

**District 13 Meeting Minutes**  
**February 22, 2026**  
**704 S Houser, Muscatine**  
**230pm-330pm**

Members Present: Teresa R. Rick W, Matt B, Michael H , Michael J, Renee R, Elise G, Susan J, Cindy G. Jim S., Jean H., Wayde L., Megan H.

New Members/Visitors

Members Absent/Excused: Merrilee R.

Meeting called to order at : 2:30

Open with Serenity Prayer

Concept Reading 2– Wayde L.

Officer Reports

▪ **Secretary Report for January 25, 2026**

- 13 in attendance- 1 absence
- 13 officer reports; 8 GSR reports
- Secretary and Treasure reports approved with ending balance \$ 1,008.13
- Teresa DCM – Shared about upcoming WCRAASC and March Area Service Weekend.
- Literature : \$501. order placed
- Michael J continues working hard on Corrections and Treatment interface with AA and has help now.
- Newsletter: Cindy G. sent out February Newsletter to 73 emails; featuring 2 part story on the Washingtonians.
- Rick W prepared to set up at events and will attend Archives in Mt Pleasant at Spring conference.
- Grapevine now offering Zoom meetings.
- Megan shared schedule updates
- Jim S. timing of schedule changes/new meetings to be posted after 60 days.
- Meeting adjourned 3:15 pm
- Motion to approve: Megan Second: Susan Approved
- *Merrilee R. will be absence for Dec, Jan and Feb meetings. Cindy G. has filled in. Merrilee should be back for March District Meeting.*

• **Treasurer Report- Jean H.**

- Starting balance: \$ 1292.47
- Income/Donations:
- Group donations 475.50
- (IC Young people, AA on Houser, Tues Night Trudgers)
- Total income: 475.50
- Expenses:
- Cindy G—DCM expenses for Teresa 70.50

- AAWS Literature order 501.34
- Post Office Box 1 year 188.00
- Total Expenses: 759.84
- New Balance: \$ 1,008.13 Motion to approve: Elise G. Second: Megan H. Approved

- **DCM Teresa**

- Thank you all for showing up. Last week I sent out the 76th Service Conference highlights with agenda items and a couple of days later the Conference Highlights (it had a little more detail on some of the items). If your group could look at items and if you have questions or opinions on any, please let me know and I will take them to Dan P. at Service weekend March 14th and 15<sup>th</sup> in Marshalltown, if you can just send an email or if you have paper I could pick up. Other than that, I am working on updating district information and meetings. A couple meetings were questioned if they were still active, the first was the North Hall meeting, Saturday at noon in Iowa City, talked to a couple people who attend on a regular basis and it's going well. The other was Thursday 12:10 Woman's meeting at Zion also Iowa City, had two people tell me when they showed up on different weeks no one was there, I went and no one showed so I believe it should be taken off the schedule. Please, if you know of any meeting that is on schedule and not supported, we get it off. I just remember when I was new and crazy and really needed a meeting, I counted on them. Also remind your groups that there is a printable current schedule on the IA AA District 13 website if they run out. Melrose was out and Megan promptly got them some, thank you Megan.

Also remember the West Central Regional Forum is being held in Cedar Rapids next weekend, on February 27, 28, and March 1 st . The purpose of the West Central Region Alcoholics Anonymous Service Conference (hereinafter referred to as the WCRAASC) is to develop greater unity among members, groups, and areas of the West Central Region (WCR); to encourage the exchange of ideas and experiences, and to provide an opportunity for members to discuss pertinent aspects of Alcoholics Anonymous. Recovery, Unity, and Service should always be the primary purpose for each conference. The thought of how we can better serve Alcoholics Anonymous should never be compromised. There will be representatives from the 8 Areas that make up the region and people from Central Office, it's an experience and close so you may want to check it out. The Saturday night speaker open event is free to attend, and it is Judge Kerry Meyer. There is a virtual option also so check out the schedule.

Remember if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S., so he can get them posted on our website. If you have any questions or concerns, please reach out to me. Thank you all for your service. In love and service, In love and service, Teresa R District 13 DCM

- **Alt DCM-Wayde L**

- We are into our 2026 term for District 13 and are off to a great start. I hope the year is going well for all chairs and GSR's. We have had transitional weather and new changes in A.A. with the digital transfer and collection of our society's important information, but let us not forget our commitment to in person gatherings as well. We have good people who are dedicated to passing our message to the still suffering alcoholic in many different formats. We as a group have brought hope and peace of mind to many. Please keep sharing and gathering the information that is considered the life sustaining flow for Alcoholics Anonymous as you trudge

the road of happy destiny and also be the example of the smiley emoji in the people you interact with every day. In service: Wayde L.

