

**District 13 Meeting Minutes**  
**April 26, 2026**  
**704 Houser Street**  
**Muscatine, IA**  
**2:30pm-3:30pm**

Members' Present: Teresa R., Cindy G, Rick W, Ricarda P, Michael J, Susan J, Wayde L, Lavinia E, Elise G, Renee R., Liddie R.

New Members/Visitors: Lavinia E, GSR for LGBTQ+AA Group that meets Thurs, 7:30 at Melrose, Iowa City

Members Absent: Merrilee R, Megan H., Jean H, Jim S, Jeff N.

Meeting called to order at: 2:30 pm

Open with Serenity Prayer

Concept Reading 4– Wayde L.

Chair Reports

▪ **Secretary Report for April 26, 2026--TBD**

- 11 in attendance- 5 absences
- 1 new member / visitor
- 14 officer reports; 11 GSR reports
- Secretary and Treasure reports approved with ending balance \$1502.91
- Teresa DCM – not much happening, cleaning up emails and directory information. Looking forward to Hills workshop.
- Cindy G.-Activities and Newsletter- Reported on May 3 event in Hills; newsletter sent to 81
- Rick W Archives – Attending Spring Conference in Marshalltown
- Michael J -Corrections and Treatment-summarized updates
- CPC Renee R- had first committee meeting and have projects in the works (see report)
- Susan J Literature - Total Expenses:
- Megan H. PI – had 150 extra meeting schedules printed (70 to Renee) keeping the rest if anyone needs
- Wayde L. Grapevine-topic for April Grapevine is General Service
- Michael J continues working hard on Corrections and Treatment interface with AA and has help now.
- Meeting adjourned 3:15 pm

• **Treasurer Report- Jean H.**

- **Starting balance: \$ 847.22**
- **Literature/Donations 1,395.07**
- (Melrose, Houser, Midwest, Trudgers, ICYP, Almost Fri, AATWCMI & Melrose)
- **Total income: 2,242.29**
- **Expenses:**
- Our Redeemer mtg rent 15.00
- AAWS Literature order 545.53
- Teresa R: DCM expenses 33.85
- Megan H Meeting Schedules 145.00

**Total Expenses: 739.38**

- **New Balance: \$ 1,502.91**

- **DCM- Teresa**
  - Happy Spring, thank you all for attending, and thank you all for your service, I know life gets busy this time of year, so I really appreciate you taking the time to show up. Got Renee's information sent to Area to get updated. Working with Merrilee to clean up email addresses and updating directory information. I didn't attend March's workshop in Marshalltown in person so didn't pick up any new event flyers. I know this time of year a lot of workshops, picnics and events happen so if I hear anything I will get flyers to Jim S., and Cindy G., so they can get website updated and information in next newsletter. If you hear of any AA events close that you would like on the website and or newsletter, please let Jim and Cindy know. I got an email from the GSO literature person telling us that they have extended the end date for articles for the pamphlet on the transgender alcoholic in AA please send any articles to <https://www.aa.org/news-and-announcements> and I have the 2026 Quarterly Area 24 – Iowa : District 13 group contributions detail list. Remind your groups that there is a printable current schedule on the IA AA District 13 website if they run out and if you know of any meeting changes, please send them to our PI chair, Megan H., Webmaster, Jim S. or me, and send any event fliers to Jim, so he can get them posted on the website. If you have any questions or concerns, please reach out to me. In love and service, them posted on the website. If you have any questions or concerns, please reach out to me.
- **Alt DCM-Wayde L**
  - Good weather is upon us and travel to outside destinations should be easier so we all may keep passing on A.A.'s message and support within our community of fellow alcoholics. Please share your experience, strength, and hope with others who are always glad you came. I am looking forward to our activities event in Hill's Iowa and want to encourage all to be a part of the camaraderie sponsored by District 13. We will have good food, drinks and displays from our current chairs and attendees. We also will be hearing from panelists on their experience with home groups and their importance. See you there!
- **.Activities – Cindy G**
  - All is on track and I brought a signup sheet for things to bring. I will have pulled pork, buns, onions barbeque sauce, and mustard. I will go over on Friday to pick up the key to the community Center. About Wednesday or Thursday I will call our panelists to be sure we are good to go. Flyers have been going out and copies have been sent to the panelists via the newsletter. I went to Urbana for Crossroads group anniversary and took flyers as well.
- **Archives – Rick W**
  - Archives: looking forward for our event on May 3. Will be attending the area 24 archives open house in Marshalltown along with the spring conference that weekend. District 13 archives will be on display in Hills May 3 and at the Monday night Tiffin groups 20 year anniversary along with celebrating 91 years of AA June 8! Rick W. Archives chair

