

District 13 Meeting Minutes
March 22, 2026
Our Redeemer Lutheran Church
Court Street
Iowa City, IA
230pm-330pm

Members Present: Teresa R., Wayde L, Jim S. Jean H., Merrilee R., Rick W., Michael J., Jeff N., Cindy G., Susan J., Mike C., Liddie R., Michael H., Megan H., Renee

New Members/Visitors: Regan L., Bryan D.

Members Absent/Excused: Matt B

Meeting called to order at : 2:30

Open with Serenity Prayer

Concept Reading 3– Wayde L.

Officer Reports

▪ **Secretary Report for February 22, 2026**

- 13 in attendance- 1 absence
- 13 officer reports; 8 GSR reports
- Secretary and Treasure reports approved with ending balance \$1008.13
- Teresa DCM – Shared about upcoming WCRAASC and March Area Service Weekend.
- Literature : \$501. order placed
- Michael J continues working hard on Corrections and Treatment interface with AA and has help now.
- Newsletter: Cindy G. sent out February Newsletter to 73 emails; featuring 2 part story on the Washingtonians.
- Rick W prepared to set up at events and will attend Archives in Mt Pleasant at Spring conference.
- Grapevine now offering Zoom meetings.
- Megan shared schedule updates
- Jim S. timing of schedule changes/new meetings to be posted after 60 days.
- Renee volunteered and was elected to CPC position.
- New GSR Saturday Women’s Big Book—Liddie R. liddiekrebs@hotmail.com
- New Intergroup Rep and Breakfast Club alt GSR Jeff N. jeff.nurre@gmail.com
- Meeting adjourned 3:15 pm
- Motion to approve x 2 and unanimous approval.

• **Treasurer Report- Jean H.**

• **District 13 Treasurer Report Feb-March 2026**

• **Starting balance: \$ 1008.13**

Income/Donations: Group donations \$463.22 (NL, Melrose, Recovery grp, Sat AM woman’s)

Total income: 463.22

Expenses: Area Foundation mtg rent 15.00, AWS Literature order 572.45 , AAWS pamphlet order 36.68.

Total Expenses: \$ 624.13

New Balance: \$ 847.22

Motion by Cindy and Susan; unanimous approval

• **DCM Teresa**

- Happy Spring, thank you all for attending, and thank you all for your service. I attached one more list of the 2026 General Service Conference – agenda topic summaries, this list was composed by the California Northern Coastal Area 06 and is much easier to understand than any other that we received. If your group has strong feelings about any of the items and wish to express it to Dan P before he goes to New York you can email him directly to area24.delegate@aa-iowa.org by April 15th and he will make note. There was discussion about this should be the format we should receive to begin with.
- I did attend Service Weekend on Zoom because of the weather forecast; it worked out well. We got through the agenda items quickly on Saturday (finished by 1:00) and I think that was because we had just gone through them all at the West Central Regional Service Conference two weekends before and the new format. Sunday was reports, Treasurer report, available balance \$16,363.88 with a prudent reserve of \$12,000; Pink Can available balance \$5,219.16 with a prudent of \$500.
- **Unfinished business**
- Central location for all Area Events – tabled till Spring Conference. -Different time options for Area Conference workshops tabled till after spring conference. -Fall 2026 Conference in Cedar Falls update. -Spring 2027 Conference bids – only one bid, Grinnell and it was accepted.
- **New Business**
- -We have been contributing \$3,500 to \$4,000 since 2016 to GSO to cover expenses of our Delegate. The cost per delegate for the 2026 conference will be \$9,350 so a motion was made to increase the contribution to \$7,000 by our Area, the Treasurer was comfortable with the motion. Motion passed unanimously.
- A motion was made to repair or buy a new computer for the Area Secretary (it's been at least 5 years since last upgrade); our tech chair will check out the present one and if recommendation is to be replaced, a motion was made to spend up to \$1,000. Motion passed unanimously.
- A motion was made to form a subcommittee to come up with ideas for different time options for Area Conference workshops. Motion passed.
- Seed money was requested for 2027 Spring Conference; a motion was made for \$1,000.00 and it passed unanimously.
- Remind your groups that there is a printable current schedule on the IA AA District 13 website if they run out and if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S., so he can get them posted on the website. If you have any questions or concerns, please reach out to me.
- **Alt DCM-Wayde L**
 - Greetings to all from your Alt DCM. I hope peacefulness and God consciousness are factors in your lives today. The growth of our fellowship is apparent by the actions we have already taken and passed on to others. District 13 is ever changing and forward moving which shows itself in the community of individuals coming together and acting as one for all of A.A. to witness. I standby for anyone who requests outside help. The balance of personal adventures and fellowship growth is a balancing act that would only be outdone by God's divineness. Please contact me (Alt DCM) if I can assist in any way. I am always glad to trudge the road of happy destiny alongside you whenever possible. My contact information is:
 - Wayde L. (Alt DCM) lucasorange12@gmail.com 563) 571-3134 Inservice: Wayde L.
- **.Activities – Cindy G**
 - May 3 event flyer available and distributed. Signed paper for Hills Community Center and sent in Deposit and fee, Our panelists are set. and I ordered 36 pamphlets. Panelists are Wayde of Muscatine our alt,DCM, John R. of Cedar Rapids, our area literature chair, Maryann G of Atalissa, a former Delegate, and Tim H of Iowa City, Intergroup Rep for Tuesday Night Trudgers. Yours in service Cindy G
- **Archives – Rick W**