- **.Activities – Cindy G**

- I was able to sign us up to have the Hills Community Center on Sunday May 3rd. I sent in a check for \$100, \$25 for the rental fee and the deposit fee of \$75. I am still looking for what we could provide for the meal. Looking at John our area literature chair, Mary Ann G. a former delegate, and looking for someone from Iowa City or Muscatine. Yours as always, in service, Cindy G.

- **Archives – Rick W**

- Looking forward for the new year of activities. I displayed our district archives last Sunday at the Midwest groups whoopee party. I plan on attending the spring conference in Marshalltown I am going early to the area 24 archives tour and workshop on Friday morning. In-service Rick W

- **Corrections – Michael J**

- **Current Operations** Active meeting at Hope House Residential Center (Coralville) Promotion within the fellowship not yet discussed, but information can be provided if needed Got Pink can to donate plain language big books! Pink can is now being used in our district! Meeting at Cedar County Sheriff's Office Now have 4 men and 1 woman volunteers Runs itself now. Continues to average 4 people asking for a meeting each week.
- **Current Plans & Updates** Johnson County: No physical meeting space available. Exploring alternatives haven't done): Pamphlets, schedules, and digital literature (e.g., Edovo platform). Look into Turnkey Account for visitation. Oakdale Correctional Facility: Inmate-led meetings already occur; (need to do) Will explore the option of a daytime meeting. Iowa County: Need to follow up. Haven't received any contact back. Muscatine County: Facilities have an existing system; awaiting more information Found someone: Spencer in Muscatine that is excited to try to find a way in.
- **Upcoming Actions** Work on the alternative methods of involvement in Johnson and Oakdale Also if you go on the website you will now see a link for opportunities! Sincerely, Michael J. District 13 Corrections Chair

- **CPC – Laura L.** Resigned.

- **Literature -Susan J**

- 1 case Big Books and 1 case 12x12 = \$501.34 \*\*\*ordered on 1/26 so all current inventory will be sold for old amounts. GSO increased prices by \$3 per book starting Feb 1st.\*\*\* Total Sales: Melrose Group purchased 10 Big Books = \$120.00 Yours in Service Susan J.

- **Grapevine: - Wayde L.**

- The Grapevine is offering zoom meetings and you can share your experience, strength and hope with others as an alternative to stories in print. It is easier to order and submit your stories than it was in the past. The Grapevine is dedicated to be ready for the newcomer as well as relatable stories for seasoned members by offering different formats to all members. If you need assistance with Grapevine matters please see Wayde L.(Grapevine rep). [lucasorange12@gmail.com](mailto:lucasorange12@gmail.com). In service: Wayde L

- **Newsletter -Cindy G**

- The second half of the Grapevine article about the Washingtonians appeared. I got two of the four jokes from one of my online meetings. Our district newsletter went out to 73 email addresses. I want to ask you all to mention the available newsletter. and how to

receive it. We recognized \* people celebrating 98 years of sobriety. Congratulations to them all. Again, Yours in service Cindy G.

- **PI- Megan H.**
  - Melrose needed more schedules, printing off 200. I've been printing off a few at home, don't need reimbursement as it would be like \$2 total. Taking off: ☐ Tuesday 6 pm Women's meeting at 511 Melrose.☐ Thursday 12:10 pm Women's 12 step meeting at Zion Lutheran Church ☐ Added the Spanish symbol for the new Spanish speaking meeting at 4 PM at 511 Melrose
- **Treatment – Michael J.**
  - **Current Operations**
  - **Community and Family Resources** Location: 430 Southgate Ave. Meetings :Every Thursday at 7 pm (topic discussion meeting, open to men and women). Bridge the Gap session every 3rd Sunday. More pamphlets were dropped off on bridge the gap last week There were some there, but they had a flyer over the pamphlet rack. They have 3-4 big books in stock, Members meet at the East door ~10 minutes before starts
  - **Thrive Now** Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm Requirement: 90 days sobriety; arrive 10 minutes early to enter together. Doug P. Has been a great resource for that meeting and myself. I have been grateful to chair that meeting for the last 8 months. They have been chairing for two months, adapted the format and have had great meetings.
  - **Bridge the Gap** (Temporary Contacts) Elise has taken over this aspect of treatment and they are much more connected to treatment and have been. Has connected 4 people from Country Oaks in District 9 with District 13 People that came back to Iowa City and Muscatine In the past we usually had 1 person looking for a District 13 contact, so Elise's ability to connect has already increased that number! They are looking for more contacts in the Muscatine area, so they brought some temporary contact forms today for you all to connect people or sign up yourself. They also have been in contact with the Iowa City Va hospital and have gotten a few veteran members interested in carrying the message. Sincerely, Michael J District 13 Treatment Chair
- **Website-Jim S.**
  - Good Afternoon Everyone, Sorry about missing last month's meeting. This past month I was able to help Intergroup get their website's meetings linked back up to ours so their updating issues should be taken care of. I have samples of the business cards with me today and would like to get other's feedback if this is what we are wanting to do. Megan offered to get printing cost from the place where we get the schedules printed at. The cost are:50 for \$19.25, 100 for \$22.25, 250 for \$30.75, 500 for \$45.68. I have samples here so that you can see what I was thinking. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. In Love and Service, Jim.
- **Intergroup –Jeff N.**
- **Unfinished Business**
  - Cindy confirmed the Hills Community Center is reserved for Sunday May 3<sup>rd</sup>, going with pulled pork and potluck. John Area literature chair and Wayde L. are confirmed as panelists for Home Group. Cindy and Elsie to have a flyer by next district meeting.

