

**District 13 Meeting Minutes**  
**July 26, 2026**  
**Our Redeemer Lutheran Church**  
**Iowa City, IA**  
**2:30pm-3:30pm**

Members' Present: Teresa, Wayde L., Rick W., Rachel B., Jean H., Jeff N., Megan H., Renee R., Merrilee R., Gary H., Jim S.,

New Members/Visitors Rachel B. Tues Trudgers, Joe C.,

Members Excused: Liddie R., Matt B., Michael J., Cindy G., Susan J.,

Meeting called to order at: 230 pm

Open with Serenity Prayer

Concept Reading 7— Wayde L.

Chair Reports

- **Secretary Report for June 28, 2026- Merrilee R**

- 13 in attendance- 1 excused absence
- 1 visitor
- 12 officer reports; 10 GSR reports
- Secretary and Treasure reports approved with ending balance \$2157.55. Here is June Treasure report that neglected to get into the minutes.
  - District 13 Treasurer Report May-June 2026
  - Starting balance: \$ 1474.97
  - Income:
  - Blue Noon group donation 500.00
  - May event donations 109.00
  - Recovery group 111.87
  - Woman's Friday group 50.00
  - Literature purchased 87.00
  - Total income: 857.87
  - Expenses:
  - Our Redeemer mtg rent 15.00
  - Renee CPC expenses 41.69
  - Cindy G May event exp 93.60
  - Hills Community Center(bonus per grp conscious) 25.00
  - Total Expenses: 175.29
  - New Balance: \$ 2157.55
- Teresa DCM -Provided a detailed Spring Conference Report.
- Wayde L. Alt DCM – Interaction with others at Spring Conference
- Wayde – Grapevine. Going digital. June was the annual Corrections Issue.
- Cindy G.-Newsletter/Activities- working on fall Delegate visit ; will discuss details at July meeting. June newsletter sent out.
- Rick W Archives - display set up Spring conference; attended Archives open house; will set up display at Young Peoples Conference
- Michael J – Treatment/Corrections—no report
- CPC -Renee R-distributing AA literature to attorneys, probation office, churches in Muscatine and IC. Attended CPC workshop in Marshalltown.
- Susan J Literature – no report submitted

- Megan H. PI-Attended Spring Conference PI workshop. Connected with other PI chairs. Distributing business card in Big Books at Library. Working with Jim on finalizing business cards with Jim S.
- Jeff N – Discussed booth for Young Peoples Conference. Donated \$500 to conference with approval from 100%.
- Reimbursements approved for schedules and Spring Conference expenses for DCM and alt DCM
- Business card discussion continues. Jim and Megan will clarify pricing.
- Meeting adjourned 3:30 pm with Serenity Prayer
- **Treasurer Report- Jean H.**
  - **Starting balance:** **\$ 2157.55**
  - **Income:**
    - Midwest meeting 44.25
    - AA on Houser 290.00
    - Melrose Group 120.00
    - Breakfast Club 100.00
    - Mon Night Tiffin 200.00
  - **Total income: 754.25**
  - **Expenses:**
    - Area Foundation mtg rent 15.00
    - Megan H Schedules 86.50
    - Megan H Young peoples conference 500.00
    - Teresa R DCM spring conference 302.99
    - Wayde L Alt DCM spring conference 367.36
  - **Total Expenses: 1271.85**
  - **New Balance: \$1639.95**
- Prudent Reserve \$625 noted in 7/26/2020 minutes. Annual average of expenses will be reported at December 2026 meeting to determine any needed changes.
- **DCM- Teresa**
  - Thank you all for showing up, you're all doing a great job. Being truthful I haven't done much this month, just summertime stuff. I'm planning to go to Marshalltown on August 9th, and I have registered for the Fall Conference in Cedar Falls in October. Got schedules dropped off at IC library and have just been going to meetings, sponsoring and being grateful for AA. Remind your groups that there is a printable current schedule on the IA AA District 13 website if they run out and if you know of any meeting changes, send them to, Megan H., Jim S. or me, and send any event fliers to Jim S., so he can get them posted on the website. If you have any questions or concerns, please reach out to me. In love and service, Teresa R District 13 DCM
- **Alt DCM-Wayde L**
  - We are into the early stages of seasons hottest days (dog days)and Summer vacation we also are approaching the end of our terms in District. I have overstepped the spirit of rotation in many positions in our district. There are many chairpersons who have acted as fill in due to positions not being pursued at our last election. If you have an interest, please contact the chair for that position or the DCM so we can get you into action. We as a district have bound back from Covid and need to keep moving forward. Thank you to all who are here and involved, your service is needed and appreciated.
- **Activities – Cindy G**
  - We have Dan P, our Area Delegate, scheduled to visit us on Sunday, September 13th to tell us about the 2026 General Service Conference in New York. We should discuss location, and type of event to have. I will need to purchase some supplies prior to the event. I don't expect them to exceed \$50.