- Looking forward to our May 3 event in Hills. I will display the district archives there. Area 24 archives is holding an open house on Friday morning in Marshalltown before the spring conference begins in June which I will be attending. in-service Rick W. Archives chair
- **Corrections – Michael J**
 - **Current Operations** Active meeting at Hope House Residential Center (Coralville) Promotion within the fellowship not yet discussed, but information can be provided if needed Got Pink can to donate plain language big books! Meeting at Cedar County Sheriff's Office Now have 4 men and 1 woman volunteers Runs itself now. Continues to average 4 people asking for a meeting each week. I chaired it last week, and have some longer term members inside. So we are working on a way to have consistency amongst volunteers and more things for the inside members.
 - The volunteers would like a workbook, but there are none that are AA GSC approved yet. So that restricts how we can support them being purchased. Ex: Pink Can is for GSC approved, and I haven't brought anything here either because I assume the same.
 - Also, they don't have a recommendation for what they would want, this is new to them and me
 - The scenario is that the members on the inside get 20-30 minutes a week to talk to an outside member, in the other 167.5 hours a week it would be helpful to have a resource they can read with the big book.

Current Plans & Updates

Johnson County: No physical meeting space available. Exploring alternatives (haven't done): Pamphlets, schedules, and digital literature (e.g., Edovo platform). Look into Turnkey Account for visitation.

Oakdale Correctional Facility: Inmate-led meetings already occur; (need to do) Will explore the option of a daytime meeting.

Iowa County: Need to follow up. Haven't received any contact back.

Muscatine County: Facilities have an existing system; awaiting more information Found someone: Spencer in Muscatine that is excited to try to find a way in.

 - **Upcoming Actions** Work on the alternative methods of involvement in Johnson and Oakdale Also if you go on the website you will now see a link for opportunities! Sincerely, Michael J. District 13 Corrections Chair
- **CPC – Renee**
 - Read the CPC workbook. Started writing letters using the format provided in the CPC workbook. Have letters ready for the treatment center's. I have the letter and the A.A. fact sheet , and the pamphlet A.A. at a glance, along with meeting schedules to give to the treatment center's and mental health agencies. Also my home group has a CPC/PI person , and our first committee meeting will be on March 27th. Yours in Love and service Renee
- **Literature -Susan J**
 - Expenses:
 - Books \$572.45
 - Pamphlets \$36.68
 - Total Expenses: \$609.13
 - Sales:
 - AA on Hauser \$232.50
 - Melrose Group \$362.00
 - Total Sales: \$594.50
 - **have 3 orders to deliver to groups—provided Merrilee with Midwest order to take to meeting tonight.

Grapevine: - Wayde L.