- **New Business**

- Fill vacant CPC position Renee R. nominated and elected. Be sure everyone had 76<sup>th</sup> GSC agenda items. Reviewed possible business cards for the district.

**GSR Reports (includes only those groups that submit reports at the monthly meeting or via email)**

**Sunday LGBTQ 5pm meeting**

We meet Sunday at 5 pm on Zoom. The Zoom link can be found under the meetings tab on the district website along with the meeting finder app. This is a closed discussion meeting with a reading provided by someone from the group choose a reading from AA approved literature and then discussed by the group. We have been averaging 12 – 16 attending. This will be my last GSR report for the Sunday night group. I stepped down as the groups GSR and at this time they have not voted in a new GSR. I have notified Nate W with Area about me stepping down we are supposed to be having a group conscience on March 1st . We will see if anyone stands for the GSR position. In Love and Service, Jim.

**By The Book GSR Report**

Meet on Thursdays at 6:30 pm. Renewed the zoom for another year so meeting will continue to be Hybrid. Fellowship at Thai Flavors afterwards.

**Breakfast Club**

In person report. **Matt B.**

**Melrose Group**

Located at 511 Melrose Ave, Iowa City IA 52240. Hold meetings at 12:10 PM and 6 PM daily. Tuesday and Wednesday have 8 PM meeting and Friday have a 9:30 PM. Saturday has a 9:30 AM and 6 PM and a 4 PM Spanish speaking meeting. Sunday has an 8 AM meeting, for a total of 17 meetings a week. Attendance is good. We had a great Christmas Day meal and meetings. Melrose is planning a group inventory. Group business meeting is 2<sup>nd</sup> Tuesday 7 PM in-person and on Zoom. In love and service, Mike C.

**The Thursday Almost Friday Mid-Morning Group**

The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open and the discussion follows the reading of the Daily Reflections. The Chairperson is rotated monthly. There are on average between 12 to 14 in attendance. The Group Conscience Meeting is held on the 3<sup>rd</sup>. Thursday of each month. Yours in Service Hoop GSR

**Happy Hour Group**

Happy Hour meets every Wednesday at 6 PM at the Tabernacle Baptist Church 2050 12<sup>th</sup> Ave, Coralville, next to railroad tracks. Please park in back of the church and come through the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion. There has been 11-15 attendees and we are seeing some new faces returning. Coffee is available. Yours in service, Ricarda P. GSR

**Tiffin Monday Night Meeting**

We meet at Tiffin Grace United Methodist Church 300 W. Marengo Rd. start time 7 PM and it's a open discussion meeting. We have an average of 25 in attendance. We have had several younger new members lately. we serve a Costco sheet cake on the last Monday of the month celebrating that months anniversaries. A business meeting is held on the first Monday following our regular meeting. Come join us in Tiffin!!! Rick W. GSR

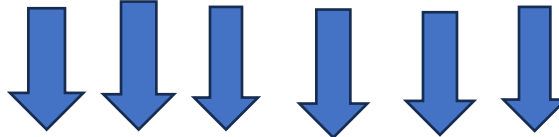
**Recovery Group Muscatine**

The recovery group still meets every Monday, Wednesday, and Friday at 630 pm. We had our group inventory on February 14th. Our group will be flooding the Last Chance meeting on February 28th . Our next group conscience is March 8th at 6 pm. Yours in love and service Renee

**Motion to Close 3:13 PM:** Mike J. Seconded Megan H Approved.

**NEXT MEETING:**  
**MARCH 22, 2026**  
**OUR REDEEMER LUTHERAN CHURCH**  
**2026 District Meeting Schedule**

**All meetings 230-330 pm**



Iowa City Meetings

~~January 25\*~~

March 22\*

May 17 (due to Memorial Day weekend)

July 26

September 27

November – No Meeting

(due to holiday)

\*Potential ZOOM meetings for inclement weather

Please mark your calendars now so you don't forget!

Muscatine Meetings

~~February 22\*~~

April 26

June 28

August 23

October 25

December 6\*

(due to holidays)