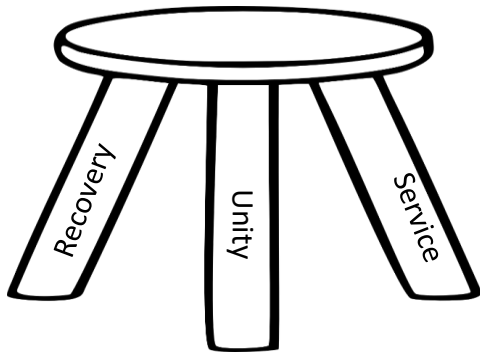




38th Edition August 2026

AAversaries!

Jay 1 Year! Tuesday Night Trudgers IA City
Merrilee R. Years! Midwest Group Iowa City
Rick W. 22 Years! Tiffin Monday Night Group
CONGRATULATIONS To All Those With August Sobriety Anniversary Dates!

IMPORTANT INFORMATION If you want your sobriety birthday featured in future newsletters, there are simple rules: Years only, 1st name, last initial, home group. To iadistrict13newsletter@gmail.com by 15th of the month. If you want to receive this newsletter, send an email to iadistrict13newsletter@gmail.com.

WE ARE NOT A GLUM LOT.

3 drunk guys entered a taxi. The taxi driver knew that they were drunk so he started the engine & turned it off again. Then said, "We have reached your destination". The 1st guy gave him money & the 2nd guy said, "Thank you". The 3rd guy slapped the driver. The driver was shocked thinking the 3rd drunk knew what he did. But then he asked, "What was that for?". The 3rd guy replied, "Control your speed next time, you nearly killed us!"

How do computers get drunk?? You know... they just take SCREENSHOTS.

This Sunday, August 23rd, 2:30 District Meeting 704 Houser, Muscatine, Iowa.

AREA 24 AA

DISTRICT 13

iadistrict13.org

2025-2026 District Officers and Chairs

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JANUARY 1952

Milestones for Millions Who Do Not Yet Know. . . . 1951--A GRAPEVINE NEWS SUMMARY....

THIS was a year of hope and help from an awakening lay public for the alcoholic. The calendar year that has just closed contained momentous news about alcoholism for non-alcoholics. And for Alcoholics Anonymous, 1951 was a year of growth in stature, in numbers present and accounted for.

Inside AA, the box score as of the old year's closing was:

Total Membership.130,000

Total AA groups.4,480

Groups in hospitals.112

Groups in prisons.79

Other Countries with AA. . .38

Inside AA, the year's outstanding developments included assets of inventory ranging from the Lasker Award and the first General Service Conference to the final bit of business just before midnight, December 31st, 1951. . .a Twelfth Step call made by a total of two AAs from one group to one person who did not yet know. . .

Inside AA, the group and state selection of delegates to the first panel of the General Service Conference was a milestone in orderliness and in enthusiasm in a common course of action. It was the emergence from areas of conflict over affairs within groups to an area of constructive concern over an entire fellowship and its future.

Outside AA, 1951 was a year of light. . .of probing new rays from many searchlights into the darkness of people, those friends and relatives and employees and the public spectacles, "who drink too much."

In the medical field there were new beams exploring the dark. A special subcommittee of the American Medical Association issued, in June, a first general statement to physicians accepting responsibility of the problems of alcoholism. In September, 1951,

doctors of medicine and psychiatry from six nations, as an intergovernmental health agency of the United Nations, issued their joint report on "recognition of alcoholism as a public health problem."

The U.S. Food and Drug Administration approved Antabuse for general use by American physicians, limiting it to sale by prescription only. A United Press report tersely remarked "Antabuse, alone, is no 'cure' ". The National Research Council assigned U.S. government grants for a two-year study of the problems of alcohol. Reports in 1951 included an announcement of direct physical tie-in between emotions and alcohol as discovered by Dr. Oskar Diethelm of Payne-Whitney Psychiatric Clinic in New York. A Research Council project at the University of Texas suspects, that alcoholics have inborn deficiencies in body chemistry. Most medical workers went on believing that Dr. Roger Williams' vitamin treatment gets at the effect, rather than the cause of alcoholism. Cortical hormones--ACTH, cortisone and adrenal cortical extract (ACE) showed promise in preventing delirium tremens, but no new effectiveness in rehabilitating the chronic alcoholic.