## **Corrections – Michael J April 2026 Treatment Report Treatment Chair: Michael J. (812-361-6715)**

### **Current Operations**

#### **Active meeting at Hope House Residential Center (Coralville)**

- Promotion within the fellowship not yet discussed, but information can be provided if needed
- Got Pink can to donate plain language big books!
- Meeting at Cedar County Sheriff's Office; Now have 4 men and 1 woman volunteers ; Runs itself now. Continues to average 3 people asking for a meeting each week

- **CPC – Renee**

- We had our first CPC committee meeting on March 27th. We have the email so we can get into it, so people can contact us. We distributed 10 packets to counselors and 1 to a treatment center in Muscatine. The packets include a letter to the professional, a AA fact sheet, "what AA does and doesn't do" the pamphlet ( A brief guide to AA), and meeting schedules. I am happy to report when I talked with the treatment center counselor in Muscatine he told me what a wonderful program AA is . AA members from Muscatine have been going to the treatment center the last Thursday of every month to share their experience strength and hope with the clients at New Horizons and apparently they have made a good impression on the counselor's there. We also have 18 packets made up for the churches in the Muscatine area that are ready to be distributed and 10 packets to attorneys and 2 for corrections in the Muscatine area. I did purchase pamphlets for the packets for 48.20 ( I have the receipt). I would like to get a committee going in the Iowa City area for CPC. So I am looking for some suggestions? In love and service Renee

- **Literature -Susan J**

- Total Expenses:**

- 4/5/26 AAWS Literature order \$545.53

- Total Sales:**

- Individual member: pamphlets/books \$53.00
    - Tuesday Trudgers \$102.00
    - IC Young People \$205.00
    - Tiffin Thursday AM \$226.00
    - Individual member \$6.00
    - Total: \$592.00
    - Yours in Service, Susan J

- **Grapevine: - Wayde L.**

The grapevine magazine is featuring the topic of "How the steps changed my life" for the May Issue. We all can relate to this topic in all of our recoveries since they are the starting point of our personal foundations. The magazine will also take personal stories of recovery experiences within A.A. and share nationwide in a circulated publication to inspire others to join in the fellowship. I recommend the Grapevine application for those individuals who are on the move every week. Fellowship has its privileges. In service: Wayde L.

- **Newsletter -Cindy G**

- The newsletter went out on Wednesday the 22nd to 81 email addresses. 7 people celebrated in April for 95 years. I had one person down for the wrong number of years, and two people with the wrong home groups. I didn't allow enough time to receive proper feedback so I will try to put out my request for birthdays a day or two ahead of sending out the newsletter rather than just 20 hours. There is a nice editorial written by Dr Bob featured in this month. It was his 1st of only a few submissions to the Grapevine. Check it out. And check out the flyers. Even though I didn't have a flyer, in Upcoming events...Starting Monday May 4th at 5:30 PM there will be a new meeting starting up at the Shueyville Church just off I 380and it will be a closed Step Study.