- The April Grapevine topic is: Getting into General service! Please share your experience on how you got into service work and the benefits that go along with sharing it with others. You may also share your personal stories and adventures to assist others in their recovery. The Grapevine also offers

online meetings and a monthly print magazine for your group to display. The magazine also can be used as a format for meetings in your gathering place. If you need assistance with any Grapevine matters please feel free to contact me 563-571-3134 or lucasorange12@gmail.com. In service: Wayne L

- **Newsletter -Cindy G**

- This month newsletter we are honoring 10 people's AA anniversaries for a total of 201 years of sobriety! Included flyers for our May event, Trudger's April event and the Area Spring Conference to be held in Marshalltown on June 12th, 13th, and 14th. The newsletter went out 75 email addresses. Still looking for someone to take over position of district newsletter chair. Yours always in service, Cindy G.

- **PI-Megan H.**

- Went to West Central Regional Service Conference on Saturday February 28th. Listened in on the PI items:
 - a. Review progress report on PSA Development and Review Plan
 - b. Review report on the GSO Podcast, "Our Primary Purpose."
 - c. Review report on AAWS YouTube Channel.
 - d. Review report on Google Ads.
 - e. Review report on Meeting Guide app.
 - f. Review report on GSO's A.A. website.
 - g. Review report for AAWS "Online Business Profiles."
 - h. Review AAWS Social Media Policy.
 - i. Review proposed plan for 2026 Membership Survey.
 - j. Review draft revision of the pamphlet "Understanding Anonymity" (P-47).
 - k. Review content and format of P.I. Kit and Workbook.

- Printed off 200 meeting schedules for Jan, Feb, March 2026 on Feb 24th for Melrose - **\$32.50**

- Printed off 800 meeting schedules for April, May, June 2026 on March 20th - **\$112.50**

- **Treatment – Michael J.**

- **Current Operations**
- **Community and Family Resources** Location: 430 Southgate Ave. Meetings :Every Thursday at 7 pm (topic discussion meeting, open to men and women). Last month there was a meeting where 10+ outside members came. **Bridge the Gap** session every 3rd Sunday. I did it last week, it is a great experience to talk with the guys, and answer questions about sponsorship, the steps, this higher power business. **Thrive Now** Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm Requirement: 90 days sobriety; arrive 10 minutes early to enter together. Doug P. Has Doug P. Has been chairing the meeting and the format is open sharing. There are 2-3 outside members typically and 30+ inside members. Can always use more outside members
- **Bridge the Gap** (Temporary Contacts) Elise has taken over this aspect of treatment and they are much more connected to treatment and have been Elise has gotten numbers of people connected from outside the area coming in increased by connecting with people at all the conferences.
- They are looking for more contacts in the Muscatine area since it is another popular landing spot in our district
- They also have been in contact with the Iowa City Va hospital and have gotten a few veteran members interested in carrying the message. If you are a veteran or know someone who is, I can connect you with Elise. They haven't decided a time yet but they need more volunteers to be able to commit.

- **Website – Jim S.**

Good Afternoon Everyone, Elise offered to help me with making the business cards easier to read and came up with what I think is a better design. I have printed off a few but I was unable to print on the back side where Elise proposed to put the Q R Code and an area to put your name and number on them. I have some with me for everyone to take a look at. The information in entered into the meetings tab on the website for the new men's step meeting. I let Bryan D

know that it won't be posted online or on the printed schedule until the meeting has 60 days per what we discussed. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache.

Intergroup –Jeff N.

- **voted to go 50/50 on costs with district for the spring workshop**
- **voted to keep the current policy of reimbursing travel+expense for speakers after lengthy discussion**
- **-moving ahead with spring picnic, May 23rd, flyer coming soon**

Unfinished Business

- Spring event final details—Cindy G.
 - Everything set. Cindy will take care of pulled pork. Members to bring sides. Will circulate sign up sheet next meeting. Young Peoples Conference committee would like to help with event. See Activities report for details.
- 76th General Service Conference agenda items to be considered list (attached) – most recent list with background information – if you want to look over with group and if you have strong opinions on any items you can email directly to Dan P. at area24.delegate@aa-iowa.org . Conference isn't till end of April, please send by April 15th.
- Public Information (PI) business card formatting and if we want to print. Redesigned by Elise. Will add QR and place for name. Samples were circulated. No vote was taken.
- **New Business**
 - **Reimbursements**
 - Schedule Printing 32.50 + 112.50 for total \$145.00 (Megan H)
 - \$33.85 Conference (Teresa)
 - Approved
 - Merrilee suggested adding time on February or March 2027 agenda for discussion of GSC agenda items to be considered in April 2027. Distribute detailed info on items as soon as available for groups to have time to discuss.