Last year marked new steps by legislative bodies and new legal concepts that alcoholism, the disease, needed arresting and those funds used to arrest and jail alcoholics might be used more profitably. By year's end, 39 states had legalized centers for information and rehabilitation. The dry state of Mississippi opened a \$750,000, 200-bed, alcoholic ward.

Industry saw many more plants setting up special programs to reclaim alcoholic workers and aid the manpower shortage by cutting down absenteeism from "Monday morning colds." One county in an eastern state made news when every general hospital within the county began to accept patients on the diagnosis "chronic alcoholism." In Buffalo, New York, the Blue Cross decided to continue payments for all admissions of alcoholics. There were debuts in 1951 of new mutual help societies using the word "anonymous." Organizational progress was announced by "Gamblers Anonymous" and a Chicago meeting of "Divorcees Anonymous" proclaimed chapters in six cities.

In November, 1951, in the midst of world strife, Bruce Barton suggested a more serious society. Pointing to the recovery of an alcoholic friend through AA, Barton wrote in his daily column: "Human nature is pretty much the same, whether in men or in nations. I

just wonder if the way out for Europe isn't for its people to enroll themselves in Europeans Anonymous."

It was a year of widened education, broadened horizons for so many. AA looked on the passing scene outside. . .but with a new year-beginning, the first of the Twelve Traditions and its emphasis on growth within AA took on new meaning. . ."our common welfare should come first."

While even church bodies asked AA if its program would work "to aid and comfort non-drinkers," one old timer in AA gave 1951 a short valedictory.

"We don't save souls," he said. "AA just wrings them out!"

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UPCOMING EVENTS

The Iowa City Intergroup meets online on the first Saturday of the month at 10 am. Zoom ID 810 0506 4290 Passcode Wilson. **Service Opportunities are Available.**

District 13 Meeting Sunday, August 23rd 2:30 PM to 3:30 PM At 704 S. Houser, Muscatine, IA. Everyone is welcome. Alternating months we meet at Our Redeemer Lutheran Church at the corner of 1st Ave and Court St., Iowa City and 704 S. Houser, Muscatine.

FYI: Area 24 (the State of Iowa) has a newsletter that comes out 5 times a year. If you would like to receive access to it, contact Area24.Newsletter@aa-iowa.org. It is available to all AA members, and you are an AA member if you say you are.

District 13 will host our **Area Delegate Dan P.** on Sunday September 13th, 2026, at 704 S Houser, Muscatine IA. Dan P. will be sharing with us some **really special news** that came out of the 2026 General Service Conference the was held in New York back in late April. A pot luck will be held before Dan P. shares.

2026 Area 24 Fall Conference Hosted by District 4 October 16th – 18th, 2026

Bien Venu Event Center – 7400 Hudson Rd. Cedar Falls, IA 50613 Go to

<https://www.aa-iowa.org/wp-content/uploads/2026/04/AREA-24-FLYER-UPDATE-JUNE-21-2.pdf> for flyer. This will be a voting Conference meaning new Area 24

Officers and chairs will be elected. All GSRs, and DCMs or their representatives

Contributions to District 13 can be sent to District 13 AA PO Box 1493, Iowa City, IA 52240.

Pink Can Address

AREA 24
PO Box 1291
Des Moines, Iowa 50305

Please make checks out to "Iowa Area Assembly" and note "Pink Can" on the memo line.

