

District 13 Meeting Minutes
August 23, 2026
Our Redeemer Lutheran Church
Iowa City, IA
2:30pm-3:30pm

Members' Present: Teresa R., Jean H, Rachel B. , Megan H., Liddie R. , Jeff N., Wayde L., Michael J., Cindy G., Susan J., Rick W., Gary H., Merrilee R., Elise G., Matt B., Jim S., Renee R., Ricarda

New Members/Visitors: Kevin, Joe C., Shane J.,

Members Excused/Absent:

Email Updates:

Delete:

astratton0701@gmail.com	new email below
13ringena13@gmail.com	no longer GSR
easleyzuzug@gmail.com	no longer GSR

Add:

iowacitysoberliving@gmail.com	mtg at ICSL
rachelbutler797@gmail.com	Rachel B. GSR
susan-joy@uiowa.edu	Susan J-Literature
shanejacobs54@gmail.com	Shane J-guest
clevelandredbird@yahoo.com	Joe C. - guest

Meeting called to order at: 2:30pm

Open with Serenity Prayer

Traditions Reading– Wayde L.

Chair Reports

- **Secretary Report for July 26, 2026- Merrilee R**
 - 11 in attendance- 5 excused absences
 - 2 visitors
 - 13 officer reports; 9 GSR reports
 - Secretary and Treasure reports approved with ending balance \$1639.95.
 - Teresa DCM -Planning to attend Marshalltown mtg on Aug 9 and Fall conference in October in Cedar Falls.
 - Wayde L. Alt DCM – Reminded all to get involved in District as we are approaching the end of our terms
 - Wayde – Grapevine. Summer travel in sobriety main topic for summer
 - Susan J. Literature—Requested \$900 literature purchase; voted to approve \$500 until discussed further
 - Web Site-Jim S: helping Megan with Business cards; continue to send schedule changes
 - Cindy G.-Newsletter/Activities- working on fall Delegate visit ; details to be discussed
 - Rick W Archives - display set up at IYPAA conference and Delegate event
 - Michael J – Treatment/Corrections—new meeting at Muscatine jail
 - CPC -Renee R-distributing AA literature, packets and schedule to treatment centers, attorneys, probation office and counselors in our area
 - Megan H. PI-Updated YPAA conference; provided pricing for business cards

- Jeff N – Discussion at last Intergroup meeting to run an Ad on AM radio. Donated to IAYPP conference.
- Reimbursements – no requests; clarified all expenditures over \$100 must be approved; Literature chair exception for \$500 limit
- Delegate Event: location TBD; Sept 13 date; will not combine Sept district meeting with the event; will meet in IC on Sept 27 as scheduled
- Business card: voted to have only 1 design (more colorful one) and print one sided #250 for \$31.50
- Meeting adjourned 3:30 pm with Serenity Prayer
- **Treasurer Report- Jean H.**
 - **Income: District 13 Treasurer Report July-August 2026**
 - **Starting balance: \$ 1639.95**
 - Income:
 - Almost Friday book sales 22.00
 - Total income: 1661.95
 - Expenses:
 - Our Redeemer church mtg rent 15.00
 - AAWS book/pamphlets 634.71
 - Total Expenses: 649.71
 - **New Balance: \$ 1012.24**
- **DCM- Teresa**

Thank you all for helping to carry the AA message. I attended the August 9th Area 24 Business meeting in Marshalltown via Zoom. 9 am roll call, officer reports, conference reports, then DCM reports. Dan P passed on that it looks like the Big Book 5th edition should be available early 2027 but there is no specific date yet. Unfinished business: updating conference guidelines and it was decided to wait until after fall conference to see how the new schedule for workshops works out. The central location for all Area Events committee will present their recommendations at the Fall conference in October. New business was Spring 2027 Conference in Grinnell using Zeffy instead of Cheddar-up for registrations, Zeffy has no fees unlike Cheddar-up. Meeting adjourned 10:59 am. Area treasure's report's available balance as of July 31, 2026, is \$11,388.63 with prudent reserve of \$12,000. I do not have a current Pink Can report, I have a request in to Troy F. but have not heard from him. I do know that it is being used and in July Muscatine County jail received \$466.47 worth of literature. If you have any questions about using the fund please reach out to me or our Corrections chair, Michael. I am registered for the October fall conference in Cedar Falls and there will be elections so we'll see who will be serving in Area positions for the next couple of years. Also District 13's elections will also be held at our October 25th business meeting here in Muscatine. SOPs of the different positions are on the District 13 website and I also have some paper copies of positions with me. The spirit of rotation is really a wonderful way to learn more, serve in different positions and continue to carry the message. Think about it and if you know someone or have a sponsee, encourage them to get involved, keep encouraging GSR's to show up. Remember that participation is the key to harmony. If you know of any meeting changes, send them to Megan H., Jim S. or me, and send any event fliers to Jim S., so he can get them posted on the website. If you have any questions or concerns, please reach out to me. In love and service, Teresa R District 13 DCM