- **PI-Megan H.**

- Printed off an extra 150 meeting schedules (70 go to Renee) . Total \$28

- .Treatment – Michael J.**

- **Treatment Chair: Michael J. (812-361-6715)**
- **Current Operations**

**Community and Family Resources Location: 430 Southgate Ave.**

- Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women).
- Members meet at the East door ~10 minutes before starts. Last month there was a meeting where 10+ outside members came.
- Bridge the Gap session every 3rd Sunday. I did it last week, it is a great experience to talk with the guys, and answer questions about sponsorship, the steps, this higher power business.

**Thrive Now Location: 15 Silvercrest, Iowa City.**

- Meeting: Wednesdays at 6 pm; Requirement: 90 days sobriety; arrive 10 minutes early to enter together; Doug P. Has been chairing the meeting and the format is open sharing. There are 2-3 outside members typically and 30+ inside members. Can always use more outside members
- Bridge the Gap (Temporary Contacts)
- Elise has taken over this aspect of treatment and they are much more connected to treatment and have been . Elise has gotten numbers of people connected from outside the area coming in increased by connecting with people at all the conferences.
- They are looking for more contacts in the Muscatine area since it is another popular landing spot in our district
- They also have been in contact with the Iowa City Va hospital and have gotten a few veteran members interested in carrying the message. If you are a veteran or know someone who is, I can connect you with Elise. They haven't decided a time yet but they need more volunteers to be able to commit.
- **New:** Thrive now would be welcoming to a bridge the gap meeting to introduce new members to the program in the style that CFR is currently running. Available times based on rotation is 1:30-2:30 pm Monday-Friday

- **Website – Jim S.**

Sorry that I can't make it today. I have the website up to date with the current fliers and the most recent meeting changes. Intergroup and Area have been notified to run the updates to link their schedules to ours. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache.  
In Love and Service, Jim

- **Intergroup –Jeff N.**

- We are ready for our spring picnic, flyers should be out. We are also looking to add some testimonials from AA's who found AA through the intergroup website.

**Unfinished Business**

- Public Information (PI) business card formatting and if we want to print
  - No decision made. Will discuss at May meeting.
- Hill's Event—success! Panel was great. Thank you to all that made it happen.

**New Business**

- Update on IAYPAA X conference
- Reimbursements
  - Megan \$28.00

- Renee \$48.20

**GSR Reports (includes only those groups that submit reports at the monthly meeting or via email)**

**Iowa City Womens Big Book Study Group-Liddie R**

Iowa City Womens Big Book Study Group is a women's, closed meeting that meets every Saturday at 9am at Gloria Dei Lutheran Church in Iowa City and there is a zoom option to attend. We read the first 181 pages of the big book followed by alternating the 1st, 2nd, or 3rd section of the stories in the new edition, then share on the reading. We have approximately 15-20 women attending each week.

**Melrose – Elise GSR**

Some changes have happened with our GSR as Mike C. has stepped down from his position as GSR for the Melrose Group. Former alt-GSR Elise G. is now stepping into that role and we are actively looking for a new alt-GSR. We currently are still holding strong at each meeting, adding a new men's book study meeting Wednesdays at 10 am to the roster. We look forward to having a group inventory done in the near future with the date looking to be in August done by Mike M. Yours in service, Elise G.

**By The Book GSR Report –Megan H**

A new television and sound system have been set up and working well. Roughly 15 – 20 people attend. We meet on Thursday at 6:30 pm at Gloria Dei Church via hybrid. Zoom link is on the meeting app. We've had a few homegroup members celebrating sobriety birthdays. Still attending Thai Flavors afterwards.