Contributions can be made online at aa.org and or aa-iowa.org

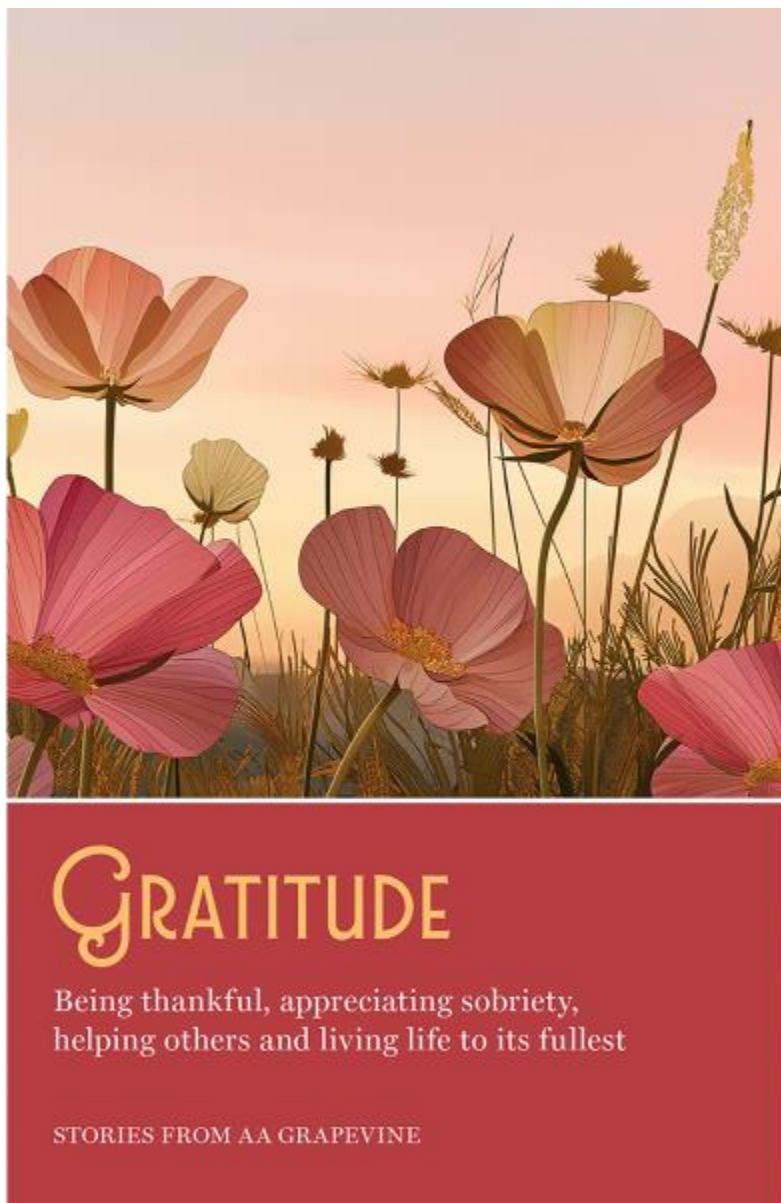
General Service Office
PO Box 2407
James A Farley Station
New York, NY 10116-2407

Area 24 /Iowa Area Assembly
PO Box 1291
Des Moines, IA 50305

Make checks payable to
General Service Board

Payments can be made through
PayPal and Venmo





Gratitude is a collection of powerful, personal stories about being thankful. With warmth and humor, the stories, written by AA members, illustrate the many ways the program of recovery can improve one's perspective to help enjoy each day to the fullest. The 136-page book includes chapters on spirituality, fellowship, family, service, getting through tough times and more. All stories were previously published in Grapevine, the International Journal of Alcoholics Anonymous. A great book to start the day. Also makes a wonderful gift.

[Click Here For AA Grapevine](#)

***DISTRICT 13 To Host
Our Delegate Dan P.***

Sunday, September 13th, 2026

For a POTLUCK at

704 S Houser, Muscatine, Iowa

11:30 AM to 3:30 PM

Lunch at 12 After Lunch

***Dan P will give us a RECAP of the
2026 General Service Conference***

After Dan's Presentation

There will be an opportunity for Questions.

Big things are happening in Alcoholics Anonymous!