- **Alt DCM-Wayde L**
 - I had the opportunity to participate in the Iowa City young people of A.A. and experience an enthusiastic group living a solid sober life and having fun combined with traditions outlined in our 12X12. I was greeted with hard working people moving in all directions while warmly welcoming me to the event. I witnessed workshops, dancing, merchandise sales and event coordinators pulling and nurturing visitors into a set up designed to embrace newcomers and seasoned members sobriety. All was well coordinated and made my experience an unforgettable visit. The most memorable event was

the sobriety countdown that ranged from 54 years to one hour. This impressed me because of the fun and celebration for each level of sobriety at the event. Dancing and music was invigorating at each level and the celebration for each person was a heartwarming experience. This is an experience not to be missed in sobriety. With only slight differences from older peoples events this is exemplary adherence to our A.A. standards set by our founders. Well done and hats off to the young people of Iowa City! I will be writing the Grapevine magazine to document my experience. Thank you to all chairs and GSR's in District 13. In service: Wayde L. (Alt DCM

- **Activities – Cindy G**

- I Contacted Bonnie from Muscatine to confirm we could have 704 S Houser on Sunday September 13th. A couple of people mentioned they thought it would be in Iowa City. I went with Muscatine as at the beginning of my term the discussion was Spring in Iowa City/Hills area and Fall in Muscatine. We can vote to change this after the next elections. I only put it as a potluck as I was not aware of discussions as to a menu. I was wondering if we might go with Jimmie Johns sandwiches. Party boxes of sandwiches cut in 3rds in boxes of 30 or 18 pieces. Original sandwiches run just under \$9 per sandwich. Under new business. Perhaps we can discuss this and other options.

- **Archives – Rick W**

- I displayed our district 13 archives this past weekend at the young people's conference in Iowa city at the graduate hotel. I plan on displaying our archives at the district 13 event in Muscatine on September 13.

- **Corrections – Michael J**

- Meeting at Cedar County Sheriff's Office: Runs itself now. Kat is the contact there, Michael has their info if anyone is interested
- Meeting at Muscatine Jail: Tracy T has gotten 1 on 1 meetings started in the Muscatine Jail!!!
- First meeting was on July 23rd.
- Oakdale Correctional Facility: Has an inmate led meeting
-

- **CPC – Renee**

- I took some updated meeting schedules to the Muscatine jail. I also sent out packets to 4 other churches in the Iowa City area.

- **Literature -Susan J**

- Susan was present at meeting but had not finalized her report. I have not been able to retrieve that report despite several attempts. I should have taken better notes. If anyone has details written down, please send to me and I will add to minutes. Thank you.

- **Grapevine: - Wayde L.**

- The Grapevine magazine is sharing stories on sponsorship outlining the importance of sharing, interaction of sponsor/sponsee in A.A. and the long term benefits to sobriety. We have all seen or experienced going it alone and the results being loneliness. The fellowship requires participation in all areas of our lives and sponsorship is our first big step into an unbelievable way of living. We offer the magazine for seasoned members and one app (application) to younger members for inclusion to all members. If you are feeling adventurous try both ideas. My display at the Young peoples of Iowa City did not grab the attention of a large group of people in attendance, but we made our District 13 display visible and available up front in the registration area for everyone. I participated in all events and felt welcomed at all levels. Thank you young people for teaching an old dog some new tricks and for making me get outside of myself which bolstered my membership in A.A. In service: Wayde L

- **Newsletter -Cindy G**

- I really pushed my own deadline in getting out the newsletter prior to our district meeting this month. I can give reasons for this but in reality it would only be excuses. I have not been able to include a copy of the fall conference flyer as I haven't figured out how to copy

and paste a legal size page. I want to take this opportunity to say I will be stepping away from the district newsletter chair at the end of the year. I am hoping that someone will step up to share their talents with us.

- **PI-Megan**

- No new changes to the schedule. Printed off 150 more schedules and gave about half of them to Melrose group and have the other half for anyone else who needs them. Printed off 250 business cards. Grand total for both of them was \$48.30.

