 Melrose, Iowa City. Our meetings are open. Attendance remains strong, usually between 12 and 18 people. We are a resource for UI healthcare workers and out of towners with relatives at the hospital. Our business meetings are occurring more regularly on the 2nd Friday of the month. We are in the process of updating our home group roster and meeting script. Steve N. recently celebrated his 5th AA Birthday. We have no upcoming events or announcements to report. See you tomorrow and thank you for all you do for AA. In service, Matt B

Melrose Group

Located at 511 Melrose Ave, Iowa City IA 52240. Hold meetings at 12:10 PM and 6 PM daily. Tuesday and Wednesday have 8 PM meeting and Friday have a 9:30 PM. Saturday has a 9:30 AM and 6 PM and a 4 PM Spanish speaking meeting. Sunday has an 8 AM meeting, for a total of 17 meetings a week. Attendance is good. We had a great Christmas Day meal and meetings. Melrose is planning a group inventory. Group business meeting is 2nd Tuesday 7 PM in-person and on Zoom. In love and service, Mike C.

The Thursday Almost Friday Mid-Morning Group

The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open and the discussion follows the reading of the Daily Reflections. The Chairperson is rotated monthly. There are on average between 12 to 14 in attendance. The Group Conscious Meeting is held on the 3rd. Thursday of each month. Yours in Service Hoop GSR

Happy Hour Group

Happy Hour meets every Wednesday at 6 PM at the Tabernacle Baptist Church 2050 12th Ave, Coralville, next to railroad tracks. Please park in back of the church and come through the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11-15 attendees and we are seeing some new faces returning. Coffee is available. Yours in service, Ricarda P. GSR

Tuesday Night North Liberty Meeting

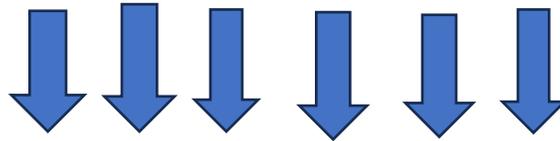
We meet at 7 PM at the North Liberty Rec Center. Good attendance. Planning a business meeting for February 10th immediately following the closed meeting. Yours in service, Cindy G.

Motion to Close 3:35 PM: Approved.

NEXT MEETING:
FEBRUARY 22, 2026
704 S. HOUSER
MUSCATINE IA

2026 District Meeting Schedule

All meetings 230-330 pm



Iowa City Meetings

~~January 25*~~

March 22*

May 17 (due to Memorial Day weekend)

July 26

September 27

November – No Meeting

(due to holiday)

*Potential ZOOM meetings for inclement weather

Please mark your calendars now so you don't forget!

Muscatine Meetings

February 22*

April 26

June 28

August 23

October 25

December 6*

(due to holidays)