GSR Reports (includes only those groups that submit reports at the monthly meeting or via email)

Iowa City Womens Big Book Study Group

We are a women's, closed meeting that meets every Saturday at 9am at Gloria Dei Lutheran Church in Iowa City and there is a zoom option to attend. We read the first 181 pages of the big book followed by alternating the 1st, 2nd, or 3rd section of the stories in the new edition, then share on the reading. We have approximately 15-20 women attending each week.

By The Book GSR Report

Continue to meet on Thursdays at 6:30 pm at Gloria Dei via hybrid. Zoom link can be found on the meeting guide app. The church has adopted new sound/video equipment so we are learning about that. Approximately 15 – 20 people attend with fellowship at Thai Flavors afterwards.

Breakfast Club

The Breakfast Club Group meets at 6am, seven days a week, at 511 Melrose, Iowa City. Our meetings are open. Meeting chairs select the reading from AA approved literature followed by shares. Attendance is strong, weekdays between 12 and 18 people, weekends smaller. We regularly welcome newcomers. Our business meeting occurs on the 2nd Friday of the month (Next Meeting April 10) but a change is under discussion. At our February meeting, we approved small contributions to Intergroup, District 13 and the GSO. We have recently updated our home group roster and meeting script. We have no upcoming events or announcements to report. Thanks to all for their service! Matt B. Reported by Jeff N. alt GSR.

Melrose Group

Report by Mike C.

Tiffin Monday Night Meeting

We meet at Tiffin Grace United Methodist Church 300 W. Marengo Rd. start time 7 PM and it's an open discussion meeting. We have been having an average of 25 to 30 people and recently been having a lot of several younger new members lately. We serve a Costco sheet cake on the last Monday of the month celebrating that months anniversary's. We hold a regular business meeting on the first Monday of the month following our regular meeting. Rick W. GSR

Recovery Group Muscatine

The recovery group still meets on Monday, Wednesday, and Friday at 630 pm. 313 Sycamore Street. We have been having between 8 to 16 in attendance per meeting. The recovery group's fun and games activity was painting at Picasso's paint your own pottery ; many artists around 16 home group members attend. March 27 th our home group will be having a group conscious to discuss the agenda items that were discussed at the March service weekend. Yours in Love and Service Renee

Midwest

Sunday night open meeting 7pm at Zion Lutheran in Iowa City. Topic discussion and speaker every week. 40-50 attendance. Had Whoopee Party/Game night in February. Business meeting 1st Sunday of every month. Next meeting April 5 at 530-630pm. Michael H. GSR

Tues Trudgers

Eat and Meet Event announced by Jean H with flyer available.

New Men's Study Group

Announced by Bryan D. Flyer available. Will start April 1. Closed meeting Wednesday at Melrose 10-11:15 am. Step related reading and discussion. Bring your Big Book and 12x12

Friday Night Men's Group

GSR not active in group. Bryan D. will send in report each month. Meets Friday at 8pm at Zion in Iowa City, Great attendance.

Solon Group

Meets Thursdays at 7pm downstairs at Methodist Church on West St in Solon. AA reading with discussion to follow. Rotating chair person every 6 months. Small group (6-8) with lots of laughter and fellowship. Merrilee R

Motion to Close 3:13 PM:

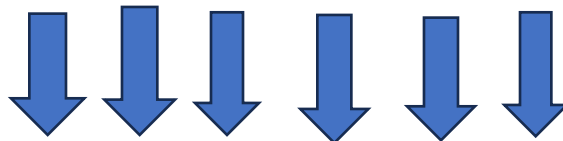
NEXT MEETING:

APRIL 26, 2026

704 HOUSER ST IN MUSCATINE

2026 District Meeting Schedule

All meetings 230-330 pm



Iowa City Meetings

~~January 25*~~

~~March 22*~~

May 17 (due to Memorial Day weekend)

July 26

Muscatine Meetings

~~February 22*~~

April 26

June 28

August 23

September 27

November – No Meeting

(due to holiday)

October 25

December 6*

(due to holidays)