- **Treatment – Michael J**

- Community and Family Resources: Location: 430 Southgate Ave. Every Thursday at 7 pm (topic discussion meeting, open to men and women, but have men members in patient)
- Thrive Now : Location: 15 Silvercrest, Iowa City.Meeting: Wednesdays at 6 pm
- Bridge the Gap: Last two months or so has been fairly quiet. Was averaging a couple a week up until that point.
- IAYPAA 10: Reported that about 20 people in in-patient treatment were offered scholarships to go to the conference!!!

- **Website – Jim S.**

- I don't have much to report on this month. I would be interested in meeting with anyone that is interested in standing for the service position to show you what all this entails keeping the website current. As always please forward all meeting changes along with event fliers that we would like to get posted on the site. Just a reminder that there is about a week delay between our update and when the Meeting Finder app, Intergroup's link, Area's link are updated. If you notice that the pages are not opening. Please let me know. Typically, at that point we need to just clear the Cache. In Love and Service, Jim

- **Intergroup –Jeff N.**

- Started work on the NY Eve party and our upcoming elections and continued work on phone list.

- **IAYPAA X Report-Megan H:**

- We had a great conference! Our hospitality suite went really well and we had no major concerns. Thank you everyone who supported our conference in any way.

- **Unfinished Business**

- Public Information Business Card
 - Distributed to members
- Area Delegate, Dan P's visit in Muscatine
 - 1130-330 in Muscatine. Jimmy Johns sandwiches. Members to bring a side. Sign up was generated

- **New Business**

- Prudent Reserve Discussion
 - **District 13 2025 Jan to Dec 2025**
 - Jan 2025 balance: 1,511.07
 - Dec 2025 balance: 1,648.44
 - **Yearly expenses**
 - Meeting monthly rent/special event rent: $165 + 70 = 235.00$
 - US post office box: 188.00
 - **Other expenses 2025**
 - Checks 58.05
 - Printing of Schedules 332.98
 - Committee Chairs; Archives/Grapevine/CPC 442.66
 - DCM 3 trips 900.18
 - Literature purchased (Some damaged) 2,869.99
 - Food at special events 257.44
 - **Total Expenses 2025** **\$ 5,284.30**
 - **Income:**
 - Event donations: 100.47

- Literature sales 1,747.50
- Group donations 3,501.59
- **Total Income 2025 5,349.56**
- **District 13 Jan to July 2026**
 - Jan 2026 balance: 1,648.44
 - July 2026 balance: 1,012.24
- **Expenses**
 - Meeting monthly rent/special event: 105 + 118.60 = 223.60
 - US post office box: 188.00
 - Website 351.63
 - Printing of Schedules 259.50
 - CPC 89.89
 - DCM 3 trips 407.34
 - Literature purchased 2,647.52
 - Alt DCM 1 trip 367.36
 - Young people conference 500.00
 - **Total Expenses Jan-July \$5,034.84**
- **Income**
 - Event donations: 109.00
 - Literature sales 1,050.50
 - Group donations 3,239.14
 - **Total Income Jan-July \$4,398.64**
 - Current balance in checkbook 1,012.24
 - Expected Literature value on hand 1,597.02
 - (2647.52 purchased -1050.50 sold =1597.02)
- Thank you Jean for the detailed report. After much discussion, members voted to leave the prudent reserve at \$625 and continue to collect the remaining financial data for 2026
- **Reimbursements**
 - Megan \$48.30 for Business cards and additional schedules

- **GSR Reports**

Change of email: Amy S. ICSL Women of Worth Meeting = iowacitysoberliving@gmail.com;
delete astratton0701@gmail.com

Happy Hour—Ricarda GSR—

Happy Hour meets every Wednesday at 6pm at the Tabernacle Baptist Church, 2050 12th Ave, Coralville, next to RR tracks. Please park in back of the church and come thru the glass door with the AA sign on it. It is a closed meeting. We read from the Daily Reflections for discussion or reading from a choice of the Chair. There has been 11 - 15 attendees and we are seeing some new faces returning. Coffee is available.

Tiffin Monday Night Meeting-Rick W GSR

Monday night Tiffin group: we meet at Grace United Methodist Church 300 West Marengo Rd. with a 7 PM start time. Our average attendance of 25 or more and we've been having lots of newcomers lately. On the last Monday of the month we serve A Costco sheet cake to celebrate monthly sobriety birthdays. We have 18 home group members and hold our monthly business meeting the first Monday of the month. We are an open discussion meeting come out and see us sometime.

