

District 13 Meeting Minutes
May 17, 2026
704 Houser Street
Muscatine, IA
2:30pm-3:30pm

Members' Present: Teresa R., Wayde L., Jean H., Cindy G., Merrilee R., Rick w., Megan H., Renee R., Susan J., Jeff N., Ricarda P., Liddie R., Gary H., Lavinia

New Members/Visitors: Brian B. Alt GSR Melrose Grp. brianberensen@gmail.com, Lavinia new email easleyzuzug@gmail.com

Members Absent: Jim S., Matt B., Michael J, Elisa G.,

Meeting called to order at: 2:30 pm

Open with Serenity Prayer

Concept Reading 5– Wayde L.

Chair Reports

▪ **Secretary Report for April 26, 2026**

- 11 in attendance- 5 absences
- 1 new member / visitor
- 14 officer reports; 11 GSR reports
- Secretary and Treasure reports approved with ending balance \$1502.91
- Teresa DCM – reminded group of Spring Conference; articles needed for Transgender pamphlet
- Cindy G.-Activities and Newsletter-Hills event and April newsletter
- Rick W Archives - future events of Archive display
- Michael J – updates on Treatment and Corrections
- CPC Renee R- getting settled in new position
- Susan J Literature – reported \$592.00 in sales
- Megan H. PI—schedule updates/new meetings
- Wayde L. Grapevine-April article topic: How the Steps Changed My Life
- Jeff N – Intergroup May picnic
- Meeting adjourned 3:15 pm

• **Treasurer Report- Jean H.**

• Starting balance:	\$ 1502.91
• Literature/Donations	\$ 91.16
• Total income:	\$1574.07
• Expenses:	
▪ Area Meeting rent	15.00
▪ AAWS Literature Order	27.90
▪ CPC expenses	48.20
▪ Megan H Schedules	28.00
Total Expenses:	\$119.10
• New Balance:	\$ 1474.97

• **DCM- Teresa**

- First thank you all for your participation in carrying the message, you're doing a great job. Thank you. I'll be honest and have not done much this month, got CPC and a couple new GSR's info off to Area and that's about it. Have a couple of projects like cleaning up Area Directory information planned for this summer when I won't have the workload, I've had this past couple of months. Now I've said it out loud so will have to follow through lol. Looking forward to the Spring conference in Marshalltown in June.
- Remind your groups that there is a printable current schedule on the IA AA District 13 website if they run out and if you know of any meeting changes, please send them to our PI chair, Megan H. Webmaster, Jim S. or me, and send any event fliers to Jim S., so he can get them posted on the website. If you have any questions or concerns, please reach out to me.
- Reviewed Jan-Feb list of Area 24 donations
- **Alt DCM-Wayde L**
 - We have the spring conference June 12th -14th in Marshalltown, Iowa. I hope to join everyone in attendance at this event. A.A. business is never ending and is the key to trudging the road of happy destiny. Thank you to District 13 chairs and GSR's who take the time to do this work and make life good for all of our A.A. community. Our May event in Hills, Iowa was a success. We enjoyed good food and friendship while embracing the great participation in Alcoholics Anonymous. Thank you Cindy and Teresa for their leadership at this event.
- **.Activities – Cindy G**
 - On Sunday May 3rd, Our district hosted our Homegroup workshop. We counted 26 attendees. I believe our panel did an awesome job and our audience was respectful and attentive and asked great questions. We saw faces we had not seen at our activities before. We saw plenty of help setting up and cleaning up. We took in \$109.00 in our freewill offering. Our expenses were \$25 for rent. I had also put down a \$75 deposit that has already been returned. The receipts for the meat and buns came to \$68.60 so total expenses were \$93.60, for which I will request reimbursement for. I have communicated with Laura from Intergroup that our take at the door was more than our expenses. Our custom previously has been to give the City of Hills a total of \$50 dollars so I will move we send Hills an additional donation of \$25 for the upkeep of the Community Center. Since this is a voluntary expense I don't feel we should ask Intergroup to share this expense.
 - Before Our next event I will need to make some purchases to replenish our tote. In June I will make an attempt to seek a day where we might invite Dan P. back to discuss the 76th General Service Conference in Muscatine. I would like to take this opportunity to say Thank You to all who helped make our workshop a success! This is a not an "I" program but it is a "WE" program.
- **Archives – Rick W**
 - Recently displayed district 13 archives at our event in Hills. Planning to set up at the Monday night Tiffin groups 20 year anniversary on June 8 plus we're celebrating 91 years of Alcoholics Anonymous. Also I will be attending the area 24 archives open house at the spring conference in Marshalltown June 12. Rick W. Archives chair
 - **Corrections – Michael J (from April, no new May updates)**
 - **Active meeting at Hope House Residential Center (Coralville)**
 - Promotion within the fellowship not yet discussed, but information can be provided if needed
 - Got Pink can to donate plain language big books!
 - Meeting at Cedar County Sheriff's Office; Now have 4 men and 1 woman volunteers ; Runs itself now. Continues to average 3 people asking for a meeting each week
- **CPC – Renee**
 - I mailed 10 packets to 10 churches in the Iowa City and Coralville area. In the letter to the clergy or pastor I explained our website www.aa.org and how to find a meeting. The difference between open