- **Archives – Rick W**
  - Archives – not much to report this month. I plan on displaying the district 13 archives at IA YPAA conference 10 in Iowa city and also at our next district event with area delegate Dan P. Rick W. Archives chair
- **Corrections – Michael J**
  - Meeting at Cedar County Sheriff's Office. Runs itself now. Kat is the contact there, Michael has their info if anyone is interested
  - (NEW!) Meeting at Muscatine Jail. Tracy T has gotten 1 on 1 meetings started in the Muscatine Jail!!! First meeting was on July 23rd.
- **CPC – Renee**
  - We had our CPC committee meeting on July 10th. I delivered the new meeting schedules to New Horizon ( treatment center) and the probation office ( both in Muscatine). I delivered 2 packets to Thrive Now in Iowa City; and 5 packets to 5 different treatment counselors at Community and Family Resources in Iowa City. We are also checking with the Iowa Lawyer's Assistant Program (ILAP) to see if AA can be of service to them . Yours in love and service Renee
- **Literature -Susan J**
  - Per Jean H., Susan J. has requested approval for \$900 of literature. It was voted and unanimously approved to allow Susan \$500 with further discussion of literature inventory from Susan at next meeting
- **Grapevine: - Wayde L.**
  - The Grapevine magazine is about sober travels this summer season and how to stay sober during those travels. Travels convey conviviality and fun times and are celebrated with drinking, not so for the recovered alcoholic. We are finding our fun through family, friends and Alcoholics Anonymous. This can be a challenge for us but not impossible with help from the fellowship. The Grapevine magazine can be a format for a meeting and easily carried inconspicuously in a glovebox or purse. If anyone would like to order or send in their story, please contact me. Keep the Grapevine one app in mind also and for the future. In service: Wayde
- **Newsletter -Cindy G**
  - I totally blew off getting this month's newsletter out in a timely manner due to personal issues. Yep, I have those too. I did still meet my goal of getting the newsletter out before our district meeting. There were no additional people requesting the newsletter and as history has shown, July was light on AAversaries. I did include an early Grapevine article written by Marty Mann, an early woman to find sobriety in Alcoholics Anonymous. I hope you will take the time to look at it..
- **PI-Megan**
  - Made two need business cards that were only one sided.
  - Prices for one side are
  - 50 - \$20.50
  - 100 – 23.25
  - 250 - \$31.15
  - 500 - \$46.68
  - Prices for two sided are
  - 50 - \$24.75
  - 100 - \$30.27
  - 250 - \$47.75
  - 500 - \$73.68
  - I've been looking for used big books to put in little free libraries, I have some and will start putting them in when we get business cards.

- **Treatment – Michael J**
  - Community and Family Resources Location: 430 Southgate Ave. Every Thursday at 7 pm (topic discussion meeting, open to men and women, but have men members in patient)
  - Thrive Now Location: 15 Silvercrest, Iowa City. Meeting: Wednesdays at 6 pm
- **Website – Jim S.**
  - I don't have much to report on this month. I would like to thank Megan for all her continued help with the business cards for the district. Megan has worked on cleaning up two of the designs and we will talk more about them in Old Business.
  - As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. In Love and Service, Jim
    - Printing Cost:
    - One Sided
    - 50 - \$20.50
    - 100 - \$23.25
    - 250 - \$31.15
    - 500 - \$46.68
    - Two Sided
    - 50 - \$24.75
    - 100 - \$30.75
    - 250 - \$47.75
    - 500 - \$73.68
    - For comparison I had Copy Works print 2 sided color business cards for me for work 200 cards ran \$90.00
- **Intergroup –Jeff N.**
  - Discussion at last Intergroup meeting to run an Ad on AM radio. Donated to IAYPP conference.

#### **Unfinished Business**

- Public Information (PI) business card
  - Looked at 2 design cards. Voted to get 250 printed of the "colorful" version, one sided for \$31.50. Megan H. will complete and bring cards to next meeting. These cards are to be used to appropriately spread the availability of help for those with concern regarding alcohol. Megan plans to place a business card in Big Books at Libraries.
- Update on IAYPAA X – Megan H
  - We are three weeks away from our conference! We now meet weekly on Sundays at 11 am via zoom. Our hospitality policy is not being able to bring in any crockpots or kitchen warming tools. Our next event is August 29th 7 pm to 8 pm via zoom. It will be a panel for Young People in AA. Our kick off event is August 9th 4:30 pm to 6:30 pm at Zion Lutheran Church, it will be a spaghetti supper.