**Breakfast Club-Matt B**

The Breakfast Club meets at 6am, seven days a week, at 511 Melrose, Iowa City. Our meetings are open. Meeting chairs select readings from AA approved literature followed by shares. Attendance on weekdays is between 12 and 18 people. Weekend meetings are a bit smaller. We welcome newcomers regularly. Our business meeting has changed. It will now occur quarterly on the 2nd Friday of the month (Next Meeting July 10). We have no upcoming events or announcements to report but have begun discussing additional service opportunities. Matt B

**LGBT+ - Lavinia**

This is my first district meeting, my name is Lavinia and I'm the GSR for the Thursday night 7:30 pm LGBT+ AA meeting. We hold meetings each Thursday with roughly 15 people in attendance on average. We are nearing our first year of having the meeting, and are excited to have our first event in June that will be partnering with IAYPAA X, more details to come. Yours in service, Lavinia

**Tiffin Monday Night Meeting**

Monday night Tiffin group-we meet at 7 PM at Grace United Methodist Church 300 W. Marengo Rd. We still are having an average of 25 in attendance every Monday night. we are an open discussion meeting. Costco cake is served the last Monday of the month to celebrate AA birthdays of-the month. We hold a business meeting the first Monday after our regular meeting and our latest survey showed us was 16 home group members. on June 8 we will be having our 20 year celebration and AA's 91st I have Flyers available here today and it's posted on the district and intergroup websites. Rick W. GSR

**Recovery Group Muscatine**

We still meet every Monday, Wednesday, and Friday at 630 pm at the Zion Lutheran Church in Muscatine. Our attendance at meetings is anywhere from 8 to 18. We had a flood the meeting event where we flooded the central discussion meeting in Davenport on April 11th and went out to eat at village Inn afterwards. Our next fun and games event will be on May 9th at the bowling alley in Muscatine. We have our next group conscious on May 3rd. Yours in love and service Renee

**Midwest**

Sunday night open meeting 7pm at Zion Lutheran in Iowa City. Topic discussion and speaker every week. 40-50 attendance. Celebrated 29 years of service with cake from Costco. The business meeting 1<sup>st</sup> Sunday of every month. Next meeting May 3 at 530-630pm. Michael H has resigned as GSR and we thank him for his service to Midwest and his continued support. Merrilee R Contact

**Solon Group**

Meets Thursdays at 7pm downstairs at Methodist Church on West St in Solon. AA reading with discussion to follow. Rotating chair person every 6 months. Small group (6-8) with lots of laughter and fellowship. Celebrated 1 year of Solon group renewed with cheese cake. Merrilee R Contact

**Thursday Almost Friday Mid Morning Group-Gary H “Hoop”**

The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open and the discussion follows the reading of the Big Book and the Daily Reflections. The Chair Person and Co-Chairman is rotated monthly. There are on average between 12 - 14 in attendance. The Group Conscious Meeting is held on the 3rd. Thursday of each month. The Almost Friday Mid-Morning Group will be celebrating their 1st. year Anniversary on Thursday April 23, 2026. There will be Breakfast Pizza, Donuts and Coffee.

**Iowa City Sober Living Women’s Group—Amy S.**

No changes. Meets Wednes at 6pm at ICSL. Email [astratton0701@gmail.com](mailto:astratton0701@gmail.com) for directions.

**Motion to Close:**

**NEXT MEETING:**

**MAY 17 , 2026**

**(NOTE CHANGE IN DATE DUE TO UPCOMING HOLIDAY)**

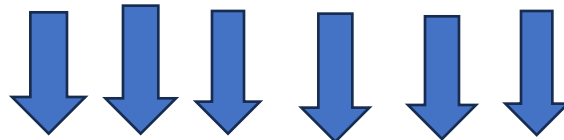
**OUR REDEEMER LUTHERAN CHURCH**

**COURT STREET**

**IOWA CITY**

**2026 District Meeting Schedule**

**All meetings 230-330 pm**



Iowa City Meetings

~~January 25\*~~

~~March 22\*~~

May 17 (due to Memorial Day weekend)

July 26

September 27

November – No Meeting

(due to holiday)

Muscatine Meetings

~~February 22\*~~

~~April 26~~

June 28

August 23

October 25

December 6\*

(due to holidays)