and closed meetings. I also invited them to attend an open meeting. I also wrote that we would be able to accompany someone with a drinking problem to a meeting, I should probably get some phone numbers from people in Iowa City in case they do call or email me. So I would like some phone numbers. Thank You! The cost to mail the packets which include 4 meeting schedules, 1 personal letter, 1 AA fact sheet and the pamphlet Faith Leaders ask about Alcoholics Anonymous cost 2.17 per mailing. Plus I had to buy tape to tape the back of the envelope (per the postmaster). I do have the receipt for that. I want to personally deliver all of them in Muscatine because of the expense of mailing. Our next CPC meeting in Muscatine will be on May 22 at 5. I do have the receipts for the mailings. Thank you Cindy and Teresa for giving me some time at the district 13 workshop to explain a little about CPC. Yours in love and service Renee

- **Literature -Susan J**

Total Expenses: 0

Total Sales:

- Tuesday Trudgers \$12.00
- Midwest \$87.00
- **Total \$99.00**
- Yours in Service, Susan J

- **Grapevine: - Wayde L.**

- The Grapevine magazine is printing stories from members on "Young and Sober" experiences about coming into A.A. at an early age and the challenges they faced. What attracted them to seek out young people's groups and why this was beneficial to Alcoholics Anonymous as a whole. Please share your experience on Recovery and why sharing helped you to pass this message on with other members. We have a variety of books for sale at \$15.00 per book and we can help with ordering either the books or the magazine.

Newsletter -Cindy G

- Our district newsletter went out a bit earlier than it normally does due to our earlier than normal district meeting. It has been my plan to send out our newsletter just ahead of our district meeting as just another notice as to the date, time and place of our district meeting. I want to take this time to ask for your help in spreading the word of our district newsletter. This month our newsletter went out to 83 email addresses. At the beginning (1/2023), we had only 20. I would like to see us hit 100 recipients by the end of the year. Our AAversaries is a special section (who doesn't like to see their name in print)! We honored nine people with a total of 173 years sober. AA works if we work it. Keep those celebrants coming! First Name, last initial, number of years and home group, but check with the celebrant (if it is not you) to be sure they are okay with their name and sobriety out there. Thank you for your continuing support.

- **PI-Megan H.**

- Added Wednesday 10 am – 11:15 am 511 Melrose Jaywalker Men's Step Study group meeting to meeting schedules. Next schedules will be released at June district 13 meeting. I am going to start visiting meetings that aren't often discussed to see if they are still in operation. Please email or text me any new meetings or meetings that have ended.
- Future goals: reach out to high schools and seek out hotels and see if they have AA schedules starting in Johnson county. Also, since elections are coming up, see if any other AA member might be interested in taking over PI and get them comfortable with the process of meeting schedules.
- Poco a Poco is switching to 4pm instead of 2:30 pmn

Treatment – Michael J. (from April. No updates for May)

Community and Family Resources Location: 430 Southgate Ave.