Recovery Group Muscatine – Renee R GSR

Meets Mon, Wed, Fri at 513 Sycamore in Muscatine. We have around 14 on Mondays, 122 on Fridays and 9-18 on Wed. Group anniversary on Oct 10 of 36 years. Doors open at 530 pm, eat at 6 pm, speaker will be Mike M from CR at 7.

Midwest – Merrilee R (contact, no GSR)

Sunday night open meeting 7pm at Zion Lutheran in Iowa City. Topic discussion and speaker every week. 40-50 attendance. The business meeting 1st Sunday of every month, next is Sept 6. Group Inventory scheduled for Saturday Aug 29 at Zion. Tracy T. will moderate. Also looking into adding childcare back in pending church advisory board decisions regarding outside childcare. Plan to host the Halloween Party again at Zion. Date TBD. We rotate meeting night duties every 3 months. Our GSR and Alt GSR positions are open. Merrilee R Contact/Treasurer

Solon Group – Merrilee R (contact, no GSR)

Meets Thursdays at 7pm downstairs at Methodist Church on West St in Solon. AA reading with discussion to follow. Rotating chair person every 6 months. Increase in attendance past month—averaging 10-12. Great shares with a variety of sobriety. Celebrated several Aaversaries in August.

Women's Big Book Study-Liddie R GSR

Iowa City Womens Big Book Study Group is a women's, closed meeting that meets every Saturday at 9am at Gloria Dei Lutheran Church in Iowa City and there is a zoom option to attend, however the tech does not always cooperate. We read the first 181 pages of the big book followed by alternating the 1st, 2nd, or 3rd section of the stories in the new edition, then share on the reading. We have approximately 15-20 women attending each week.

Tuesday Trudgers – Rachel B. rachelbutler797@gmail.com

Tuesday night Trudgers is a closed meeting of AA that meets at Zion Lutheran church in Iowa city at 7:30pm. We have about 20 people in attendance. We will have a dinner/ speaker meeting special event in Sept and will announce the date once we confirm availability with the church.

Breakfast Club – Matt Brandes GSR, Jeff Nurre alt GSR

The Breakfast Club continues to meet daily at 6:00 AM at 511 Melrose, Iowa City. Our meetings are open, with chairs selecting readings from AA-approved literature followed by discussion. Weekday attendance averages between 12 and 18 people, while weekend meetings are slightly smaller. We welcomed several newcomers this past month and regularly see out-of-town visitors. Our next quarterly business meeting is scheduled for October 10, immediately following our regular meeting, where we will discuss fall elections and service opportunities. We have no other upcoming events or announcements to report. In service, Matt B.

By the Book – Megan H

We continue to be hybrid even though our zoom system has not been working the past couple of months at the Church. We meet at Gloria Dei at 6:30 pm. One of our homegroup members received their 1-year chip a few weeks ago! Other than the zoom not working, our group still remains around 20 members each time.

Thursday Almost Friday Mid Morning Group-Gary H "Hoop" GSR

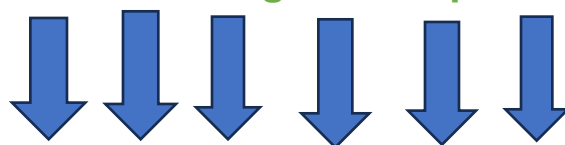
The Thursday Almost Friday Mid-Morning Group meets every Thursday morning between 9:00 AM to 10:00 AM at the Veritas Church at 700 Forevergreen, Tiffin, Iowa. The meeting is open and the discussion follows the reading of the Big Book and the Daily Reflections. The Chair Person and Co-Chairman is rotated monthly. There are on average between 12 - 16 in attendance. The Group Conscious Meeting is held on the 3rd. Thursday of each month. For the Golfers who attend we occasionally go to Pin Seekers for an hour of relaxing golf therapy. All are welcome to attend.

Meeting Closed with Serenity prayer at: 3:30 pm

NEXT MEETING: SEPT 27, 2026
OUR REDEEMER LUTHERAN CHURCH
COURT STREET
IOWA CITY

2026 District Meeting Schedule

All meetings 230-330 pm



Iowa City Meetings

~~January 25*~~

~~March 22*~~

~~May 17 (due to Memorial Day weekend)~~

~~July 26~~

September 27

November – No Meeting due to holidays
(due to holiday)

Muscatine Meetings

~~February 22*~~

~~April 26~~

~~June 28~~

~~August 23~~

October 25

December 6*
(due to holidays)