#### **New Business**

- Delegate Event with Dan P scheduled for Sept 13 in IC
  - The exact location is not set. Possible sites were discussed as well as time and food. Further information from Cindy regarding her discussion with Dan P and his timeline is needed. Teresa will reach out to Cindy and report to group.
  - It was also suggested that we NOT hold our Sept meeting in conjunction with this event but continue to hold it as scheduled on Sept 27

- Reimbursements
  - No reimbursements requested
  - Teresa clarified that officer/GSR reimbursement for conference attendance/expenditures over \$100 should be requested prior to attendance.
    - A \$500 limit has been set for the District literature position

### **GSR Reports *(includes only those groups that submit reports)***

#### **Tiffin Monday Night Meeting-Rick W GSR**

Monday night Tiffin group: we meet at Grace United Methodist Church 300 West Marengo Rd. with a 7 PM start time. Our average attendance of 25 or more and we've been having lots of newcomers lately. On the last Monday of the month we serve A Costco sheet cake to celebrate monthly sobriety birthdays. We have 18 home group members and hold our monthly business meeting the first Monday of the month. We are an open discussion meeting come out and see us sometime. Rick W. GSR

#### **Recovery Group Muscatine – Renee R GSR**

The recovery groups meetings are still on Monday, Wednesday, and Friday at 630 at Zion Lutheran Church in Muscatine. We had our annual group picnic on July 18th at Weed Park. We will be having a flood the meeting on August 8th, we will be flooding a Burlington meeting. Our group is going to host the hospitality room at the IAYPAA conference in Iowa City on August 14th from 7 pm to 9 pm . Yours in Love and service Renee

#### **Midwest – Merrilee R (contact, no GSR)**

Sunday night open meeting 7pm at Zion Lutheran in Iowa City. Topic discussion and speaker every week. 40-50 attendance. The business meeting 1<sup>st</sup> Sunday of every month, next is Aug 2. Discussing doing a Group Inventory soon. Also looking into adding childcare back in . We rotate meeting night duties every 3 months. Our GSR and Alt GSR positions are open. Merrilee R Contact/Treasurer

#### **Solon Group – Merrilee R (contact, no GSR)**

Meets Thursdays at 7pm downstairs at Methodist Church on West St in Solon. AA reading with discussion to follow. Rotating chair person every 6 months. Consistent group of 6 - 10 . Great shares with a variety of sobriety. On June 29 we welcomed 26 members to celebrate Holly's 2 year sobriety anniversary and July 12 for Sonya's 1 year. Merrilee R/ Contact

#### **Women's Big Book Study-Liddie R GSR**

Iowa City Womens Big Book Study Group is a women's, closed meeting that meets every Saturday at 9am at Gloria Dei Lutheran Church in Iowa City and there is a zoom option to attend. We read the first 181 pages of the big book followed by alternating the 1st, 2nd, or 3rd section of the stories in the new edition, then share on the reading. We have approximately 15-20 women attending each week.

#### **Tuesday Trudgers – Rachel B. [rachelbutler797@gmail.com](mailto:rachelbutler797@gmail.com)**

Tuesday night Trudgers is a closed meeting of AA that meets at Zion Lutheran church in Iowa city at 7:30pm. We have about 20 people in attendance. We donated \$200 to IYPAA in June. At our July business meeting we reviewed our finances and decided to no longer host lunch for the IYPAA conference/hospitality room. We reviewed the business cards from district and briefly discussed changing the format of the meeting to have a speaker meeting once a month. No decisions were made.

#### **Breakfast Club – Matt Brandes GSR, Jeff Nurre alt GSR**

The Breakfast Club continues to meet daily at 6:00 AM at 511 Melrose, Iowa City. Our meetings are open, with chairs selecting readings from AA-approved literature followed by discussion. Weekday attendance averages between 12 and 18 people, while weekend meetings are slightly smaller. We welcomed several newcomers this past month and regularly see out-of-town visitors. Our next quarterly business meeting is scheduled for October 10, immediately following our regular meeting, where we will discuss fall elections and service opportunities. We have no other upcoming events or announcements to report. I am unable to attend this Sunday's meeting, but our alternate GSR, Jeff N., may be able to go in my place. I hope to see everyone next month.

### By the Book – Megan H

We continue to meet on Thursdays at 6:30 pm, either in person or via zoom. Still roughly about 20 people attend. We meet at Thai Flavors afterwards for fellowship.

### Thursday Almost Friday Mid Morning Group-Gary H “Hoop” GSR

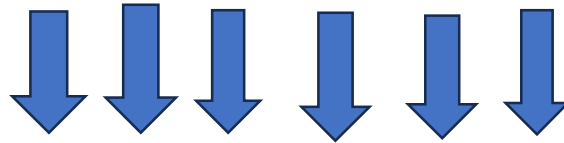
The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open and the discussion follows the reading of the Big Book and the Daily Reflections. The Chair Person and Co-Chairman is rotated monthly. There are on average between 12 - 16 in attendance. The Group Conscious Meeting is held on the 3rd. Thursday of each month. For the Golfers who attend we occasionally go to Pin Seekers for an hour of relaxing golf therapy. All are welcome to attend.

**Meeting Closed with Serenity prayer at: 3:30 pm**

## **NEXT MEETING: AUGUST 23, 2026 MUSCATINE**

### **2026 District Meeting Schedule**

**All meetings 230-330 pm**



#### Iowa City Meetings

~~January 25\*~~

~~March 22\*~~

~~May 17 (due to Memorial Day weekend) —~~

~~July 26~~

September 27

November – No Meeting due to holidays  
(due to holiday)

#### Muscatine Meetings

~~February 22\*~~

~~April 26~~

~~June 28~~

**August 23**

October 25

December 6\*  
(due to holidays)