- Meetings: Every Thursday at 7 pm (topic discussion meeting, open to men and women).
- Members meet at the East door ~10 minutes before starts. Last month there was a meeting where 10+ outside members came.
- Bridge the Gap session every 3rd Sunday. I did it last week, it is a great experience to talk with the guys, and answer questions about sponsorship, the steps, this higher power business.

Thrive Now Location: 15 Silvercrest, Iowa City.

- Meeting: Wednesdays at 6 pm; Requirement: 90 days sobriety; arrive 10 minutes early to enter together; Doug P. Has been chairing the meeting, and the format is open sharing. There are 2-3 outside members typically and 30+ inside members. Can always use more outside members
- Bridge the Gap (Temporary Contacts)
- Elise has taken over this aspect of treatment, and they are much more connected to treatment and have been . Elise has gotten numbers of people connected from outside the area coming in increased by connecting with people at all the conferences.
- They are looking for more contacts in the Muscatine area since it is another popular landing spot in our district
- They also have been in contact with the Iowa City Va hospital and have gotten a few veteran members interested in carrying the message. If you are a veteran or know someone who is, I can connect you with Elise. They haven't decided on a time yet but they need more volunteers to be able to commit.
- **New:** Thrive now would be welcoming to a bridge the gap meeting to introduce new members to the program in the style that CFR is currently running. Available times based on rotation is 1:30-2:30 pm Monday-Friday

- **Website – Jim S.**

- I apologize for missing the meeting today. I am feeling under the weather and feel the smart thing would be to stay away and not share this with everyone. I have everything up to date on the website and will be publishing the new men's meeting at the end of this month. The one thing I do want to bring up are the business cards that we have been talking about. If we want to pursue this idea for another way to get the word out, then I need help. There are some spelling errors on them. I have tried to correct them through a photo shop editor and through a PDF editor, and I cannot get the changes made. I need someone who is smarter than I am when it comes to this type of thing. The other issue that I am having is getting them to be formatted to Business Card size. Please feel free to reach out to me and I can email you or meet up with you or we can meet up sometime and I can explain what is going on.
- As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week's delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. In Love and Service, Jim

- **Intergroup –Jeff N.**

- We are ready for our spring picnic, flyers should be out. We are also looking to add some testimonials from AA's who found AA through the intergroup website.

Unfinished Business

- Public Information (PI) business card formatting and if we want to print
 - Will continue to research / discuss
- Hill's Event—success! Panel was great. Thank you to all that made it happen.

New Business

- Update on IAYPAA X conference-Megan H
 - We had our recent event AA Big Book Trivia, thanks to everyone who attended. Our next event is June 14th in Quad Cities for a Speaker and Sweets Bake Off. If you want more information, please speak to an IAYPAA host committee! Our conference will be August 14th-16th at the Highlander Hotel. Pre-registration is now \$20 and hotel rooms for the conference are \$119 a night. This is an experience you must not miss!
- GSR Recruitment
 - Briefly discussed how to get more groups represented with a GSR
 - Perhaps add an article to next Newsletter
- Reimbursements
 - Cindy G. \$93.60 Hill's Event-motion Rick, Second Merrilee, Approved
 - \$25.00 additional fee to Hill's Community Center- Rick, Megan, Approved
 - Renee R. CPC \$41.69 mailing costs to area Churches-Megan, Cindy, Approved

GSR Reports (includes only those groups that submit reports at the monthly meeting or via email)

Iowa City Womens Big Book Study Group-Liddie R GSR

Iowa City Womens Big Book Study Group is a women's, closed meeting that meets every Saturday at 9am at Gloria Dei Lutheran Church in Iowa City and there is a zoom option to attend. We read the first 181 pages of the big book followed by alternating the 1st, 2nd, or 3rd section of the stories in the new edition, then share on the reading. We have approximately 15-20 women attending each week.

By The Book GSR Report –Megan H GSR

Nothing new to report. We are still meeting on Thursday nights at 6:30 pm and we are hybrid. About 2-5 people attend on zoom, and 10-15 people attend in person. We read out of the big book, or at the 1st Thursday of the month we read the month's step chapter and tradition in the 12x12. We are restarting reading the big book again, so it's a great time to start attending if you don't already. We read for the first 20-25 minutes and then discuss the rest of the meeting. Fellowship at Thai Flavors after the meeting.

Breakfast Club-Matt B GSR

The Breakfast Club meets at 6am, seven days a week, at 511 Melrose, Iowa City. The meetings are open. Meeting chairs select readings from AA approved literature followed by shares. Attendance on weekdays is between 12 and 18 people. Weekend meetings are slightly smaller. We welcomed several newcomers in the past month. Our business meeting occurs quarterly on the 2nd Friday of the month (Next Meeting July 10). We have reinstituted an actual breakfast meeting on the third Friday of the month. We have no other upcoming events or announcements to report. Reported in person by Jeff N. Alt GSR

Tiffin Monday Night Meeting-Rick W GSR

Monday night Tiffin group) our meeting is at 7 PM at Grace United Methodist Church 300 W. Marengo Rd. We are an open discussion meeting with an average of 25 in attendance. Our last survey last month showed us with 18 home group members. The last Monday of the month we serve a Costco sheet cake to celebrate that month anniversaries. our business meeting is held the first Monday of the month following a regular meeting. On June 8 we will be celebrating 20 years along with AA's 91st anniversary. Flyers are available with the itinerary plus we will be serving cake and ice cream afterwards. Expect a longer meeting, perhaps 7-830pm on June 8

Recovery Group Muscatine – Renee R GSR

Our meetings are held Monday, Wednesday, and Friday at 630 pm at Zion Lutheran Church on Sycamore Street in Muscatine in the basement. We are having a flood the meeting fun and games event on June 20th we plan to flood an Iowa City noon meeting. We are also having our group picnic on July 18 th at noon the Monsanto shelter at Weed Park. Yours in love and service Renee

Midwest – Merrilee R (contact, no GSR)

Sunday night open meeting 7pm at Zion Lutheran in Iowa City. Topic discussion and speaker every week. 40-50 attendance. The business meeting 1st Sunday of every month, next June 7. Our Fellowship chair, Barb, has been active setting up fun events for fellowship prior to the meeting—frisbee golf, bowling, and volleyball to name a few. Our GSR and Alt GSR positions are open. Merrilee R Contact/Treasurer

Solon Group – Merrilee R (contact, no GSR)

Meets Thursdays at 7pm downstairs at Methodist Church on West St in Solon. AA reading with discussion to follow. Rotating chair person every 6 months. Had visitors from Tiffin and Iowa City last week making 9 in attendance. Please join us.

Thursday Almost Friday Mid Morning Group-Gary H “Hoop” GSR

The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open and the discussion follows the reading of the Big Book and the Daily Reflections. The Chair Person and Co-Chairman is rotated monthly. There are on average between 12 - 14 in attendance. The Group Conscious Meeting is held on the 3rd. Thursday of each month. Celebrated 1 year / meeting anniversary.

Happy Hour-Ricarda GSR

No changes. Meets 6pm.

LGTBQ – Lavinia GSR

Event in June. No changes. Attendance 15-20.

North Lib Tuesday Night – Cindy G (contact; no GSR)

Closed meeting. Been having visitors from Cedar Rapids

North Lib Friday Night – Cindy G (contact, No GSR)

Open meeting. North Lib Rec Center

Motion to Close: 3:15 pm

NEXT MEETING:

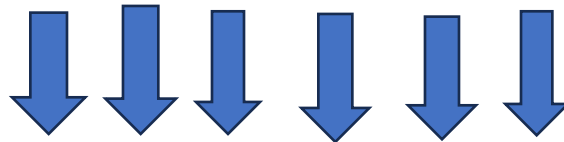
JUNE 28 2026

HOUSER STREET

MUSCATINE

2026 District Meeting Schedule

All meetings 230-330 pm



Iowa City Meetings

~~January 25*~~

~~March 22*~~

~~May 17 (due to Memorial Day weekend)~~

July 26

September 27

November – No Meeting

(due to holiday)

Muscatine Meetings

~~February 22*~~

~~April 26~~

June 28

August 23

October 25

December 6*

(due to holidays)